

NEW

SUPER Food Smoothies

20oz only \$10.99

MOCHA ALMOND
Double shot of espresso, banana, almond milk, almond butter, cacao nibs, dates & vanilla grass-fed whey.
RICKY’S ACAI +\$1.00
Raw organic Acai blended with fresh strawberries, blueberries & mango, vegan GF granola, coconut flakes, chia and organic almond butter.

SUPER MATCHA
Matcha, mango, apple, spinach, lemon, spirulina & coconut water.

PB-NUT
Peanut butter, banana, almond milk, chocolate grass-fed whey.

BLUE ENERGY (Pre-Workout)
Coconut water, banana, pineapple, mango, coconut flakes, spirulina and hemp protein.

POST WORKOUT
Blueberry, banana, spinach, almond butter, almond milk and vegan vanilla protein.

Add protein: whey, hemp, vegan vanilla, grass-fed organic whey, pea protein, probiotics or flax seed. +\$1.99

The Cleanse



RENEW, RESTORE, REVIVE

1 DAY (5 Juices)

3 DAY (15 Juices)

5 DAY (25 Juices)

7 DAY (35 Juices)

Scan QR code for more information



Smoothies

12oz: \$6.99 / 16oz: \$7.99 / 20oz: \$8.99

S/1: SUPER ALMOND
Organic almond butter, dates, banana & almond milk.
S/2: FRESH STRAWBERRY
Strawberries, banana, yogurt, choice of almond or regular milk.
S/3: VERY BERRY
Blueberries, banana, strawberry, yogurt, choice of almond or regular milk.
S/4: MEGA ORANGE
Strawberries, pineapple, banana, yogurt & orange juice.
S/5: PINA COLADA
Pineapple, pure coconut water & coconut cream.
S/6: TUTTI FRUTTI
Strawberries, mango, banana & apple juice.

Add protein: whey, hemp, vegan vanilla, grass-fed organic whey, pea protein, probiotics or flax seed. +\$1.99

Green Smoothies

S/7: GREEN CARIBBEAN
Mango, pineapple, banana, pure coconut water & spinach.
S/8: KALE DREAM
Kale, pineapple, banana & squeezed orange juice.
S/9: TROPICAL GREEN
Kale, spinach, green apple, pineapple, & pure coconut water.
S/10: DOUBLE GREEN
Kale, spinach, banana, mango, & coconut water.
S/11: PINA KALE-LADA
Pineapple, kale, pure coconut water & coconut cream.
S/12: BERRY VERDE
Kale, yogurt, strawberries, banana, blueberries & pure coconut water.

Add protein: whey, hemp, vegan vanilla, grass-fed organic whey, pea protein, probiotics or flax seed. +\$1.99

Wellness shots

FLU SHOT:.....\$6.99
ginger, turmeric, lemon & apple.
DESINFLAMMATORY SHOT:\$5.99
ginger & pineapple.
DETOX SHOT:\$5.99
ginger & lemon.

Coffee & Tea

Reg. Coffee**\$2.99**
Iced Coffee.....**\$4.25**
Americano (Hot or Iced).....**\$3.25**
Espresso (Double Shot).....**\$2.50**
Traditional Macchiato (4oz).....**\$3.99**
Cappuccino.....**\$4.99**
Latte (Hot or Iced).....**\$4.99**
Chai Latte (Hot or Iced)**\$4.99**
Hot chocolate.....**\$4.99**
Tea (Hot or Iced)**\$3.50**
Lemonade.....**\$3.99**
Brewed sweet/unsweet Tea.....**\$3.99**
Coconut Water

**Add flavor +\$0.99 Vanilla, caramel, hazelnut, chocolate, white chocolate. Sugar free syrups available. Almond or Oat milk +\$0.99*

