

# MYSTICS RISING

*An Awakening Academy for  
Modern Mystics & Future Light Leaders*



A place to receive the **SUPPORT** you need,  
*(the discipline, community, accountability, inspiration, & motivation) . . .*

To live in wild, free **SOVEREIGNTY**,  
*(as a courageous, confident, conscious master of yourself,  
able to dispense the medicine you need) . . .*

So that you can truly be of **SERVICE** to this world!  
*(rise up as the embodied solution,  
& offer your unique medicine to this world!)*

**Mystics Rising consists of three separate (yet highly complimentary) components:**

- 1) *Membership*
- 2) *Mentorship*
- 3) *Leadership*

***The intention of the Membership*** is to offer transformative **support** for the collective awakening. Through live group coaching calls, ceremony & ritual, and a library of recorded resources, members will find a place of refuge and sacred community that is both affordable and truly powerful.

***The intention of the Mentorship*** program is to offer top-notch, life-transforming, private coaching, from a variety of quality, certified coaches. The Mentorship experience focuses on cultivating the quality of relationship needed with oneself to truly awaken, as well as learning to embody one's spiritual **sovereignty** in the world.

***The intention of the Leadership*** aspect of Mystics Rising is to provide a training academy for those who want to rise in **service** in this world. It will offer continued transformative mentorship as well as a quality curriculum for embodying leadership in life and business.

**The 3 components of Mystics Rising** (membership, mentorship, & leadership)  
**correspond to the 3 stages of awakening: -Disciple -Initiate -Apprentice**

## Stage 1: **DISCIPLER** - Become a Disciple of Your Highest Self, (not the small ego self)

**DISCIPLESHIP** is the stage that a rising mystic must establish early on - it is foundational and integral. It is where we cultivate *Sankalpa* - Intention - as well as *Sadbhava* - our Daily Practice. It's where we shift our paradigm from attacking ourselves (*living through our small ego self*) to living as Disciples of our Selves (*the Highest Self*). This 'stage' lasts forever, and deepens and evolves over time. This is the spiritual well that you dig for yourself and will drink from for the rest of your life (*and also future lives too!*).

To offer the **SUPPORT** you need to create, cultivate, and sustain your spiritual awakening practices, Mystics Rising offers a monthly **MEMBERSHIP**. Through transformative coaching, ceremony, classes, workshops, and awakening resources you will receive the inspiration, accountability, community, and discipline you need to stay the course (*and go further than you ever believed possible!*).

## Stage 2: **INITIATE** - Claim Your Desire to Awaken, Become the Medicine You Need

**INITIATION** is an inevitable part of life, but walking through the portals of an initiation consciously is a whole different level! At the stage of Initiate, a rising mystic decides to truly befriend themselves, and walk through life united, instead of divided. This decision is not minor, can be life altering, and can be exponentially increased through spiritual **MENTORSHIP**. Mystics Rising offers private, transformative coaching with qualified, dedicated awakening coaches.

Our **MENTORSHIP** program offers 3 levels of coaching:

-**Initiation** - 3 month mentorship

-**Master's in Me** - 9 month mentorship (*plus a 1 month Graduation Project*)

-**PhD in Me** - 9 month mentorship (*plus a 1 month Graduation Project*)

These are all designed to radically transform your relationship with yourself and your understanding and embodiment of spiritual **SOVEREIGNTY**. An Initiate is one who is ready for more - who feels both excitement & fear at the thought of working with a mentor - but ultimately cannot drown out the call to awaken. At this stage, you will naturally desire a spiritual teacher, plus let's be real, to radically awaken a guide is essential. In fact, as all of our coaches can confirm, without a teacher, a mentor, or a guide, none of us would be where we are today.

## Stage 3: **APPRENTICE** - Embody Your Service, Become a Light Leader in this World

**APPRENTICESHIP** is a whole vibe. An embodiment. An attitude of gratitude. It's a mission and a purpose in and of itself, because an Apprentice is one who desires to be of **SERVICE** to this world. It is one who embodies both humility and inner power. It is one who is ready to consciously shift from living for oneself to living for all, from awakening for oneself to awakening for all, and from hiding oneself to sharing one's all. It is the natural progression of Mystic to Mentor.

