

Medical Travel – Comprehensive Treatment Portfolio

PLASTIC SURGERY

- Mommy Makeover

A combination of surgical procedures designed to restore a woman's body after pregnancy and childbirth. It usually includes a tummy tuck, breast surgery, and liposuction. The goal is to enhance body contours and boost confidence. This personalized procedure helps women feel rejuvenated and youthful again.

- Nose Aesthetics (Rhinoplasty)

Rhinoplasty reshapes and refines the nose for aesthetic or functional purposes. It can correct breathing problems and create facial harmony. Modern techniques minimize downtime and scarring. The procedure is performed under anesthesia by experienced surgeons.

- Tummy Tuck (Abdominoplasty) Surgery

This surgery removes excess skin and fat from the abdomen while tightening the muscles. It is ideal for individuals who have loose skin after pregnancy or significant weight loss. Results include a flatter and firmer abdominal profile. Recovery takes a few weeks with long-lasting results.

- Liposuction

Liposuction targets stubborn fat deposits that do not respond to diet or exercise. It can be applied to the abdomen, thighs, arms, and other body areas. The procedure contours the body for a more balanced shape. It offers immediate and noticeable results with minimal scarring.

- Breast Augmentation

Breast augmentation enhances the size and shape of the breasts using implants or fat transfer. It is one of the most popular cosmetic surgeries worldwide. The results provide natural symmetry and improved body proportion. The procedure is safe and customized to individual preferences.

- Breast Reduction

This surgery removes excess breast tissue and skin to relieve discomfort caused by large breasts. It improves posture and overall body balance. Patients often experience less back and neck pain after surgery. It also enhances self-esteem and physical comfort.

- Breast Lift

A breast lift raises and reshapes sagging breasts without changing their size. It restores youthful firmness and contour. The procedure is ideal for women experiencing drooping due to aging or weight changes. Results are natural and long-lasting.

- Gynecomastia

Gynecomastia surgery removes excess breast tissue in men for a flatter, more masculine chest. It boosts confidence and self-image. The procedure is performed with minimal scarring. Recovery is quick, and results are permanent.

- Arm Lift Aesthetics

An arm lift removes excess skin and fat from the upper arms, creating a firmer contour. It is especially beneficial after major weight loss. The surgery enhances arm definition and tone. Scars are minimal and placed in inconspicuous areas.

- Brazilian Butt Lift (BBL)

The BBL enhances the size and shape of the buttocks using the patient's own fat. Liposuction is used to harvest fat, which is then purified and injected into the buttocks. The result is a natural-looking, curvy silhouette. It is one of the most desired body contouring procedures.

- Thigh Lift

Thigh lift surgery tightens and reshapes the thighs by removing excess skin and fat. It results in smoother and more toned legs. The procedure enhances mobility and comfort. It is often combined with liposuction for optimal results.

- Eyelid (Blepharoplasty)

Eyelid surgery rejuvenates the eye area by removing excess skin, fat, and wrinkles. It eliminates the tired look and creates a youthful appearance. Both upper and lower eyelids can be treated. Recovery is fast and scars are nearly invisible.

- Otoplasty Surgery

Otoplasty corrects prominent or misshaped ears for better facial harmony. It is commonly performed on children and adults. The surgery creates a natural ear contour. The results are permanent and confidence-boosting.

- Face Lift

A face lift smooths wrinkles and tightens facial skin for a younger look. It addresses sagging cheeks, jawline, and neck. The procedure is tailored to individual needs and can be combined with eyelid or neck surgery. Results are natural, not artificial.

- Neck Lift

A neck lift targets sagging skin and fat deposits around the neck and jawline. It restores a smooth and defined profile. The surgery is minimally invasive and produces a youthful look. Healing is quick with lasting effects.

- Buccal Fat Removal

This cosmetic procedure removes buccal fat pads from the cheeks to create a slimmer face. It enhances cheekbone definition and facial balance. The operation is short and performed under local anesthesia. Results appear gradually over several weeks.

DENTAL TREATMENTS

- Hollywood Smile

A Hollywood Smile combines veneers, whitening, and alignment treatments for a radiant smile. It creates perfect symmetry and brightness using high-quality materials. Each smile design is customized to match the patient's facial features. Results are long-lasting and boost self-confidence.

- Dental Implant

Dental implants replace missing teeth with durable, natural-looking artificial roots. They restore chewing function and prevent bone loss. The procedure is safe and offers a lifetime solution. It enhances both aesthetics and oral health.

- Zirconium Tooth Veneers

Zirconium veneers provide high durability and an elegant, translucent appearance. They are resistant to staining and wear. The treatment offers a natural look and perfect color harmony. It is ideal for those seeking a premium aesthetic solution.

- Tooth Whitening

Professional whitening treatments safely remove stains for a brighter smile. They are quick, painless, and highly effective. The process can lighten teeth several shades in one session. It boosts self-esteem and creates a healthy appearance.

- Full Mouth Dental Implant

This procedure replaces all missing teeth with implant-supported prosthetics. It restores full chewing ability and facial structure. The result is a natural, permanent, and confident smile. Maintenance is minimal compared to traditional dentures.

- All-on-4 Dental Implants

The All-on-4 technique uses four implants to support a full arch of teeth. It offers stability, comfort, and quick results. Patients can enjoy a new smile within days. It's ideal for those with significant tooth loss.

- All-on-6 Dental Implants

Similar to All-on-4, this method uses six implants for greater stability and load distribution. It provides enhanced chewing strength and longevity. The results are highly aesthetic and durable. It is recommended for patients with sufficient bone density.

HAIR TRANSPLANT

- FUE Hair Transplant

FUE involves extracting individual hair follicles and implanting them into bald areas. It leaves no visible scars and provides a natural hairline. Recovery is fast, and results improve over months. It is a safe and effective solution for hair loss.

- DHI Hair Transplant

DHI uses a special implanter pen for direct hair implantation without incisions. This technique ensures higher density and faster healing. The results are natural and long-lasting. It's suitable for both men and women.

- Beard Transplant

Beard transplantation restores patchy or thin facial hair using grafts from the scalp. The results look completely natural. It improves facial definition and masculinity. The procedure is minimally invasive with permanent outcomes.

- Moustache Transplant

This method enhances moustache density through precise hair grafting. It's ideal for men with sparse or uneven growth. Healing is quick and scarring is minimal. The final results are natural and permanent.

- Eyebrow Transplant

Eyebrow transplantation uses fine hair grafts to shape and fill the brows. It creates fuller, natural-looking eyebrows. The process enhances facial aesthetics and symmetry. Results are long-lasting and low maintenance.

OBESITY SOLUTIONS (BARIATRIC SURGERY) – Re-fetch Your Health and Youth

- Tube Stomach (Sleeve Gastrectomy)

This surgery reduces the stomach size, helping patients feel full with less food. It is one of the most effective treatments for long-term weight loss. The procedure also improves diabetes, hypertension, and sleep apnea. It significantly enhances overall quality of life.

- Gastric Balloon

The gastric balloon is a non-surgical weight-loss procedure where a soft balloon is placed in the stomach. It helps reduce food intake and promotes early satiety. The procedure is reversible and safe. It's suitable for patients who prefer a temporary and non-invasive option.

- Reflux Surgery

Reflux surgery corrects the backflow of stomach acid into the esophagus. It relieves symptoms like heartburn and improves digestion. The operation strengthens the lower esophageal sphincter. It provides lasting relief for patients unresponsive to medication.