



OSHER LIFELONG LEARNING INSTITUTE

SUMMER 2024

IN THIS ISSUE:

Different ways to participate this term:

- In-person courses at the Cheezem Education Center, Clemson
- Evening courses at the Cheezem Education Center
- Osher Online courses that allow you to participate from home
- Outdoor Adventures and Day Trips

NEW COURSE TITLES INCLUDE:

The Provenance Trap: How Forgers Fool the Art World; We All Scream for Ice Cream! Tour & Tasting of the '55 Exchange; Discover the Soul of Bluegrass: A Journey Through the Earl Scruggs Center; Reducing Chronic Pain without Medicine; American POWs in Vietnam; Right Brain Photography; How Digital Deception Shapes Global Narratives and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Registration opens

June 17, 2024

Register in person, by phone, by mail or online at: www.olliatclemson.org





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Thank You

Join us in thanking these individuals (and one local business) who gave to our Annual Fund this Member Year! As of May 29, 2024, we have raised nearly \$10,000 to support OLLI's operating budget, helping ensure our financial future. Consider that we received no funding support from Clemson University; rather, we earn and raise more than \$150,000 each year. Join this stellar group of supporters by giving online at www.olliatclemson.org/why-give-to-olli or call us at 1-864-633-5242. OLLI receives 100% of your gift!

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Roger and Kathy Troutman
Holley Ulbrich
Sandra Waskowski
Matt Watkins
Ronald White and Kathleen Carroll
Viola Wolf

A gift of any amount to **OLLI at Clemson University** will help us to provide a unique array of activities and educational opportunities for our members. Your support plays a pivotal role in promoting lifelong learning, helping us provide nearly 350 different programs to our community. We rely on donors to keep our annual membership fee low and to provide a quality curriculum to our students — your support keeps these programs running.

Take the opportunity to make a gift today and help us foster a culture of lifelong learning!

Help elevate OLLI at
CLEMSON
UNIVERSITY



Make an IRA Qualified Charitable Distribution (QCD) today!

Create the possibility to shape and advance OLLI's future by seeing your generosity in action. If you have an IRA and are 70 1/2 or older, you may donate tax-free from your IRA in direct support of OLLI as well as other University initiatives.

The IRA Qualified Charitable Distribution (QCD) provides several benefits. It allows individuals 70 1/2 and older to transfer up to \$100,000 annually from an IRA directly to a qualified charity. You pay no taxes on the transfer, and your gift to Clemson will make a meaningful impact on the lives of our students. This may also help you meet your Required Minimum Distribution (RMD), the minimum amount you must withdraw from your retirement account(s) to satisfy federal tax rules.

To make your IRA Qualified Charitable Distribution (QCD) gift, simply reach out to your IRA plan administrator or account custodian to make a gift from your IRA to OLLI at Clemson University.

Please contact the Annual Giving Office with any questions.

Ann Batson Smith '82, M '85 | Executive Director of Annual Giving

P.O. Box 1889

Clemson, S.C. 29633-1889

864-656-5895

annsmit@clemson.edu

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Where in the World will OLLI Go?



Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

Join us for informational sessions on our upcoming trips.

Greece with Rachel Bantly

Wednesday, July 31

11:00 a.m.

Cheezem Education Center

Costa Rica and Tuscany/Florence with Laura Driggers

Monday, August 12

11:00 a.m.

Cheezem Education Center

Colorful Costa Rica

9 Days - February 5 to 13, 2025

By Premier World Discovery

Double Occupancy: \$3,599 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$4,349 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Active

Tour highlights include: visits to San Jose; the beautiful Poas Volcano National Park; a coffee plantation; Arenal Volcano National Park; the Sarchi Artisan Village; Monteverde Cloud Forest Reserve; Selvatura Park and Hanging Bridges; the Butterfly Garden; Manuel Antonio National Park; Carara National Park; Orchid Garden and a Jungle Crocodile Safari cruise.



Greece

9 Days - May 6 to 14, 2025

By Mayflower Cruises & Tours

Double Occupancy: \$5,748 per person, includes roundtrip airfare from Greenville

Single Occupancy: \$7,747 per person, includes roundtrip airfare from Greenville

Activity Level: Challenging

Embark on a journey steeped in ancient history and island charm, starting with Athens, Greece, a city with a history that dates back almost four millennia. Explore the iconic Parthenon atop the Acropolis and delve into the Acropolis Museum's treasures. Then, venture to Mykonos, the "Jewel of the Aegean," for a city tour showcasing its windmills and quaint villages. Discover the secrets of olives and olive oils before setting sail to Santorini, the "Black Pearl of the Aegean," known for its stunning vistas and picturesque villages. Enjoy leisurely days exploring before returning to Athens for a farewell dinner, concluding a memorable Greek adventure.

