

This is to certify that

**Sue Clark**

has successfully completed the course

**Emergency First Aid At Work**

**with the British Red Cross**

Training has been delivered in accordance with currently accepted first aid practice. Certificate issued for the purpose of the Health and Safety (first aid) Regulations (1981) and Health and Safety (first aid) (amendment) Regulations (Northern Ireland) 2017.



**Beatrice Butsana-Sita**  
Chief Executive

**Valid from:**

25 Mar 2024

**Valid to:**

24 Mar 2027

Certificate No:

E0970354

**The power  
of kindness**

**Name:** Sue Clark

**Course:** Emergency First Aid At Work

**Duration:** 1 day(s)

## Course Content

- Dealing with an emergency (Assessing a casualty, monitoring a casualty, where to get help, electrical incidents).
- Unresponsive and breathing adult.
- Seizures.
- Unresponsive and not breathing adult (CPR, face shields and pocket masks, mouth to nose).
- AED (Use of an AED, chain of survival)
- Choking adult.
- Hygiene techniques.
- Bleeding and wounds - (Bleeding heavily from a wound {limb, embedded object in a wound} small blisters and splinters, small bruises and wounds, nosebleed).
- Shock (Shock and internal bleeding).
- Accident recording, reporting and COSHH (Health and safety first aid regulations, first aid kits, accident records, RIDDOR and COSHH).
- Burns (Burns, electrical burns, chemical burns, chemical burns to the eyes).