



Welcome
To
Odyssia Learning™

~Empower Your Future~

~ Odyssia Learning Holistic Health & Wellness ~

"One child, one teacher, one book, one pen... can change the world".

~Malala Yousafzai~



The Mission and Vision of Odyssia Learning

The Mission of Odyssia Learning is...

“To improve the quality of education in low under-privileged regions throughout the world, and to help students strategically achieve transformative growth in a dynamic digital community”.



The Vision of Odyssia Learning is...

“To level the playing field for all; the privileged and low under-privileged, and for all to have access to a world-class education via the new digital medium”.

Odyssia Learning™



Odyssia Learning Holistic Health & Wellness

The Wellness LifeStylist Holistic Health Platform... *Healing of Body, Mind, and Spirit.*



Odyssia Learning is honored to collaborate with **The Wellness LifeStylist Holistic Health Platform...**
Together, helping raise awareness and share knowledge that allows for healing of Body, Mind Spirit... and Lives!



The Wellness LifeStylist... Teachings



Understanding the Infinite Healing of Body, Mind, Spirit Connection

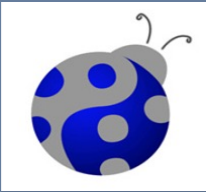
The teachings on The Wellness LifeStylist Platform provide substantial insight on how our emotional health and well-being is directly related to our physical health and well-being.

Flourishing in our physical body and having vibrant health is much more complex than simply having a so-called perfect diet and/or exercise routine.

Having Vibrant Health...

Genuine understanding of the Body, Mind, Spirit connection, heightened consciousness, and allowing these areas to be re-connected, are a necessary part of one's journey to vibrant health, happiness and inner-peace.



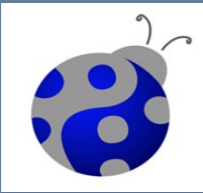


Good Health Is No Coincidence!

Among the numerous Benefits you'll receive from The Wellness LifeStylist Platform...

- ❖ *Understanding “why diets have and will always fail you”.*
- ❖ *Learning how to “listen to your body” and what is it desperately trying to tell you.*
- ❖ *Learning what your “symptoms” mean and how to empower your innate “self-healing”.*
- ❖ *Make sense of what doesn't appear to make sense.*
- ❖ *Understanding Body-types & how to begin working with your body, instead of against it.*
- ❖ *Understanding proper diet detox, weight loss/release.*
- ❖ *Understanding proper digestion and enzyme supplementation.*
- ❖ *Understanding trapped stagnate energy in the body and how to release it.*
- ❖ *Understanding what ‘synthetic’ vitamins are and how they harm you. Learn the solutions.*
- ❖ *Learning about the importance of proper pH and how it pertains to your weight and health.*
- ❖ *Learning about the importance of the lymph system and your health.*





“Transformation” ... The Journey of Weight “Release”

The *Transformation Teachings* guide you on a journey of healing that encompasses the necessary areas that must be addressed for authentic healing, health and complete wellness to transpire.

Why Understanding Your Body Type is Key To Your Health!

The Transformation teachings are for individuals who genuinely desire to learn what to do for themselves and for their Loved Ones in order to have and to maintain good health, which in turn provides them getting to, and then maintaining their ideal weight!

These Teachings are for those who have come to understand that there is no-one better than themselves to have the knowledge for what is going on with their body and health. The Transformation teachings are for those who are ready to accept the fact that the only way to have and maintain good health is to take responsibility for doing so.

The First Step in taking responsibility for your health is to learn...

“What Your Body Type is”.



Among the numerous Benefits you'll receive from Understanding Your Body Type are...

- ❖ *You know how to restore your balance & heal yourself*
- ❖ *You can work with your body instead of against it*
- ❖ *Your appetite is naturally controlled*
- ❖ *Why you store fat where you do on your body*
- ❖ *Why you crave certain foods*
- ❖ *You can identify potential health risks*
- ❖ *What foods work best for you and what one's work against you*
- ❖ *How to exercise most effectively for your unique Body Type*
- ❖ *You have more natural energy*
- ❖ *You look and feel better*
- ❖ *You feel more peaceful*
- ❖ *You improve your health & longevity*
- ❖ *You naturally heal your body, mind, and spirit*

Work With Your Body, Instead of Against it!

