

# Basmati Medley with Sausage



## Ingredients:

- 1 bag of Trader Joe Basmati Rice Medley
- 2 cans of vegetable broth
- 1 package of Beyond meat sausage or any of your choice
- 1 bunch green onions
- 5 garlic cloves
- 2 Leeks
- 1 Shallots
- 1 Yellow onion
- 1 bag roasted corn
- Seasoning (salt, pepper, cumin, garlic powder, onion powder, turmeric)
- 1 Tbsp. Sesame oil
- Olive oil

## Instructions:

Chop all vegetables (except corn) and place in same bowl except yellow onion (keep separate)

Chop sausage into small bite size

Cook rice according to package with vegetable broth instead of water

Heat frying pan using 2 tbsp. of olive oil, place chopped yellow onion in the pan. Sauté until translucent.

Place sausage in the pan and cook until done.

In separate sauté pan heat 2 tbsp. of olive oil in a pan. Place remaining vegetables except corn into the pan and cook for 3 min. Place corn in the pan and cook for another 3 min.

Add sausage to vegetable pot and stir until mixed. Add seasonings

Once rice is cooked, add to vegetable/sausage and stir until mixed.

Add sesame oil and stir. Heat until mixture is hot.

Bon Appetite!