A Culinary Journey Through Tuscany & Florence

9 Days - November 4 to 12, 2025

By Premier World Discovery

Double Occupancy: \$4,749 per person, includes roundtrip
airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,699 per person, includes roundtrip
airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Tour highlights include a 2-Night Stay in Florence; a 5-Night
Stay in Tuscany; a Tuscan Estate Dinner; a pasta making and

cooking class; wine tasting; a Sienna walking tour; dinner at a Tuscan farmhouse and winery; San Gimignano; gelato tasting; lunch at a local farmhouse; a Lake Trasimeno boat excursion; a visit to Island Maggiore with lunch and wine; a Florence, Italy guided walking tour and a visit to the Academy Gallery and the famous Statue of David.



Christmas Time on the Danube River

6 Days - December 1 to 6, 2025

By Mayflower Cruises & Tours

Double Occupancy: Starts at \$3,564 per person, includes \$399 roundtrip airfare from Greenville when booked
by December 15, 2024

Single Occupancy: Starts at \$6,180 per person, includes \$399 roundtrip airfare from Greenville when booked
by December 15, 2024

Activity Level: Active

Take off on a festive journey through Central Europe with an enchanting Christmas cruise starting from Vienna, Austria. Explore Vienna's magical Christmas markets and iconic landmarks like the Opera House and St. Stephen's Cathedral. In Bratislava, Slovakia, immerse yourself in the warm holiday spirit and discover charming Christmas markets nestled in historic squares. Budapest, Hungary, welcomes you with its lively atmosphere, stunning architecture and vibrant Christmas market offering traditional crafts and culinary delights. Indulge in a traditional Hungarian dinner and folk dancing before bidding farewell to this memorable Danube Christmas cruise. Depart with cherished memories of glittering markets and festive cheer.

Domestic

San Francisco & Wine Country

5 Days - September 21 to 25, 2025

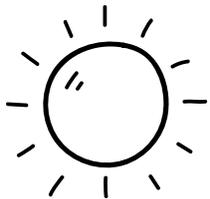
By Mayflower Cruises & Tours

Double Occupancy: \$4,098 per person, includes roundtrip airfare from Greenville

Single Occupancy: \$4,997 per person, includes roundtrip airfare from Greenville

Activity Level: Active

Arrive in San Francisco and settle in at Fisherman's Wharf. Day 2 explores iconic landmarks like Twin Peaks, Golden Gate Park and Chinatown followed by a Bay cruise and cable car ride. Enjoy dinner at Fisherman's Wharf. Day 3 highlights ventures to Napa Valley for a wine train journey and a tasting at Buena Vista Winery. Day 4 includes visits to the Kunde Family Winery, the Charles M. Schulz Museum and Sbragia Family Vineyards. The day ends with a special farewell dinner. Day 5 concludes the tour with memories of San Francisco and its surrounding wine country, heading home with cherished experiences.



FREE PROGRAMS *this Summer*



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. All programs are free but require registration; call us at 864-633-5242, or visit our website at www.olliatclmson.org for more information.

A Farewell to a Local School's Retired Student Artwork From its Permanent Collection Exhibit Opening Reception

Tuesday, July 9

5:00 p.m. to 6:30 p.m.

Cheezem Education Center

Free; registration not required

Exhibit open through September 6

The Cheezem Education Center will come alive beginning July 9 with a reception honoring the work of students instructed by retired Art Educator **Beverly Robinson**. Although she was an educator for 30 years, she spent her last 20 years at Oconee County's Ravenel Elementary School. There, she taught, cultivated and enriched the learning environment for students, the school and the community. The artwork on display represents student work from 1992-2010 chosen for the Principal's Permanent Art Collection. Beverly curated this show to pay homage to the arts and arts education. In all, 24 major artists were the inspiration for this student work. Come see the breadth, depth and power of art offered to students of all levels by Ms. Robinson.

Tech Talks

2nd Thursday of Each Month

July 11 and August 8

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but an appointment is required; call 864-633-5242 to make an appointment.

Have questions about your phone, tablet, laptop, or other electronic device? Make a 30-minute appointment with a Pickens County Outreach Librarian for basic troubleshooting assistance.

Discover the Ancient Game of Backgammon

Monday, July 15

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Backgammon is a two-player board game that originated in

Mesopotamia over 5,000 years ago. Join OLLI Member **Glen Moulder** for an informational session about the board game in hopes of starting a Backgammon special interest group! This session is for all levels from experienced players looking for a partner to someone who is simply interested in learning how to play.

Directives, Ducks, Dumpsters and Dostanding: Do You Have Your Affairs in Order?

Thursday, July 25

1:00 p.m. to 2:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Join an engaging and thought-provoking discussion about things to do NOW to ease the burden on loved ones if you become incapacitated or pass away. **Kam Flynn**, hospice social worker and developer of the DucksRow program, will discuss directives, ducks, dumpsters and dostanding and how each relates to the task of unwinding our lives.

New and Returning Member Orientation

Monday, July 29

1:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.



OLLI is awesome! I'm retired at a younger age and it is hard to find interesting things to do. OLLI provides wonderful opportunities for me!