*Knowing what your **Body Type** is can open-up a whole new world for you in understanding how to 'Work with your body, instead of against it'.*

Even of more importance is knowing 'What foods you need to be eating; How often to eat those foods, and What foods to currently stay away from'.

In having this knowledge, you'll experience an array of positive life-changing benefits...

Visit www.OdyssiaLearning.com to learn more about The Wellness LifeStylist Healing & Health Teachings!





Kathleen S. McGowan,
D.D., C.M.A., C.N.C. R.M., N.A.M.W.
~The Wellness LifeStylist~

Wellness Consultations & Mentoring Categories:

- ❖ Nutrition
- ❖ Health & Wellness
- ❖ Healing & Integration of *Body, Mind, Spirit* Connection
- ❖ Your Unique Body Type... *Working with your body, instead of against it.*
- ❖ Detoxification, Weight Loss/Release, Energy Enhancement, Clear Brain
- ❖ Emotional & Spiritual Healing & Empowerment
- ❖ Healing & Empowerment after Narcissistic Abuse
- ❖ Energy Healing
- ❖ Thermal-Regulation Temperature Analysis & Oils
- ❖ Women's Empowerment
- ❖ Women's Entrepreneur Training & Mentoring



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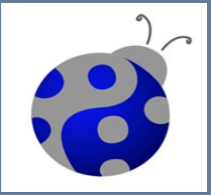
~The Wellness LifeStylist~

Visit www.OdyssiaLearning.com to:
Learn more, Schedule Consultation,
Access the Holistic Wellness Product
Store!

Holistic Health & Wellness Product Store Categories

- ❖ *PLANT-BASED (non-Synthetic) Nutritional Supplements...*
 - Detoxification, Weight Loss/Release
 - Digestion Support Supplementation
 - Pure Native American Indian Therapeutic Essential Oils
 - Shiaqqa/ Super Wild Apan
 - Immune System & Homeostasis
 - Thermal-Regulation Infinite World Healing Products
 - Lung Support Health
 - Pain Relief Natural Support
 - Pet Health
 - Natural Skin Care
- ❖ Health & Wellness Equipment
- ❖ Healy /Healing Frequency Equipment
- ❖ Water Filtration Systems
- ❖ Monthly Wellness Memberships

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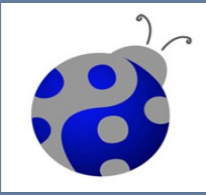


Odyssia Learning...

We invite you to collaborate with us in "Positively Impacting Lives Worldwide!"



Odyssia Learning™



Odyssia Learning, Inc. was formed in 2011. The Company is based in Los Angeles, California, USA. The Company purpose is to *"Help students achieve academic development through e-Learning"*.

*We are honored to have positively impacted thousands of lives through our **on-line education platform**, and we will continue to positively impact and transform lives for decades to come!*

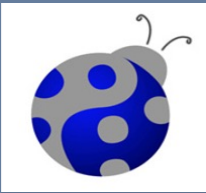
At Odyssia Learning, we believe that good high-quality education shouldn't be difficult to attain.

Our goal is to make it simple for everyone to have access to it!

We invite you to learn more about Odyssia Learning and how lives are positively being impacted, worldwide!

We also invite you contact us to learn about the different ways you can be involved in making a genuine positive impact on lives around the world with us!

Thank you.



Odyssia Learning™

~Positively Impacting Lives, Worldwide~

To learn more please visit us at:

www.OdyssiaLearning.com

email:

Info@OdyssiaLearning.com

Odyssia Learning...

*Helping Students Strategically Achieve
Transformative Growth!*

Odyssia Learning™



*Thank you for spending this time to learn more about
Odyssia Learning and how with our collaborative partners we are...
“Positively Impacting Lives, Worldwide”.*



Thank you for caring enough!