



# Kootenay Kabab

## Mediterranean Cuisine & Catering



Explore and enjoy Persian, Middle Eastern, and Mediterranean cuisine, culture, and hospitality in the heart of the Kootenays!

### Appetizers

#### Soup of the Day - \$5 cup, \$9 bowl

*One of our Persian and Mediterranean inspired soups made fresh and served with pita bread slices.*

#### Shirazi Salad – Small \$4, Large \$8

*A classic chopped salad of tomatoes, cucumbers, and red onions from the southern Iranian city of Shiraz topped with herb vinaigrette dressing.*

#### Crispy Pita Chips – Small \$9, Large \$16

*Crispy seasoned pita bread chips served with both tzatziki and hummus dipping sauces.*



#### Pita bread with choice of dip - \$8

- 🌸 *Borani – Eggplant, yogurt, and garlic*
- 🌸 *Mosir – Shallots and yogurt*
- 🌸 *Tzatziki – Yogurt, cucumber, and garlic*
- 🌸 *Hummus – Chickpeas, tahini, and garlic*
- 🌸 *Spicy Hummus – Hummus and chili*



#### Parvaneh - \$18

*Meaning “butterfly” in Farsi, this sampler features four dips: Hummus, Tzatziki, Borani, and Mirza Ghasemi all served with pita bread.*



Extras: Pita Bread \$1, Pita Chips \$3, Small/Extra sauce \$1, Large sauce \$5



# Iran (Persia)



All meals served with saffron basmati rice and a grilled tomato.  
 Pita bread slices included with all rice dishes.  
 Substitute rice with Shirazi salad for \$3.

## Koobideh Kabab: Small - \$12, Large - \$18

*Ground beef kabab made by hand on a skewer and flame grilled.*



## Saffroni Kabab: Small - \$12, Large \$18

*Ground chicken kabab made by hand on a skewer and flame grilled.*

## Joojeh Kabab - \$20

*Marinated chicken thighs flame grilled on a skewer.*



## Grilled Vegetable Kabab - \$16

*Onions, sweet bell peppers, zucchini, tomatoes, and jalapeño on a skewer flame grilled with garlic and herb marinade.*



## Kabab Pita Wrap – Koobideh or Saffroni \$12, Joojeh \$16

*Choose your favourite kabab in pita bread stuffed with tomatoes, parsley, onions, and pickles seasoned with sumac.*

*🌸 Make it a combo with pita chips and a soft drink for \$4*

---

Extras: Grilled Tomato \$1, Saffron Rice \$6, Koobideh \$7  
 Saffroni \$7, Grilled Vegetable \$10, Joojeh \$13



## **Soltani - \$20**

*Meaning “King” in Arabic, you too can eat like a king with one koobideh kabab and one saffroni kabab.*

## **Vaziri - \$23**

*From the Farsi for “Minister” this dish is the power behind the throne! One joojeh kabab and one koobideh kabab.*

## **Persis Platter for Two - \$38**

*One koobideh kabab, one saffroni kabab, and one joojeh kabab with two servings of saffron rice and two servings of Shirazi salad!*



## **Royal Persis Family Platter - \$99**

*A two-course family meal starting with large crispy pita chips and four servings of shirazi salad then followed by a platter with one koobideh, one saffroni, one joojeh, one grilled vegetable kabab, and a lamb shank. Served with four plates of saffron rice.*

## **Mirza Ghasemi - \$15**

*Grilled eggplant stewed with tomato, eggs, and garlic.*

## **Gheimh Stew - \$15**

*Yellow split peas and potatoes in tomato stew.*

## **Lamb Shank - \$25**

*Slow cooked lamb shank stewed with Persian spices and served with shirazi salad and baghali rice seasoned with lima beans and dill.*



# The Middle East & Mediterranean Sea



## Donair Pita Wrap - \$11

*Your choice of meat or falafel made with garlic sauce and tzatziki sauce wrapped in pita bread with tomatoes, cucumbers, onions, and cabbage.*

✿ *Make it a combo with pita chips and a soft drink for \$4*

- ✿ *Mediterranean Beef & Lamb*
- ✿ *Arabian Chicken*
- ✿ *Mixed Meat (Half Chicken, Half Beef & Lamb)*
- ✿ *Lebanese Falafel (Please specify for vegan)*

## Donair Plate with Baghali Rice - \$19

*Your choice of meat or falafel and tzatziki or hummus – served vegetables and baghali rice seasoned with lima beans and dill. Pita bread slices are included on the side.*



- ✿ *Mediterranean Beef & Lamb*
- ✿ *Arabian Chicken*
- ✿ *Mixed Meat (Half Chicken, Half Beef & Lamb)*
- ✿ *Lebanese Falafel (Please specify for vegan)*

---

Extras: Tzatziki or Hummus \$1, Falafel Ball \$1, Meat \$5, Baghali Rice \$7