

Coming to Autism Abilities



AUTISMABILITIES

This is the car park at Autism Abilities.



When we arrive, we can park our car here.

It is close to the front door, so we don't have to walk far.



My support person, parent, or carer will help me get out safely.

This is the front door at Autism Abilities.



**I will walk through the door with my support person,
parent, or carer.**

When I walk in, I will be in the reception area.



This is where I wait before my session.

I will see someone at the front desk.



Their job is to help me check in and feel welcome.

I might meet Brisa or Helen



Brisa



Helen

**If I need to go to the toilet, I can ask.
The toilets are here**



Someone can show me where they are.

**The therapy room is a quiet space where I will
feel safe.**



**There might be toys, books, or other fun things.
We will talk, play, or do activities together.**

When the session is finished, I will go back to reception.



**Then I can go home with my support person,
parent, or carer.**

Coming to Autism Abilities can be fun and helpful.



AUTISM ABILITIES

Everyone is here to support me and help me feel comfortable.