Fresh Juices

12oz: \$6.99 / 16oz: \$7.99 / 20oz: \$8.99

J/1: KAIROS GREEN JUICE
Spinach, kale, celery, cucumber, green apple, pine-apple & orange.
J/2: MORNING ENERGIZER JUICE
Carrots, beets, ginger, green apple & orange
J/3: SPICY LEMONADE JUICE
Lemon, ginger & green apple
J/4: GO GREEN JUICE
Kale, green apple, celery & cucumber
J/5: VUELVE A LA VIDA JUICE
Organic carrots, orange juice & beets.
J/6: ORANGE JUICE

D/1: DETOX GREEN JUICE
Pineapple, cucumber, celery, spinach, ginger & lemon.
D/2: CASHEW MILK
Raw cashews, dates & cinnamon.
D/3: RED INFUSION JUICE
Beets, cucumber, red apple & celery.
D/4: GO GREEN JUICE
Kale, cucumber, green apple & celery.
D/5: GLOW JUICE
Carrots, orange, apple, lemon, ginger & turmeric.

Ask For Seasonal Healthy Mocktail

KAIROS JAX

FOOD JUICES SMOOTHIES COFFEE

Time to be healthy

Genesis 1:29

Save time, skip the line

Order online!

All Day Breakfast

ENERGY BOWL.....\$9.99
Yogurt topped with shredded coconut, granola & your choice of 3 seasonal fruits drizzled with honey and chia seeds.

VIVA SANDWICH.....\$9.99
The French pantry whole wheat bread, spinach, mozzarella cheese, guacamole, fried egg. Served with a cup of fruit.

BURRITOMEXICANO.....\$10.99
Flour tortilla, pinto beans, avocado, scrambled eggs, tomatoes, onions, bell peppers, sour cream & mozzarella cheese. **Gluten Free Tortilla + \$2.99*

BREAKFAST TACOS.....\$10.99
3 corn tortillas, pinto beans, tomatoes, onions, bell peppers, scrambled eggs, guacamole & Mexican cheese. Served with a cup of fruit.

ALMOND TOAST.....\$10.99
GF bread, organic almond butter topped with granola, shredded coconut, strawberry, blueberries, banana and drizzled with honey.

AVOCADO TOAST\$10.99
The French Pantry whole grain toast topped with fresh smashed avocado served with sunny side up fried egg sprinkled with everything seasoning. Served with a cup of fruit.

POWER EGG BOWL OR WRAP.....\$11.99
Spinach tortilla, rice, avocado, black beans, quinoa, boiled egg, yam, red pepper & green onions. Served with chill mango sauce on the side.

KAIROS OMELETTE.....\$12.99
Cage free eggs, spinach, red pepper, mozzarella cheese, avocado slices. Topped with avocado sauce, buffalo sauce & sour cream. Served with The French Pantry whole grain toast, *cup of fruit or house potatoes.*

CREPES.....\$11.99
Skinny Pancakes topped with fresh seasonal fruit, syrup and powder sugar. Choice of spread: nutella, almond butter, dulce de leche or strawberry jelly.

Create your own Omelette or Frittata

\$12.99

Choose 5 ingredients from the list below. We use organic brown eggs. Egg White +\$1.99. Served with side of fruit, house potatoes or whole grain toast. GF bread available +\$2.99

GREENS: Spinach or Kale
CHEESE: Mozzarella, Feta, Cheddar, Pepper Jack or Mexican.
VEGGIES: Green onions, tomatoes, peppers, mushrooms, zucchini, Jalapenos
OTHER: Ham, turkey, bacon, sausage, sour cream, avocado.

