**Visual:**

Brightness

Perspective

Associated/dissociated

Size

Black and white or color

Framed or unframed

Balance or unbalanced

Shape

Distance

Location

Clarity

Contrast

Focus

Duration

Moving or still

Steady or intermittent

Speed

Direction

Flat or dimensional

Sparkly or dull

Vertical or horizontal

Texture

Magnification

Digital or analogue

Symmetry / assymetrical

Lighting direction

Strobe effect

Opaque or transparent

Dense in pixels or sparse

Tilt / spin / orientation

Ratio aspect of height and width

Panoramic or framed location

Multiple images or single images

Self in context

Foreground or background

**Auditory:**

Distance

Contrast

Clarity

Number

Pitch

Tempo

Rhythm

Location

Duration

Consistent / intermittent

Associated / dissociated

Timbre / tonality

Stereo / mono

Internal / external

Number

Symmetrical / assymetrical

Clarity / foggty

Figure / ground

Continuous / interrupted

Volume

Rhythm

Tempo (speed)

**Kinesthetic:**

Pressure

Movement

Location

Duration

Intensity

Texture

Hot / cold

Shape

Size

Intensity

Duration

Frequency (tempo)

**Tactile: skin senses**

Proprioceptive – muscle senses and other internal sensations

**Evaluative meta feelings**

about feelings, perceptions or representations

**Olfactory and gustatory**

Sweet

 Sour

Bitter

Salt

Burnt

Aromatic

 fading in and out

changes in intensity and duration

 odors and tastes are powerful anchors of state