SIGS SPECIAL INTEREST GROUP MEETINGS

Participation in Special Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information.

ART GROUP

Every Monday, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Diana Carnes (dianacmail@aol.com)

This "open studio" is a place and time for everyone- aspiring to confirmed artists to meet once a week to play with new approaches to their craft. We share techniques, engage in a variety of media challenges and possibly bring in experts in unusual specialties. We EXPLORE art in many varieties!

ART OPEN STUDIO

2nd and 4th Thursday Each Month, 1:00 p.m.
at the Cheezem Education Center

No facilitator; the Studio is available for use by any current OLLI Member.

BOOK CLUB

1st Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Maureen Williamson
(williamsonmj@att.net)

Our books are selected by group vote and selections include fiction and nonfiction, contemporary and classic. Discussion is informal and participation is encouraged. See the Events page on the OLLI website for upcoming book selections.

BRIDGE GROUP

Every Monday and Thursday, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Peg Mahan (pmah2209@bellsouth.net)

Join in on this popular card game in a relaxed, friendly environment.

BUNCO

Last Wednesday Each Month, 1:00 p.m.
at Everlan (Patrick Square)
Facilitator: Carol Helander (antiqueguy@gmail.com)

This entertaining dice game is easy to learn, and anyone can play! Light refreshments will be provided; \$5 cash per person to play.

GARDENING GROUP

1st Wednesday Each Month, except July, 3:00 p.m.
at the Cheezem Education Center
Facilitator: Susan Creamer (smcreamer@gmail.com)

Share ideas, learn from others about gardening techniques, soil, plants, design and more - broaden your knowledge and find support from other gardeners who have similar challenges with their Upstate landscape. The group also enjoys speakers on various gardening topics and occasional field trips.

MAH JONGG - INTERMEDIATE TO ADVANCED

Every Tuesday, 12:30 p.m.
at the Cheezem Education Center
Facilitator: Janice Dieter (dieterjw@yahoo.com)

The Mah Jongg Special Interest Group (Intermediate to Advanced) (SIG) exclusively plays American Mah Jongg. To participate, you must already know how to play American Mah Jongg well without instruction. The group uses only the Official National Mah Jongg League Playing Card from the National Mah Jongg League, Inc (based in New York, NY), which you will need to participate. Other card formats are not accepted. Students who have completed OLLI's Beginning Mah Jongg course can participate to improve their skills and play with the group. Interested OLLI members should reach out to the facilitator prior to attending.

NEEDLES AND THREADS

Every Wednesday, 1:30 p.m.
at the Cheezem Education Center
Facilitator: Nan Jones (jones4927@bellsouth.net)

Join this support group for "thread-heads" to work on your favorite projects in a collaborative atmosphere.

PICKLEBALL

Every Friday, 8:00 a.m.
at Nettles Park (Clemson)
Facilitators: Lauris and Mary Jane Ames
(mames10579@aol.com, laurisames@aol.com)

Join the many who are enjoying this fast-growing fitness activity! We play on specially lined tennis courts at Nettles Park. This group is open to all OLLI Members and is appropriate for players of all levels! Instruction and loaner equipment will be available to newcomers.

TRIVIA

3rd Thursday Each Month, 3:00 p.m.
at the Cheezem Education Center
Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

This trivia is not a Jeopardy clone; it involves no buzzers, no clocks, and no pressure to perform or speak in public. The winners of the two sets of questions receive the prize pot. All money collected from the night is split between the two winners! \$2.00 per person- cash at the door only.

WATERCOLOR GROUP

1st and 3rd Thursday Each Month, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Trish Davis (trishkaydavis@gmail.com)

This group's goal is to paint watercolor paintings using a variety of papers and techniques, to share ideas and prompts and to have fun painting together.

WRITERS' GROUP

Group 1: 1st and 3rd Friday Each Month, 10:00 a.m.
at the Cheezem Education Center

This group is currently at capacity, but contact facilitator Paula Appling (upst8hiker@gmail.com) for more information.

Group 2: 2nd and 4th Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Elaine Faithful (belainefaitful@gmail.com)

JULY

Program description page numbers in parenthesis. Please note date indicates first session meeting.

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Program description page numbers in parenthesis. Please note date indicates first session meeting.

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AUGUST

“
OLLI is a wonderful place to meet new friends, experience new subjects and continue to grow intellectually.
 ”





Osher Online

in collaboration with Northwestern University
School of Professional Studies

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom – plan to participate from the comfort of home! And, in each session will be Members from several different OLLIs; each OLLI is limited to 12 seats per course. Each course is comprised of six, 90-minute sessions and will offer generous question and answer periods. Before each course, participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

Bugs and their Bizarre Biology

6 Mondays, July 8 through August 12

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Join this class to delve into the world of bugs, creepy crawlies and anything without a backbone. Bugs are interesting, not gross (ok, maybe a little gross). However, understanding their outlook on life can change how humans perceive them and their world. Based on biological principles, this course will explore these animals in our lives, society, homes and even our bodies. Discussions and activities will be a part of every class to better understand how these creatures go about their lives.

