

# Chamomile

Calm • Purification • Gentle Warding

*The Quiet Bloom of Soothing Magic*



## Overview

Chamomile is a soft, sun-touched blossom whose magic moves with quiet certainty. Long kept by hearth-witches, dream-workers, and peace-seekers, it carries a calming influence that settles unrest and dissolves subtle tension. Though delicate in form, its energy is steady and protective — a gentle veil that shields the spirit, clears emotional residue, and restores a sense of inner stillness. Chamomile is the herb one turns to when the world grows loud.

## Magical Properties

- **Calming & Peace-Drawing:** Softens agitation, eases conflict, and restores emotional equilibrium.
- **Purification:** Clears stagnant energies, lingering heaviness, and spiritual static.
- **Dream & Vision Work:** Encourages restful sleep, intuitive clarity, and safe passage through dream-realms.
- **Gentle Warding:** Creates a subtle, protective hush that repels discord without force.

## Spellwork Applications

- **Sleep Charms:** Sewn into pillows, sachets, or dream-bundles for rest and gentle visions.
- **Peace Spells:** Added to teas, baths, or simmer pots to harmonize the home and soothe the heart.
- **Cleansing Rites:** Burned with lavender or rosemary to clear emotional residue from a space.
- **Altar Work:** Scattered around candles to steady the atmosphere before divination or meditation.
- **Protection:** Used in soft wards for children, sensitive practitioners, or quiet sacred spaces.

## Notes for the Practitioner

*Chamomile is an herb of quiet strength. It does not command; it comforts. It does not banish; it dissolves. Call upon it when your spirit needs gentleness, when your space requires soft purification, or when your dreams seek clarity without fear. Treat it as a companion of peace — warm, steady, and ever-soothing.*



Magie Witchballs