



Welcome

To

Odyssia Learning™

~Empower Your Future~

~ Odyssia Learning Women's Empowerment ~

"One child, one teacher, one book, one pen... can change the world".

~Malala Yousafzai~



The Mission and Vision of Odyssia Learning

The Mission of Odyssia Learning is...

"To improve the quality of education in low under-privileged regions throughout the world, and to help students strategically achieve transformative growth in a dynamic digital community".







The Vision of Odyssia Learning is...

"To level the playing field for all; the privileged and low under-privileged, and for all to have access to a world-class education via the new digital medium".



Odyssia Learning Women's Empowerment

The Wellness LifeStylist... A Light on the Path of Emotional Healing & Finding True-Being



Odyssia Learning is honored to collaborate with **The Wellness LifeStylist...** *Together, helping 'Empower Women'*.



The Wellness LifeStylist... 'Women Empowerment' Teachings

"Illumination"... The Journey of Emotional Healing

&

"Metamorphosis"... The Journey to True-Being



Benefits from these Teachings...

- * Recapture Hope
- ❖ Healing of Body, Mind & Spirit
- Empowerment
- Healthy-Boundaries
- * Non-Bullying
- Victim to Victorious
- Character Building
- ❖ Be Inspired & Inspire
- Self-Value
- * Self-Esteem
- Heightened Confidence
- Heightened Understanding
- Heightened Consciousness

...And much more!





"Illumination"... The Journey of Emotional Healing



The "Illumination" teachings, provide significant insight into vast depths and multiple areas that must be addressed during one's journey of emotional healing.

The 'Illumination' Teachings... are for individuals who currently are living or who in the past have lived/survived in a toxic/abusive environment/relationship. These teachings are particularly for you if you have experienced a person who has a narcissistic personality in your life, whether it be in your personal or business life.

The Illumination teachings actually walk you through the journey of healing from narcissistic abuse. This training is also greatly beneficial for those who have experienced a difficult or toxic environment during their childhood.



"Illumination"... The Journey of Emotional Healing

The Illumination Training addresses questions, (that most likely if you are on the receivership-side; (currently a victim or in a victim-state subconscious mindset from narcissistic abuse and just haven't totally realized it yet), that you've probably already been asking/telling yourself, such as:

- **❖** Am I crazy, or are they?
- Am I too sensitive?
- Is it normal to live in fear?
- Am I stupid?
- Will he/she change one day and everything then be ok?
- **&** But...they treat me nicely sometimes so they must really love me.
- **❖** How could it be possible to change my life from what it is now?
- **❖** I just somehow need to make it through this for my children.
- What is a narcissist?
- ***** What is narcissistic abuse?
- **❖** Could it really be possible that I'm being abused? Surely that's not what this is. There must be some other explanation.
- ❖ I'm too old or it's too late to change my life now" or "No one can know, or no one will believe me about what my world really looks like behind closed doors".



The "Illumination" teachings, provide significant insight into vast depths and multiple areas that must be addressed during one's journey of emotional healing.



Recapturing Hope & Healing Your Life



Connecting the Dots... "Placing the missing puzzle pieces"

In the journey of emotional healing, areas where "dots-are-not-yet-connected" are vital to understand in order to gain answers to questions that you most likely have if you've ever had a person with a narcissistic personality in your life. Among some of the other many questions that can make someone feel as if 'they're crazy' are...

The 'Illumination' Teachings will provide you with understanding to the following questions & many...

- *Q:* How did my relationship/marriage become this?
- Q: What happened to me and to my life?
- Q: Why do I allow myself to be treated this way?
- Q: Why do I seem to always draw toxic/abusive people/ relationships to myself?
- Q: What's wrong with me, I shouldn't feel this bad?
- *Q: Am I crazy or are they?*
- Q: When did I become lost in my own life?
- *Q*: Why do I keep repeating the same thing over and over?
- Q: I feel fear, and I feel like I'm walking on egg-shells.... what's wrong and what can I do?
- Q: I feel paralyzed in my own life, is there an answer?

Visit <u>www.OdyssiaLearning.com</u> to learn more about The Wellness LifeStylist 'Women's Empowerment' Teachings!



"Metamorphosis"... The Journey to True-Being



The 'Metamorphosis' Teachings...

The "Metamorphosis" teachings are for those who feel a deep inner-calling guiding them. Guiding them with an innate knowledge that 'Now' is the time to journey deeper inside themselves to gain greater understanding and clarity about who they are and who they are not. To gain deeper understanding about their life journey and their higher purpose.

These teachings are for those that have come to the point in their life journey where they genuinely desire to gain insight into the root cause behind 'unrest' within them. It is for those who want to journey down the path that is necessary to heal their body, mind and spirit in order to gain freedom from suffering so they can live empowered and joy-filled lives.



"Metamorphosis"... The Journey to True-Being

The "Metamorphosis" teachings provide significant in-depth insight into the areas that are necessary to address, as to assist an individual in moving forward and reclaim who they truly are. These areas include, but are not limited to:

- Understanding why 'and how your story' was created... and that it does not, and should not define you
- **❖** Understanding what your 'Inner-child is' and what your (probably unbeknownst to you)...'Mask' is
- How to release 'energetic blocks
- Transcending restrictive barriers that fear is holding us captive in
- ❖ Understanding the 'trauma vortex' and the associated response systems and filters that are created, and more importantly, how we can release them
- ... All of these, and more which are necessary to "Find our True-Being".



The "Illumination" teachings, provide significant insight into vast depths and multiple areas that must be addressed during one's journey of emotional healing.



"Metamorphosis"... The Journey to True-Being



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"Metamorphosis"... The Journey to True-Being



The Journey to 'True-Being' can be a difficult journey to travel... however, the consequences of not traveling it and never re-claiming your "TRUE-BEING", I believe, are far more painful and ultimately a greater price is paid for not "Stepping Into Your True-being'.

~ You don't need to travel this journey alone, we are here for you~

Always in Peace, Grace and Gratitude, Kathleen S. McGowan The Wellness LifeStylist

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Odyssia Learning...

We invite you to collaborate with us in "Positively Impacting Lives Worldwide!

















Odyssia Learning, Inc. was formed in 2011. The Company is based in Los Angeles, California, USA. The Company purpose is to "Help students achieve academic development through e-Learning".

We are honored to have positively impacted thousands of lives through our **on-line education platform**, and we will continue to positively impact and transform lives for decades to come!

At Odyssia Learning, we believe that good high-quality education shouldn't be difficult to attain.

Our goal is to make it simple for everyone to have access to it!

We invite you to learn more about Odyssia Learning and how lives are positively being impacted, worldwide!

We also invite you contact us to learn about the different ways you can be involved in making a genuine positive impact on lives around the world with us!

Thank you.





Odyssia Learning...

Helping Students Strategically Achieve Transformative Growth!

Odyssia Learning[™]...

~Positively Impacting Lives, Worldwide~

To learn more please visit us at:

www.OdyssiaLearning.com

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Thank you for spending this time to learn more about

Odyssia Learning and how with our collaborative partners we are...

"Positively Impacting Lives, Worldwide".



Thank you for caring enough!

