



AUTISM ABILITIES

Empowering and supporting autistic people to live life well.

Autism Abilities Workshop

Positive Behaviour Support in School: *Improve your knowledge, skills and understanding of the neurodivergent students in your classroom*

About

Autism Abilities' 3-part professional development workshop provides teachers and schools with a deeper understanding of autism and neurodiversity, and guidance on how to support autistic and neurodivergent students in the classroom. In fact, many of the strategies are beneficial for all students, helping to create a truly inclusive environment in your school.

This training is designed to be run either as a single full-day workshop, or delivered as three separate sessions over a few weeks. Both options are available either in person or online formats to cater to how your school staff learn best.

The workshop

Part 1: The Person

The first session includes:

- Information to deepen teachers' understanding of autism and areas of the classroom or school experience that autistic students may find challenging on a day-to-day basis.
- Reasonable adjustments and the Disability Education Act.
- Ideas for teachers on how to make the classroom a neuro-affirming space.
- Guidance on creating a detailed support plan for students that need individualised support.

Part 2: Behaviours of Concern

The second session of the workshop covers:

- Identifying what is a behaviour of concern.
- Exploring setting events and triggers for behaviour.
- Using objective language to hypothesise what the function of the behaviour is and what it may be telling us.
- Ways to collect data and how to use this to understand trends in behaviour or track progress.



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Part 3: Responding to the Behaviour

The third and final session will help teachers:

- understand how to respond to escalating behaviour and create positive change.
- create effective behaviour response plans that provide clear details on how to respond to individuals' behaviour at each stage of escalation.
- consider when the best time is to reflect on incidents with your student.
- learn how to teach students replacement skills to increase positive behaviour.

In each session we will show how the content links to existing department policies and how it can be used to enhance current processes, rather than replace them.

Training Objectives

On completion of this training participants will be able to:

- Understand how autism and neurodiversity impacts students.
- Identify reasonable adjustments and why they are important.
- List barriers students may have within the classroom.
- Define whole class vs individual considerations and supports.
- Design simple and effective data collection processes.
- Understand the 'why' behind behaviour and how to teach new skills.
- Develop effective response plans that encourage coregulation.
- Adapt existing department guidelines, IEPs and BSPs to include a neuro affirming approach.



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Why choose us?

- Autism Abilities is an autistic and neurodiversity affirming organisation.
- This workshop is designed from a positive behaviour support approach. It does not include any strategies intended to make someone mask their autistic traits. It does not involve punishment or unnecessary restrictive practices of any kind.
- This workshop has been developed by positive behaviour support professionals with lived teaching experience in mainstream and special education settings. It is informed by the experiences of teachers, school leadership, parents, and autistic students. Importantly, it understands that classrooms are a busy space and teachers are busy people, that require practical everyday strategies.

Further Information

To discuss your training needs further and obtain a quote please contact:

- <https://autismabilities.com.au/contact-us>
- email: hello@autismabilities.com.au
- phone: 1300 324 917 or 0481 112 928