Brian O’Neill, an invertebrate biology professor and community ecologist at the University of Wisconsin –Whitewater, has conducted extensive research on invertebrates and has a productive international research in communities in South Africa, Costa Rica, Jordan and the United States. His teaching interests include aquatic and invertebrate biology, community and introductory ecology and introductory biology for non-science majors.

The Great Films From the 1920s to the 1960s

6 Tuesdays, July 9 to August 13

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

This course introduces participants to film movements and some of the greatest films made (according to critics...but you can judge for yourself) from the 1920s to the 1960s. It begins with discussion on how and where films were made in the 1920s and how the filmmaking process evolved over the next 40 years. It will also cover what to look for while watching the films selected for the course. During weeks two through six, participants will watch at least one film each week. Then, during the class session, we will, assess the film in terms of style, story, filmmaking technique and impact on society and culture. During the course, discover some of the best films made and learn what makes them great.

Jeremy Fackenthal is an independent filmmaker and nonprofit director who served as Director of the Common Good International Film Festival from 2019 through 2023. He completed a PhD in Philosophy of Religion and Theology from Claremont Graduate. He is currently working on a feature-length documentary. Fackenthal enjoys films as an art form, as a means of expression and as entertainment.

Women Psychanalysts: Stories and Theories

6 Tuesdays, July 9 to August 13

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

The women included in this course: Karen Horney, Melanie Klein, Anna Freud, Ana Maria were practitioners of psychoanalysis and wrote extensively about their work. These women were selected because of the significance of their thought for psychoanalytic practice. Some of them were ostracized by other psychoanalysts. The importance of their thought may have been neglected, ignored or forgotten; and their work may have been derogated. We will articulate what is different about the contributions of women to psychoanalytic theory. The goal of this series is to bring out the indisputable contributions of these four women to psychoanalysis and the practice of psychotherapy.

Oliva M. Espín is Professor Emerita in the Department of Women's Studies at San Diego State University and the California School of Professional Psychology of Alliant International University. A native of Cuba, she received her bachelor's degree in psychology from the University of Costa Rica and her doctorate from the University of Florida. She has also completed post-doctorate work.

An Introduction to the National Park System

6 Wednesdays, July 10 to August 14

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

There are more than 400 parks in the National Park System spanning 11 time zones. In this OLLI course, learn how a place becomes a park, what it takes to manage a park and why there are so many different types of parks. Take a behind-the-scenes look at the National Parks' laws, regulations, policies and practices of managing these special places in American nature and history. Explore both famous and lesser-known parks and prepare for upcoming park visits with a better understanding of fees, costs, lodging and camping opportunities, reservation systems and best times to visit. Become a national park "insider" by learning more about these memorable places.

Constantine (Costa) Dillon is a retired 35-year National Park Service ranger and superintendent. His awards include the Department of the Interior's Meritorious Service Award and the National Parks' Conservation Association's Stephen Mather Award. He has a bachelor's degree in Environmental Planning and Management (Park Option) from the University of California - Davis and a master's degree in Public Administration from the University of Colorado.

James Baldwin: Speaking to US at 100

6 Thursdays, July 11 to August 15

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

American writer James Baldwin (1924-1987) may be best known as an activist and essayist, but he was

also a groundbreaking writer of novels and short stories. While he was born 100 years ago, his voice sounds fresh, urgent and relevant to our evolving understanding of what it means to be American today. His fiction helps us understand what connects us as human beings. We will read and discuss two of Baldwin's novels: *Go Tell It on the Mountain* and *Giovanni's Room* in which he explores race, religion and sexuality. Note: Participants should be willing to read and engage with complex texts and addressing challenging subjects. Required textbooks are the two books already mentioned above.

Catherine Frank has taught more than 60 original OLLI classes both as a volunteer and as director for OLLI at UNC Asheville. She holds three degrees in English from UNC Chapel Hill including a dissertation on Thomas Hardy's poetry. She is interested in African-American literature and believes that through literature humans can develop a better understanding for lives we do not live ourselves.

The World's Fascination with the Automobile

6 Saturdays, July 13 to August 17

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

The automobile has shaped modern life – from the meals we eat to the songs we sing. It is endlessly fascinating to learn where our automotive journey has and will take us. This course will give insight on the impact the automobile has played in our everyday lives; so that even those who do not tout the title of "gearhead" may enjoy the experience and walk away with more knowledge and insight into the world of automobiles.

Pandora Paúl is the Curator at America's Automotive Trust and LeMay America's Car Museum. She has both worked and played in museum education, training and curation and was part of a team that created award-winning exhibits. She has served on the Board of Directors of the National Association of Automobile Museums and loves to showcase vehicles that have not been seen before and inspire conversation that creates wonder and awe.



