



# Somato®



## Whole Food Derived Phytomelatonin from Tomato

### Frequently Asked Questions



#### ○ What is it?

Somato® is a **patent-pending, whole-food derived & SA-GRAS Affirmed** Phytomelatonin from tomato fruits, standardized to 5% Phytomelatonin and rich in other tomato-derived nutrients (such as Lycopene & GABA).

#### ○ What are the health benefits of Somato?

○ Sleep health ○ Skin & Hair health ○ Mood health ○ Hormone health ○ Heart health ○ Gut health ○ Immune health

#### ○ What about safety?

Somato® is derived from the most popular fruit in the world, tomato, which is associated with a long history of safe use and various health benefits.

Somato® is SA-GRAS Affirmed.

#### ○ What studies/tests have been performed on Somato?

A 28-day real-world study on 22 healthy adults highlighted Somato®'s benefits. Results showed significant improvements in sleep parameters including sleep latency and efficiency, time awake, and overall sleep score. These sleep gains were accompanied by a significant improvement in emotional well-being, reflecting overall benefits for mind-body wellness. Somato® is also Alkemist Assured™, a prestigious designation providing independent, third-party verification of its tomato fruit origin and adherence to the highest quality and transparency standards.

#### ○ Where and how is Somato sourced and manufactured?

Somato® is sourced from upcycled tomatoes.

Somato® is manufactured at Nutraland's **BRC Grade-A Certified & US FDA Inspected** facility utilizing a patent-pending process in compliance with 21 CFR 117.

Somato® is produced using only fair and ethical trade and labor practices and complies with current governmental EHS (environmental, health & safety) regulations both domestically and internationally.

#### ○ What is the difference between Somato and synthetic Melatonin?

Unlike most melatonin ingredients in the market today which are synthetically made in a lab, Somato® is a source of Phytomelatonin naturally derived from a whole-food source, tomato.

In addition to Phytomelatonin, Somato® also contains other nutrients from the whole tomato (such as Lycopene & GABA).

#### ○ What are formulation options for Somato?

○ Tablets ○ Capsules ○ Softgels ○ Effervescent ○ Gummies ○ Melts ○ Powdered beverages ○ RTD's ○ Oral Strips

#### ○ What is the regulatory compliance status of Somato?

○ GRAS ○ Vegan ○ Kosher ○ Halal ○ Allergen-free ○ Gluten-free ○ Non-GMO/BE ○ Prop-65 compliant



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