

# Lemon Verbena

Clarity • Purification • Mind-Awakening

*The Sharp Leaf of Sunlit Insight*



## Overview

Lemon Verbena is a bright, clean-scented leaf prized by diviners, scholars, and practitioners who work with clarity of thought. Its magic is sharp but gentle — a cutting breeze that clears mental fog, lifts stagnant energy, and awakens the inner senses. Though light in fragrance, its occult presence is decisive, making it a favored ally in purification rites, focus work, and spells requiring precise intention.

## Magical Properties

- **Mental Clarity:** Dissolves confusion, scattered thoughts, and psychic haze.
- **Purification:** Clears subtle residue from the mind, spirit, and ritual space.
- **Awakening:** Sharpens intuition, perception, and the practitioner's inner focus.
- **Emotional Brightening:** Lifts heaviness and restores a sense of clean, renewed energy.

## Spellwork Applications

- **Focus Charms:** Carried or burned before study, divination, or intention-setting.
- **Purification Rites:** Added to cleansing blends to cut through lingering spiritual debris.
- **Clarity Spells:** Incorporated into workings that require insight, decisiveness, or mental precision.
- **Dream & Vision Work:** Used to brighten symbolic perception and refine intuitive messages.
- **Energy Refreshing:** Scattered or steeped to renew a space after heavy emotional work.

## Notes for the Practitioner

*Lemon Verbena is a herb of clean edges. It does not soothe; it clarifies. It does not dim; it sharpens. Call upon it when your mind needs brightness, when your space requires purification, or when your magic demands a crisp, unwavering intention. Treat it as a companion of sunlit insight — fresh, decisive, and quietly illuminating.*