Activity Levels

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.

MA MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.

MC MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.

A ACTIVE

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.

C CHALLENGING

These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

ON ZOOM

These programs are on Zoom and are indicated as such with this icon and a shaded background.

DAY and HALF-DAY TRIPS

New! We All Scream for Ice Cream! Tour & Tasting of the '55 Exchange

Monday, July 22

11:00 a.m. to 12:30 p.m.

Departs from Cheezem Education Center

Tuition: \$30 includes transportation and ice cream

A

Celebrate National Ice Cream Day with a tour of Clemson's Innovation Lab, where flavors are created and a tasting of their delicious ice cream. Learn about one of Clemson's best traditions - The '55 Exchange and its wonderful ice cream. Clemson has been creating and selling ice cream for decades, and it is all student run and managed. While you enjoy the ice cream, learn how it all began and that all the ice cream is produced right on campus. Participants will begin the with a tour of the Innovation Laboratory, visit the Production Center, taste some fun and funky flavors, and end up at the Hendrix Student Center. That's where students dish it out daily. Enjoy this behind-the-scenes tour!

New! An Inside Look at Brooks Center for the Performing Arts

Tuesday, July 23

11:00 a.m. to 12:00 p.m.

Brooks Center for the Performing Arts, Clemson

Tuition: \$19

MA

Go behind the scenes on a guided tour of the Brooks Center for Performing Arts that will include a history of the Center and a look inside the facilities, as well as an overview of the Performing Arts majors and works of performing arts students. This tour lasts one hour and requires moderate standing and walking.

“

OLLI – a great place for millions of opportunities.

”

***New!* Discover the Soul of Bluegrass: A Journey Through the Earl Scruggs Center**

A

Wednesday, July 24

7:45 a.m. to 5:15 p.m.

Departs from Cheezem Education Center

Tuition: \$175 includes transportation, tours, and lunch

Embark on a musical journey at The Earl Scruggs Center in Shelby, NC and discover the remarkable life of banjo master, Earl Scruggs, born and raised in Cleveland County. Explore his legacy and the rich cultural traditions of his homeland - where Scruggs' innovative three-finger playing style was born. Our excursion includes a self-guided tour of the Earl Scruggs Center, a delicious barbeque lunch, a livermush cooking demonstration and a tour of the iconic Don Gibson Theatre. Dive into the history of bluegrass music, learn about Scruggs' groundbreaking contributions, and experience the spirit of the region that shaped his talent. Don't miss this opportunity to celebrate a legendary musician and the vibrant culture that inspired him!

***New!* Explore Brasstown Bald: North Georgia's Sky-High Scenic Adventure**

C

Thursday, August 8

8:00 a.m. to 4:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$100 includes transportation, interpretive hike, and boxed lunch

Experience the boundless beauty of 360-degree sky-top views from Brasstown Bald, the highest point in North Georgia. Located within the Chattahoochee-Oconee National Forests, the Brasstown Bald Visitor Information Center is the highest point in Georgia, rising 4,784 feet above sea level. This excursion offers an interpretive hike with park staff, time at the observation deck, gift shop and general store followed by a boxed lunch in the picnic area.

“

It is a comfortable way to learn, be exposed to information that is brand new to me, and not feel the pressure of taking notes or passing an exam. At my age, I couldn't do it.

”

COURSES

Intermediate Tai Chi

6 Tuesdays, July 9 to August 13

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$72

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. This intermediate class will offer deeper insights and training of the 24 movement Yang Tai Chi form, as well as more detail on the meditative and martial aspects of the system. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi course before signing up for Intermediate Tai Chi. Any exceptions must have instructor's permission.

Gary Carbone has spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate, and is a seventh generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Tai Chi

6 Tuesdays, July 9 to August 13

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$72

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. The Tai Chi form known as "Tai Chi 24" will be taught,

form by form. The instructor will explain basic yet very important principles, e.g., rooting, sung (relaxation), and six directions.

Gary Carbone has spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate, and is a seventh generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

***New!* The Anglo-American Relationship in WWII**

3 Tuesdays, July 9 to 23

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$37

The United States went from isolationist nation to military and economic superpower over the course of World War II. Great Britain, by contrast, found itself losing imperial power and falling further under the American political sphere. Zaina will take you on a journey to understand how these dealings went down in backrooms and on battlefields throughout the war, joining iconic figures such as Churchill, Eisenhower, Patton, and Montgomery to understand how these decisions and events shaped our modern world.

Zaina Nait Omar is a masters student at Clemson University studying the Anglo-American Relationship in World War II, she is examining the overturn of Western Power from Britain to the United States in the lens of military movements such as D-Day and Operation Market Garden.

