

250 364 1499

Current Hours: Lunch 11am - 2pm • Dinner 5pm to 8pm

Monday to Saturday



Kootenay Kabab

Mediterranean Cuisine & Catering



Explore and enjoy Persian, Middle Eastern, and Mediterranean cuisine, culture, and hospitality in the heart of the Kootenays!



Appetizers

Soup of the Day – Small \$5, Large \$9

One of our Persian and Mediterranean inspired soups made fresh and served with pita bread slices.

Shirazi Salad – Small \$5, Large \$9

A classic chopped salad of tomatoes, cucumbers, and red onions from the southern Iranian city of Shiraz topped with herb vinaigrette dressing.

Crispy Pita Chips – Small \$9, Large \$16

Crispy seasoned pita bread served with both tzatziki and hummus as dipping sauces.

Roasted Red Pepper Hummus with Pita – \$10

Our signature hummus blended with roasted bell peppers and spices served with pita bread.



Above: Large Crispy Pita Chips



Above: Roasted Red Pepper Hummus with Pita Chip Upgrade



Above: Parvaneh

♥ **Upgrade to Pita Chips for \$2**

Pita bread with choice of dip – \$8

- Borani – Eggplant, yogurt, and garlic
- Tzatziki – Cucumber, yogurt, and garlic
- Hummus – Chickpeas, tahini, and garlic
- Mosir – Shallots and yogurt

♥ **Upgrade to Pita Chips for \$2**

Parvaneh – \$20

Meaning “butterfly” in Farsi, this sampler features four dips: Hummus, Tzatziki, Borani, and Roasted Red Pepper Hummus all served with pita bread.

Extras: Pita Bread \$1, Crispy Pita Chips \$2, Small sauce \$1, Large sauce \$6, Substitute Red Pepper Hummus \$2, Side of Sliced Raw Vegetables \$8



Iran (Persia)



Meals below served with saffron basmati rice and grilled tomato.
Substitute rice with Shirazi Salad for \$3

(Meals in this section not available 30 minutes before closing time)



Koobideh Kabab (Beef): Small - \$13, Large - \$20

Ground beef kabab made by hand on a skewer and flame grilled.



Saffroni Kabab (Chicken): Small - \$13, Large \$20

Ground chicken kabab made by hand on a skewer and flame grilled.



Halal Lamb Kabab: Small \$15, Large \$22

Certified halal ground lamb kabab made by hand on a skewer and flame grilled.

Joojeh Kabab (Chicken) - \$22

Marinated chicken thighs flame grilled on a skewer.

Grilled Vegetable Kabab - \$19

Onions, sweet bell peppers, zucchini, tomatoes, and jalapeño on a skewer flame grilled with garlic and herb marinade.

Kabab Pita Wrap – Koobideh or Saffroni \$13, Lamb \$15, Joojeh \$18

Choose your favourite kabab in pita bread, seasoned with sumac, and stuffed with tomatoes, parsley, red onions, and Persian pickles.

♥ ***Make it a combo with crispy pita chips and a soft drink for \$4***



Extras: Grilled Tomato \$1, Saffron Rice \$6, Koobideh \$7, Saffroni \$7, Lamb Skewer \$9, Joojeh \$15, Grilled Vegetables \$15, Lamb Shank \$20

Meals below served with saffron basmati rice and grilled tomato.
Substitute rice with Shirazi Salad for \$3 per serving.
(Meals in this section not available 30 minutes before closing time)

Soltani (Beef & Chicken) - \$20

Meaning "King" in Arabic, you too can eat like a king with one koobideh kabab and one saffroni kabab.

Vaziri (Beef & Chicken Thighs) - \$25

From the Farsi for "Minister" this dish is the power behind the throne! One joojeh kabab and one koobideh kabab.

Ground Kabab Platter for Two - \$38

Koobideh, saffroni, and halal lamb kabab with two servings of saffron rice and two servings of shirazi salad!

Persis Platter for Two - \$42

Our signature dish, named for our friend, the kabab master - Chef Parviz "Persis" Rahbar. Koobideh, saffroni, and joojeh kabab with two servings of saffron rice and two servings of shirazi salad!

Family Platter for Four - \$85

Koobideh, saffroni, halal lamb, and joojeh kabab served with large crispy pita chips, four shirazi salads and saffron rice.

Royal Persis Platter for Six - \$120

Koobideh, saffroni, joojeh, grilled vegetable, halal lamb kabab, and lamb shank with saffron rice, large crispy pita chips, and shirazi salad.

Mirza Ghasemi (Available up to closing time) - \$16

Famously invented in the Iranian province of Gilan by its Governor - Mohammad Ghasem Khan - this vegetarian stew consists of grilled pureed eggplant with tomato, eggs, and garlic.



Lamb Shank - \$25

Certified halal lamb shank slowly stewed with Persian spices and served with shirazi salad and baghali style basmati rice seasoned with lima beans and dill.



Above: Vaziri



Above: Ground Kabab Platter for Two



Above: Persis Platter for Two





The Middle East & Mediterranean



Falafel Pita Wrap - \$12 (Available as Vegan)

Crispy fried falafel balls wrapped in pita bread with house-made garlic sauce and stuffed with tomatoes, cucumbers, onions, and shredded cabbage.

♥ **Make it a combo with crispy pita chips and a soft drink for \$4**

Donair Pita Wrap with Meat - \$13

Your choice of meat wrapped in pita bread with tzatziki and garlic sauce stuffed with tomatoes, cucumbers, onions, and shredded cabbage.

- Mediterranean Beef & Lamb
- Arabian Chicken
- Mixed Meat (Chicken, Beef & Lamb)

♥ **Make it a combo with crispy pita chips and a soft drink for \$4**

Falafel Plate with Baghali Rice - \$19 (Available as Vegan)

Crispy fried falafel balls topped with house-made garlic sauce and served with your choice of tzatziki or hummus plus shirazi salad and baghali style basmati rice seasoned with lima beans and dill.

Meat Donair Plate with Baghali Rice - \$22

Your choice of meat with tzatziki or hummus served with shirazi salad, pita bread, and baghali style basmati rice seasoned with lima beans and dill.

- ♥ Mediterranean Beef & Lamb
- ♥ Arabian Chicken
- ♥ Mixed Meat (Chicken, Beef & Lamb)



Above: Pita Wrap Combo



Above: Falafel Plate



Above: Chicken Donair Plate

Extras: Sauce on Donair \$1, Small Sauce \$1, Large Sauce \$6, Falafel Ball \$1, Double Donair Meat \$5, Side of Donair Meat \$8, Baghali Rice \$8