



## A Relationship of Life and Heart

### Basic Truths of Christ-Centered Mentoring and Discipleship

Our ability to disciple and mentor others begins with a commitment to abide in the fullness of the person of Jesus Christ and His love– to trust Him in every facet our lives, to receive His grace, mercy, and forgiveness, to learn His truth according to His Word, and to rely on this wisdom and the power of the Holy Spirit as we serve Him with willing and surrendered hearts in complete obedience to Him.

As you choose to abide<sup>1</sup> in Christ (John 15) what must you recognize?

What is at the core of your abiding in Christ?

If abiding in Christ is to live fully in Christ what must you do to abide and live fully in Christ? How can you do this?

At this point, ask yourself do I really, really, really want the life that is Christ's?<sup>2</sup> If the answer is yes, from a humble and contrite heart then the next step is to unlearn the ways of self and the world and the learn the ways of Christ as we pour into the lives of others.

### Spiritual Exercises

1. Identify one belief/view that you are realizing is not in align with Christ's teachings. Write it down and how it has been shaping or influencing you. Search the Scriptures to find the Christ-centered perspective on that belief/view and how you can use it to help others understand the truth, as written in God's Word, about your relationship with Jesus Christ.
2. Identify one habit or practice that you believe is hindering your abiding in the fullness of Christ. Write it down and then ask the Lord to show you how to change it or remove it. What habit or practice can you replace it with that will flourish your abiding in the fullness of Christ?

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<sup>1</sup> Note, that the word abide "means to continue in a permanent state"

<sup>2</sup> 2 Timothy 3:12