***New!* A Patchwork of Poems**

6 Wednesdays, July 10 to August 14

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Tuition: \$59

James Dickey, a mentor of the instructor, said that too much poetry “invents without discovering.” It is this sort of “clever syntactic dropping” (as J.D. Salinger called it) that Skip Eisiminger intends to avoid. Each class will be a mix of contemporaries: Joyce Sutphen, Tony Hoagland, Anya Silver, Sharon Olds and others. Students may also bring

in their own favorites to share. This course is a discussion of the works on hand. No one is required to speak. Someone compared a poem to compost, saying that to build a heap of the stuff, one needs to pile up a hillock of organic and inorganic matter to get a spadeful of soil. My goal is six spadeful of “soil” for the garden that grows in your skull—one for each hour-long class.

Skip Eisiminger is retired from the Clemson University English Department, where he taught History of the Language, Word Study, American Literature, interdisciplinary humanities, and creative writing for 42 years. He continues to publish in the *South Carolina Review*, *Weekly Hubris*, and *KYSO Flash*. He is the author of *Anecdotes and Antidotes* (Serving House Press, 2019).

***New!* Playing Around with Sounds- Helping Your Grandchild Get Ready for Reading Success**

Tuesday, July 16

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$19

Learn how to make a significant impact on a young child’s (or grandchild’s) reading skills BEFORE they are even able to read a book on their own. Learn how to greatly enhance bedtime story-time with easy, engaging and ESSENTIAL activities that support reading development.

Dale Ginn taught young children in the upstate of South Carolina for thirty-three years. She is passionate about effectively teaching pre reading and reading skills to her students and their caregivers. In her course, parents and/or grandparents will learn about the importance of “playing around” with sounds and how it is an essential underpinning for learning to read.

“
OLLI is a staple in my life.
”

***New!* The Great Hunger: The Irish Potato Famine**

Thursday, July 18

6:30 p.m. to 8:00 p.m.

Cheezem Education Center

Tuition: \$19

The Great Famine of 1845–1849, also known as "the Great Hunger," led to the death of a million people and the emigration of a million more that reduced the population of Ireland by about roughly one quarter. Historian Jennifer Paxton explores the origins of the Famine in the difficult economic and political circumstances of Ireland in the early 19th century. She examines the controversy over the degree to which the British government can be held responsible and the impact of the Famine on the Irish landscape and culture. She'll focus also on the substantial Irish diaspora that spread resentment of British rule to North America and beyond. She concludes with a look at the legacy of the famine in Ireland and around the world today.

Jennifer Paxton is director of the Clemson University's honors program, associate dean of undergraduate studies and an associate clinical professor in the department of history at The Catholic University of America. **Note: Paxton will be presenting via Zoom as part of the Smithsonian Associates program.**

***New!* Preserve and Improve Your Memory**

4 Mondays, July 22 to August 12

9:00 a.m. to 10:30 a.m.

Zoom Virtual Classroom

Tuition: \$45

Would you like to improve your memory? Get better at remembering names? Are you concerned about Alzheimer's Disease as you get older? This course will teach time tested memory techniques and tips used by the ancient Greeks and by today's top memory competitors. You will also learn the latest science on brain health. You will learn about brain health exercise, diet, sleep and stress management techniques to help keep your mind sharp as you age.

Dave Beruh is a former Military Intelligence Officer. He developed a great interest in brain health and memory improvement, which he has now taught for seven years.

***New!* Right Brain Photography**

3 Tuesdays, July 23 to August 6

10:00 a.m. to 11:30 a.m.

Zoom Virtual Classroom

Tuition: \$37

This highly interactive course piggybacks on the author's award-winning book *Right Brain Photography*. Attendees will learn creative in-camera concepts, principles and techniques without spending hours in front of a computer manipulating images. Two photography paradigms/models in the book will be discussed and include concepts and techniques like intuition, extracting, impressionism and surrealism through photography and Eastern philosophy applications. Learn how to see with your imagination, not your eyes.

Eli Vega is a highly published and award-winning photographer and author. He has been a professional photographer for more than 20 years and has offered this course at three other Osher Lifelong Learning Institutes.

***New!* Quantum Mechanics Demystified**

Tuesday, July 23

6:45 p.m. to 8:00 p.m.

Cheezem Education Center

Tuition: \$19

Sean Carroll is known for his unique approach to sharing physics with a broad audience. Drawing on his new book, *Quanta and Fields*, he takes on quantum field theory and how modern physics describes nature at its most profound level. Starting with the basics of quantum mechanics, Carroll uses measurement and entanglement to explain how the world is really made of fields. He offers insights into why matter is solid, why there is antimatter, where the sizes of atoms come from and

why the predictions of quantum field theory are so spectacularly successful. He also teaches fundamental ideas like spin, symmetry, Feynman diagrams and the Higgs mechanism so any non-scientist can understand. **Note: Carroll will be presenting via Zoom as part of the Smithsonian Associates program.**

***New!* How Digital Deception Shapes Global Narratives**

Wednesday, July 24

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$19

This talk will discuss inauthentic digital content produced by troll farms, where and how these troll farms work and how they propagate misinformation and disinformation intended to persuade the public or government leaders. Using real world examples, it will examine differences in how countries around the world, including China and Russia, engage in online disinformation operations.