CONSUMER ADVISORY
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
-Section 3-603.11, FDA food Code

Create Your Own Bowl / Wrap

*SERVED ALL DAY / BOWL OR WRAP
WHEAT, TOMATO, SPINACH OR FLOUR TORTILLA.
GLUTEN FREE TORTILLA +\$2.99*

PICK ONE PROTEIN

Egg	\$9.99	Tempeh	\$10.99
Veggie	\$9.99	Salmon	\$13.99
Tofu	\$10.99	Steak	\$12.99
Chicken	\$11.99	Barbacoa	\$12.99
(BBQ or Grilled)		Shrimp	\$12.99

PICK ONE GREEN

Spinach	Kale
Caesar Salad	Spring mix

PICK ONE GRAIN

Brown rice	Black beans
Cilantro rice	Quinoa
Pinto beans	Lentils

PICK TWO VEGGIES

Roasted corn	Brussel sprouts
Roasted broccoli	Mashed potatoes
Grilled zucchini	Roasted cauliflower
Sweet potatoes	Buffalo cauliflower
Roasted peppers	Grilled mushrooms
Roasted onions	Parmesan broccoli
Green beans	Extra Veggie \$1.99 ea.

PICK YOUR SAUCE

Chipotle sauce	GF Red spicy
Homemade ranch	GF Green tomatillo
Cilantro ranch	GF Green avocado
Chimichurri sauce	GF Pico de gallo
	GF Chili mango

EXTRAS

Avocado	\$1.99
Bean & corn salsa	\$1.99
Feta cheese	\$1.99
Mexican cheese	\$1.99
Pesto tomatoes	\$1.99
Guacamole	\$1.99
Mozzarella cheese	\$1.99

Bowls

ULTIMATE BURGER BOWL.....\$12.99
Grass fed ground beef, lettuce, tomato, avocado slices, pepper jack cheese, grilled onions, grilled pineapple & our homemade pink sauce.

FAJITA BOWL.....\$11.99
Cilantro rice, pinto beans, roasted onions, roasted peppers & lettuce topped with pico de gallo, guacamole, sour cream, mozzarella cheese & GF corn chips. **Add your favorite protein**

SUPER FOOD BOWL.....\$13.99
Kale, quinoa, sprouts, pumpkin seeds, goji berries, avocado, sweet potatoes & kale dressing. ** Add your favorite protein**
TINGA NACHOS BOWL.....\$11.99
GF Chips, shredded chicken topped with chipotle sauce, beans, onions, sour cream, cheese dip, guacamole, cabbage & radish.

**Add Egg \$1.99 / Tempeh \$2.99 / Chicken \$3.99 / Tofu \$3.99 / Steak \$4.50 / Shrimp \$4.99 / Salmon \$5.99*

Wraps, Sandwiches, Quesadillas & Tacos

SALMON TACOS.....\$14.99
3 GF corn tortillas, grilled salmon, chipotle sauce, cabbage, pico de gallo, avocado slices. Served with a side of black beans topped with mexican cheese.

TACOS AL PASTOR.....\$12.99
3 GF corn tortillas, grilled pork meat and pineapple topped with onions and cilantro.

BURRITO COLORADO.....\$14.99
Tomato tortilla, chicken, steak, chorizo, rice, beans, pico de gallo, lettuce, sour cream, cheese dip, chipotle & guacamole.

BURRITO SHREK.....\$14.99
Spinach tortilla, chicken, sausage, carnitas, rice, beans, lettuce, mozzarella cheese, guacamole, sour cream, pico de gallo topped with cheese dip & tomatillo sauce.

KAIROS BURRITO.....\$10.99
Cilantro rice, pinto beans, lettuce, guacamole, mozzarella cheese, sour cream & pico de gallo. **Add your favorite protein**

KAIROS QUESADILLA.....\$12.99
Flour tortilla, mozzarella cheese, chicken, chorizo, poblano peppers, roasted onions, mushrooms, creamy sauce, served with a side salad, lettuce, pico de gallo & sour cream.

ORIGINAL QUESADILLA.....\$10.99
Mozzarella cheese, brown rice & black beans. **Add your favorite protein**

KAIROS SANDWICH.....\$10.99
Whole grain bread, lettuce, tomato, guacamole & grilled mozzarella cheese. **Add your favorite protein**

New TUNA SANDWICH\$12.99
Tuna salad, chopped veggies, corn, carrots, red bell peppers, peas, tomatoes, topped with sprouts. Served in multigrain bread.

