

Yarrow

Protection • Courage • Spirit-Mending

The Iron-Feather Herb of the Battlefield Heart



Overview

Yarrow is an ancient warrior's herb — a feathery, silver-green plant carried by healers and fighters alike. Its magic is sharp yet compassionate, a union of defense and restoration. Yarrow strengthens the emotional body, seals spiritual wounds, and raises a clean, unwavering ward against harm. It is the herb of those who must stand firm while healing, who must guard their heart even as they open it. In old-world magic, Yarrow is the quiet steel beneath softness.

Magical Properties

- **Protection:** Forms a precise, blade-like ward that repels malice and energetic intrusion.
- **Courage:** Steadies the heart, strengthens resolve, and clears fear from the subtle body.
- **Spirit-Mending:** Closes energetic “bleeding,” seals fractures, and restores inner cohesion.
- **Boundary-Setting:** Clarifies personal limits and reinforces emotional sovereignty.

Spellwork Applications

- **Warding Bundles:** Hung at thresholds or carried to maintain strong, clean protection.
- **Courage Charms:** Added to sachets or jars for bravery, clarity, and emotional steadiness.
- **Healing Rites:** Used to mend spiritual wounds after conflict, grief, or upheaval.
- **Divination Preparation:** Burned or placed near tools to sharpen perception and guard the practitioner.
- **Boundary Magic:** Incorporated into spells that define, reinforce, or reclaim personal space.

Notes for the Practitioner

Yarrow is a herb of quiet strength. It does not rage; it holds. It does not wound; it shields. Call upon it when your spirit feels frayed, when your courage must be restored, or when your magic requires both protection and healing in equal measure. Treat it as a companion of iron and feather — gentle in touch, unyielding in purpose.



Magie Witchballs