Clemson professor, **Darren Linvill**, studies disinformation in the rising field of social media forensics and data monitoring. As co-director of the Watt Family Innovation Center's Media Forensics hub, he works to expose foreign influence operations. Darren's work has been featured by outlets such as *The New York Times*, *The Wall Street Journal*, *Bloomberg*, CNN, NPR, ABC, and NBC. He has also written for *The Washington Post*, *Foreign Affairs*, *Lawfare*, and *Rolling Stone*, among others.

***New!* The Battle of Remagen: A Pivotal Moment In WWII**

Monday, July 29

6:30 p.m. to 7:45 p.m.

Cheezem Education Center

Tuition: \$19

General Dwight D. Eisenhower called the March 7, 1945, capture of the bridge at Remagen "one of those bright opportunities of the war." The Rhine River was the last natural barrier left open to Germany's heartland, and the only bridge still remaining was the Ludendorff railroad bridge

at Remagen. The 9th U.S. Armored Division took control of the strategically vital bridge only minutes before German forces had planned to destroy the Rhine crossing. What followed was an intense battle - for the Americans to cross or for the Germans to blow up the bridge first. After 18 days, fierce German counterattacks were finally repulsed allowing American troops to cross the Rhine. Gaining their foothold, they continued the battle and within two months Germany surrendered.

Military historian **Mitch Yockelson** shares the story of the Battle of Remagen and how this pivotal action ultimately shortened the war in Europe. **Note: Yockelson will be presenting via Zoom as part of the Smithsonian Associates program.**

***New!* American POWs in Vietnam**

3 Wednesdays, July 31 to August 14

9:00 a.m. to 10:30 a.m.

Zoom Virtual Classroom

Tuition: \$37

America was involved in Vietnam beginning in the late 1950s. The war involved Presidents Kennedy, Johnson and Nixon. When fighter jets and aerial bomb strikes began American pilots were shot down with Russian missiles. Their ordeal and story was put on television and in the media by North VietNam and Russia and American media. The prisoners were kept at Hanoi and other notorious prisons and were mistreated. Senator John McCain was one. Join us for a study into the Vietnam war from the perspective of the American POWs.

Russ Hutchins is a retired public school administrator. He holds an Ed.S. in school administration from Pittsburg State University, Kansas, and teaches for OLLI at The University of Kansas, OLLI at The University of West Virginia, and CALL at the College of Charleston.

“ OLLI is a wonderful way to continue lifelong learning! ”

New! Reducing Chronic Pain without Medicine

Tuesday, August 6

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$19

Pain and chronic pain become more common as humans age. Although medication is one way to treat pain, many other methods are available. Join this interactive class and learn some pain reducing techniques. Try out meditation, cognitive behavioral therapy and other non-medicine methods for reducing pain.

Eunice Lehmacher, LISW-CP, has worked as a medical social worker and psychotherapist in Oconee County for more than 20 years. She specializes in geriatrics, dementia, depression and anxiety and has taught many classes on various mental health topics. Lemacher enjoys leading interactive classes and support groups on a variety of mental health topics to help adults make choices that can lead to a healthier life.

New! The Provenance Trap: How Forgers Fool the Art World

Tuesday, August 6

6:00 p.m. to 7:45 p.m.

Cheezem Education Center

Tuition: \$19

"The world wishes to be deceived, so let it be deceived." This motto, attributed to the Roman satirist Petronius, is as true now as it was in the first century. The history of art forgery is packed with stories of tricksters who, while more pranksters than gangsters, succeeded in fooling the art world and profiting while doing so. Art historian **Noah Charney** uncovers the "provenance trap," a methodology in five variables that have most often - and most successfully - led to forgers fooling experts. Charney dives into a series of intriguing, quirky and enlightening case studies involving famous forgers: Han van Meegeren, John Myatt, Eric Hebborn, Ely Sakhai and Shaun Greenhalgh. **Note: Charney will be presenting via Zoom as part of the Smithsonian Associates program.**

New! What Can I Do to Help the Earth?

Tuesday, August 13

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$19

To save the Earth, we have to make big changes in the next eight years; and the only way to do this is to involve more people in making change. Using Katherine Hayhoe's book *Saving Us* as a jumping off point, this interactive workshop will share some exciting developments that make living green better and even exciting. Learn ways to live lightly on the Earth. It's not only good for the Earth, but good for us. Walk away with ideas on how to talk about Earth care (in a positive and fun way) with your own circle of friends and acquaintances. Two copies of *Saving Us* will be given to participants at the end of the session.

Eunice Lehmacher, LISW-CP, is social worker and psychotherapist who has lived in Clemson for more than 20 years. She's an active member of the Sierra Club, an avid gardener, a hiker, a volunteer in many local organizations and has completed many courses on teaching adults.

