

JOY fuels PLAY

PLAY sustains JOY

*When humans play,
learning sticks*

SPARK

- **S**ystems Awareness
- **P**ersonal Regulation
- **A**daptive Thinking
- **R**elational Intelligence
- **K**inetic Learning

WEAVE

- **W**hole-Self Inclusion
- **E**motional Literacy
- **A**daptive Systems Thinking
- **V**ariability as Strength
- **E**mbodied Leadership

FLAME

- **F**eedback Loops
- **L**ived Experience
- **A**gency, Autonomy, Advocacy
- **M**eaning-Making
- **E**quitable Systems

PLAY

- **P**erspective-Shifting (seeing systems from multi-angles + curiosity/certainty)
- **L**earning through Loops (feedback, iteration, try-fail-adjust)
- **A**gency & Attunement (choice, self-regulation, emotional awareness, body/brain alignment)
- **Y**ou Belong (inclusion, neurodiversity, "I matter in the system")
- **P**atterns Awareness (dynamics, feedback loops, leverage points)
- **L**ived Experience (neurodiversity, emotion, culture, context, mental modes)
- **A**daptive Action (experiment, resilience, responsive leadership)
- **Y**ielding Outcomes (sustainable change, trust, engagement, joy-in-motion results)

PLAY

- **P**ractice
- **L**isten
- **A**djust
- **Y**ay!
- **P**ath Finding
- **L**oops of Learning
- **A**liveness & Agency
- **Y**our Spark Matters
- **P**erspective (we all see differently)
- **L**earning thru Trying (no mistakes, just feedback)
- **A**ttunement (body, energy, emotions, needs, preferences)
- **Y**OU (your thinking is part of the system - perfection not needed)

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www.YoYoMagic.Fun - www.JOYinMotion.life