Mystics Rising Light **LEADERSHIP** program is for our mentorship graduates who are ready to go big (*or at least go bigger!*). Bigger in their life, bigger in their business, bigger in their ability to fearlessly shine their light and voice.

## **Here's some more detailed info on the 3 components of Mystics Rising:**

*-the **Membership** for Awakening Support,*

*-the **Mentorship** for Spiritual Sovereignty,*

*-and the **Leadership** for Embodied Service.*

## **Mystics Rising MEMBERSHIP**

The path of awakening can be long and arduous . . . if you're alone!

The Mystics Rising Membership is designed to prevent the worst obstacles on the path; loneliness, depression, confusion, indecisiveness, non-commitment, self judgment, and jealousy. Instead, we are here to facilitate conscious community, sisterhood & brotherhood, sacred space, healing of trauma, cultivation of self practice, and the exploration of new ideas and potentialities.

**The MEMBERSHIP Includes:**

- 4 LIVE Mystic Meetings a Month (60-90 min Group Coaching Virtual Calls)
- 1st of the Month Mystic Message (VID) plus accompanying recorded resources:
  - +Mindset +Meditation +Mantra / Music +Movement
- Library of ReSources of all Recorded Material
- 1 Solstice / Equinox Online Retreat per Quarter

## **Mystics Rising MENTORSHIP**

**Level I - INITIATION** - a 3 month journey

Enrollment in the Mystics Rising Mentorship program begins with a powerful 3 month deep dive into the art of "**Initiation**." This 90 day journey is a guaranteed catalyst to your awakening/ healing process and is designed to provide immense clarity, confidence, and ability to move forward on your path like never before, especially through the hard stuff.

Through 9 powerful, one on one, transformative coaching calls and a mentored self led retreat, expect big momentum in your life from this journey together. This private mentorship includes all the membership perks, plus supportive weekly text messages, and private access to your coach thought the entire experience.

This mentorship is customized around your goals, learning style, interest, and intention. Can include diving into meditation, chanting, breath work, and more, or simply sticking with transformative coaching. This is about finding what is medicine for you.

No experience required, and no obligation to move forward through the program afterwards. This journey is complete within itself, or can be your Initiation into the Mystics Rising Master's Program.

## Level 2 - **MASTER'S IN ME** - a 9 month journey

After experiencing the potent 3 month deep dive into *Initiation*, you will be ready to do the work required for the level of transformation you truly desire. With your mentor at your side, we will crawl courageously into the depths of your shadow, as well as climb to the highest mountain ranges of your Soul. Through 9 months of private transformative coaching calls, quarterly online retreats, a customized personal spiritual practice, as well as a curated curriculum, you will truly become a Master in healing yourself and sustaining your personal awakening process. Get to know yourself at a level rarely experienced, and at a level required for your profound spiritual advancement.

Completion of *Initiation* is required to advance to the Master's program.

Full membership perks are included, as well as access to your coach throughout the entire experience. Although there is a curriculum to this program, it is extremely customized.

## Level 3 - **PhD IN ME** - a 9 month journey

The Mystics Rising PhD Program is available to those *Master's in Me* graduates who desire even more; more healing, more awakening, and more service as a healer in this world. In the Doctorate program we learn to truly dose out the medicine we need; the love, the forgiveness, the accountability, so that we can live as medicine for this world. This 9 month program is for those to want to rise in service, in purpose, and in impact in this world, all the while continuing to awaken to new heights (and depths) of spiritual connection.

Completion of the *Master's in Me* program is required to advance to the PhD program.

Full membership perks are included, as well as access to your coach throughout the entire experience. This program is extremely customized to the student.

## BONUS Level - **GRADUATION JOURNEY** - a 1 month project

After both the Mystic Rising Master's program and PhD program there is a 1 month Graduation Project/Journey. This unique experience includes a self project and self pilgrimage - including the option to participate in a private Awaken Adventure with Shae (*locations include Tennessee, Hawaii, & Costa Rica, plus more*).

## **The full Mystics Rising MENTORSHIP program includes:**

-3 Month **INITIATION** Deep Dive

-9 Month **MASTER'S IN ME** Program

-1 Month **GRADUATE PROJECT**

-9 Month **PHD IN ME** Program

-1 Month **GRADUATE PROJECT**

- Each program can be repeated.
- Each program is independently purchased.
- Custom payment plans offered as well.