New PESTO CHICKEN SANDWICH\$12.99
Multigrain bread, Free-range grilled chicken, tomato, zucchini, spinach, pepperjack cheese.

New GREEN CHICKEN WRAP\$13.99
Free-range grilled chicken, cilantro rice, extra guacamole, kale, roasted peppers and onions, mozzarella cheese in a spinach tortilla.

Plates

Served with Kairos or Berry Salad, .

PLATE #1 - FREE RANGE CHICKEN.....\$18.99
Grilled Chicken over a bed of romesco sauce and wild rice. Served with finger potatoes & asparagus.

PLATE #2 - CHIMICHURRI STEAK.....\$19.99
Topped with chimichurri sauce, wild or cilantro rice, asparagus & grilled mushrooms.

PLATE #3 - OVEN ROASTED SALMON.....\$21.99
Topped with tomato relish sauce, wild or cilantro rice, asparagus & finger potatoes.

PLATE #4 - VEGAN PLATE.....\$17.99
Tofu or Tempeh topped with tomato relish sauce, wild or cilantro rice, asparagus and seasonal vegetables.

Ask about seasonal vegetables.

Salads

(V)KAIROS SALAD.....\$13
Kale, spinach, spring mix, oranges, cucumber slices, cherry tomatoes, shredded carrots, cilantro, sunflower seeds, quinoa & peach dressing.

BERRY SALAD.....\$12
Spring mix, feta cheese, berries, walnuts, and berry dressing.

CAESAR SALAD.....\$9.99
Romaine lettuce, croutons, parmesan cheese & Caesar dressing.

*Add Egg \$1.99 / Tempeh \$2.99 / Chicken \$3.99
Tofu \$3.99 / Steak \$4.50 / Shrimp \$4.99 / Salmon \$5.99*

Soup

CHICKEN NOODLE SOUP.....\$10.99
GF KAIROS LENTILS SOUP.....\$9
Mixed vegetables. **Add your favorite protein**

*Add Egg \$1.99 / Tempeh \$2.99 / Chicken \$3.99
Tofu \$3.99 / Steak \$4.50 / Shrimp \$4.99 / Salmon \$5.99*

Share

GF KAIROS GUACAMOLE.....\$9.99
Smashed avocados with tomato, onions, cilantro, jalapenos & lime. Served with GF chips.

CHEESE DIP & CHIPS.....\$9.99
(V)HERB HUMMUS.....\$9.99
Served with pita chips, cucumbers & carrot sticks.

Create your Acai bowl

\$11.99

ACAI base topped with coconut, granola, honey, chia seeds, and 3 fruit options

Choose 3 toppings

Banana	Mango
Strawberries	Pineapple
Blueberries	

Extra Goji berries	\$1.99
Extra Almond butter	\$1.99
Extra Peanut butter	\$1.99
Extra Chocolate chips	\$1.99
Extra Nutella	\$1.99

Kids

\$8.99

Served with juice box & a cup of fruit.

CHEESE SANDWICH
Organic bread & melted cheddar cheese.

KIDS BOWL
Rice, black beans, chicken or steak.
KIDS BURRITO
Flour tortilla filled with rice & beans, mozzarella cheese, lettuce, chicken or steak.

PEANUT BUTTER SANDWICH
Organic Peanut Butter & Organic bread.

KIDS QUESADILLA
Mozzarella cheese with chicken or steak.

MAC & CHEESE

Kids Create Your Own Bowl

1 Grain	1 Sauce
1 Veggie	1 Protein (Chicken or Steak)

Kids Smoothies

8 oz \$5.25

FRESH STRAWBERRY
Strawberries, banana, yogurt, choice of almond or regular milk
TUTTI FRUTTI
Strawberries, mango, banana & apple juice
PB
Peanut butter, banana, chocolate, choice of almond or regular milk.