New! The Maya of Yucatan: Ancient Monuments, Modern Lives

Tuesday, August 13

6:30 p.m. to 8:30 p.m.

Cheezem Education Center

Tuition: \$19

The Classic Maya city-states of Central America that flourished from the third through the ninth centuries famously "collapsed" in the ninth and tenth. However, in the distinctive environment of the Yucatan Peninsula, a resurgent Post-Classic Maya culture arose that persisted until the incursion of the Spanish in the 16th century. Cultural Historian George Scheper leads a virtual excursion to the most storied ancient Maya sites of the Yucatan and raises the perennial scholarly question as to whether the Toltec culture of Central Mexico had a decisive impact on the architecture and iconography of Chichen Itza. While Chichen is one of the most accessible, frequently visited and widely

studied of Maya archaeological sites, it remains a site with far less scholarly consensus of interpretation than other sites.

George Scheper is a senior lecturer in the master of liberal arts program at Johns Hopkins University. **Note:** Scheper will be presenting via Zoom as part of the Smithsonian Associates program.

***New!* Greenville, South Carolina: From Textile Capital of the World to International City**

Wednesday, August 14
1:00 p.m. to 2:30 p.m.
Cheezem Education Center
Tuition: \$19

Greenville, South Carolina wins plaudits for its downtown and appears on national lists of best places to live. It serves as an economic and cultural center for the upstate, yet it once faced a declining downtown with the loss of the textile industry that once employed over 20,000 residents. Learn how Greenville developed from a city, primarily known for textile manufacturing, to a hub for international business and how the city revitalized its downtown. This talk addresses how Greenville evolved through the leadership of individuals such as Max Heller and Charles Daniel and because of national and global economic forces. Greenville’s relationship to other southern cities and the potential downsides of revitalization and growth are also explored.

Dr. Andrew Harrison Baker, a lecturer of history at Clemson University, conducts research that focuses on the post-World War II American South. He is currently preparing a book manuscript titled “The Buckle of the Bible Belt: Sunbelt Politics, Economic Development, and Religion in Greenville County, South Carolina, 1970-2020.” His article on former Greenville Mayor Max Moses Heller appeared in *Southern Jewish History* in 2022. He has also presented on Heller and Greenville history at the Upcountry History Museum.

“
OLLI is a treasure for the community.
”



Code of Conduct
**FOR MEMBERS AND INSTRUCTORS OF
OLLI AT CLEMSON UNIVERSITY**

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct) in promoting behavior that enables enlightened discourse among individuals.

MEMBERSHIP AND REGISTRATION FORM SUMMER 2024

Please complete this form, even if you think we have this information on file.

Name _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female Male Date of Birth (Month, Year) _____

Catalog Format: Email Catalog U.S. Mail Catalog

Email Communication: Yes No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Annual Membership Fee (Membership runs from today to June 30, 2024.)

I am a NEW OLLI member and paying my first membership fee (\$50) \$ _____

I am renewing my lapsed OLLI membership (\$50) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

Check enclosed (payable to OLLI at Clemson University)

Visa MasterCard Discover American Express

Card #: _____ Expiration Date: _____ CVC: _____

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MEMBERSHIP AND REGISTRATION FORM SUMMER 2024

Please complete this form, even if you think we have this information on file.

Name _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female Male Date of Birth (Month, Year) _____

Catalog Format: Email Catalog U.S. Mail Catalog

Email Communication: Yes No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Annual Membership Fee (Membership runs from July 1 to June 30.)

I am a NEW OLLI member and paying my first membership fee (\$50) \$ _____

I am renewing my lapsed OLLI membership (\$50) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

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Course Name _____ Tuition: \$ _____

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Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

Check enclosed (payable to OLLI at Clemson University)

Visa MasterCard Discover American Express

Card #: _____ Expiration Date: _____ CVC: _____

Cardholder's Name: _____



REGISTRATION INFORMATION

4 Easy Ways to Register

- **Online:** www.olliatclemson.org, click the link “online registration” (credit card payment only)
- **By Phone:** 864-633-5242 (credit card payment only)
- **By Mail:** 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- **In Person** at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI Course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclemson.org, under the registration tab. All Members are encouraged to review this information when registering. If an OLLI Course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the Course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the Course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the Course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk Courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclemson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a Course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$50; a half year membership (January to June) is \$32.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclemson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.

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OLLI at Clemson University
100 Thomas Green Blvd.
Clemson, SC 29631

Phone: 864-633-5242
Email: olli@clemson.edu
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Saluting Heroes!

Clemson Downs recognizes and honors those who have served our country so bravely. Pictured is retired U.S. Air Force Master Sergeant Dr. Louis Williams, Veteran of Korea, Clemson College '59 and '61, with his wife Elise being honored as the Hero-of-the-Game at Clemson University.

Clemson Downs proudly cares for all of our residents. Our full continuum of care offers independent living, assisted living, memory care, and skilled nursing care to meet your needs.



CLEMSON DOWNS

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