



Francis House of Prayer

Trenton Diocesan Spiritual Center and Retreat House

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SUMMER OFFERINGS

RETREAT OPPORTUNITIES

All In-Person; Francis House provides all private bedrooms with private bathrooms and an outdoor pool.

7-DAY SILENT DIRECTED RETREATS

Begins 6:30 PM – Ends 10:00 AM

June 21 – 28	Sunday to Sunday
July 5 – 12	Sunday to Sunday
July 22 – 29	Wednesday to Wednesday
August 16 – 23	Sunday to Sunday
September 20 – 27	Sunday to Sunday

Donation: \$750; \$100 non-refundable deposit. Full payment is required 3 weeks in advance of the start date.

7-DAY CENTERING PRAYER RETREAT

Begins 6:30 PM – Ends 10:00 AM

July 14 – 21 Tuesday to Tuesday

A Centering Prayer retreat invites you to go more deeply into the silence and stillness, which facilitates growth in Contemplative Prayer and attentiveness to God's Word. Donation: \$750; \$100 non-refundable deposit. Full payment is required 3 weeks in advance of the start date.

7-DAY REVIEW OF LIFE RETREAT

Begins 6:30 PM – Ends 10:00 AM

August 2 – 9 Sunday to Sunday

This 7-day retreat will give you the opportunity to gather the graces of your life one decade at a time to notice the pattern of God's love for you throughout the years. To review your life's journey in the presence of God and from God's point of view provides a sense of God's care for you which strengthens you for the unknown future ahead. Your life, and your prayer over your life, is worth the week. Donation: \$750; \$100 non-refundable deposit. Full payment is required 3 weeks in advance of start date. Commuters welcome.

SILENT DIRECTED RETREAT WEEKEND

July 31 – August 2 Friday 6:30 PM – 1 PM Sunday

Come for a weekend of silence, prayer, Mass, spiritual direction, long walks in the country, delicious meals and a swim in the pool if you'd like. A weekend with God in silence refreshes your body, mind and spirit. God knows what you need. Donation: \$200, \$100 non-refundable deposit with registration.

IN-PERSON ONLY PERSONAL RETREAT DAYS

9:30 AM – 2:30 PM

Wednesday, June 10	Monday, July 20
Wednesday, July 1	Wednesday, August 5
Wednesday, July 8	Wednesday, August 19

Not a series. Take a day away from the busyness of your life. Come to Francis House for silence, personal prayer and optional spiritual direction. The day begins and ends with a brief prayer together. Please bring a bag lunch. Come to as many as you can. Donation: \$10; \$40 with spiritual direction.

PROGRAMS

IN-PERSON AND ON ZOOM THE CHALLENGE OF WAITING

Wednesday, June 3 9:30 AM – Noon

If you are challenged by having to wait for God, others, and circumstances, please join us! We will open our hearts to the wisdom of Scripture, Teilhard, Merton and Hildegard so we can discover the peace that comes from praying, waiting, and trusting in God. Led by Katherine Andrews. Donation: \$25.

IN-PERSON AND ON ZOOM THE PRACTICE OF THE PRESENCE OF GOD

Friday, June 5 9:30 AM - Noon

Brother Lawrence had the knack of teaching us how to stay close to God when we are "not praying." So many people notice that they lose focus during the day as the demands of everyday life capture them. How can we be more attentive? Led by S. Marcy. Donation: \$25.

PROGRAMS

IN-PERSON AND ON ZOOM

DRAWN TO GOD THROUGH CREATION

Wednesday, June 17 9:30 AM – Noon

Come and enjoy the awesome beauty, deep serenity, joy, excitement and gratitude creation can give you as it leads you into the heart of God. Led by Katherine Andrews. Donation: \$25.

IN-PERSON ONLY

A HOLY WALK ON HOLY GROUND

Tuesday, July 7 5:00 – 8:00 PM

Come explore God in nature. Allow God to fill you with awe and nurture your soul. Put on your walking shoes and head out with us, starting at Francis House of Prayer, on a walk in Historic Wainford Park. We will experience nature in a special way using our senses of sight, sound, smell, taste, and touch while in silence. We will walk, listen to Scripture and rest in the presence of God our Creator. Led by Bernadette Citarella. Donation: \$25. Light supper included.

IN-PERSON AND ON ZOOM

GOD'S UNWAVERING PURSUIT

Thursday, July 9 9:30 AM – Noon

More than we seek God, God seeks us! Spend this morning reflecting on the ways God pursues us. We will use excerpts from various sources, including Scripture, Francis Thompson's *The Hound of Heaven* and Iain Matthew's *The Impact of God*. Let yourself be caught by the One who loves you deeply and unconditionally. Led by Katherine Andrews. Donation: \$25.

IN-PERSON ONLY

TWILIGHT RETREAT

Saturday, July 11 5:00 – 8:00 PM

Our evening of reflection begins with Mass at 5 PM followed by a light supper. A labyrinth walk and a prayerful stroll in the gardens with God follows, ending with some *Lectio Divina* and Centering Prayer in the outdoor chapel. Led by Gwen Rapp. Donation \$25.

IN-PERSON ONLY

HEARING THE VOICE OF GOD IN SONG

Sunday, July 12 5:00 – 7:00 PM

We will begin with a light supper at 5:00 PM followed by music, prayer and some sharing together. What a lovely summer evening! (outdoors, weather permitting) Led by Rich Turrin. Donation: \$25.

IN-PERSON ONLY

A SUMMER DIP INTO CENTERING PRAYER

Tuesday, July 14 9:30 AM – 3:00 PM

Come take a dip into the ocean of God's love with a day of Centering Prayer. Spending time with God in Centering Prayer truly refreshes the soul and helps keep the worrisome things of life in perspective! There is nothing quite like a day of Centering Prayer in the middle of the summer! Are you willing? Please bring your own lunch. Led by S. Marcy. Donation: \$30.

IN-PERSON AND ON ZOOM

LET THE PSALMS SPEAK

Tuesday, July 28 9:30 AM – Noon

Open your heart to the depth of the psalms! We will listen to and pray with several psalms that can draw us more intimately into the heart of God. The psalms can help us respond to the joys, sorrows and challenges of our daily lives. Led by Katherine Andrews. Donation: \$25.

IN-PERSON ONLY

SKETCHING

Friday, July 31 9:30 AM – 2:00 PM

Picture This! You are an instrument of God, allowing beauty to be shown through your talents and gifts. Like a paint brush in the Master Artist's hand, you have a unique and personal call to bring peace, joy and faith to others. Let the Spirit guide your imagination and/or your paint brush as you are drawn to the world outside or around you. Led by Bernadette Citarella. Donation: \$35, Materials included. Please bring your lunch to eat outside!

IN-PERSON AND ON ZOOM

TRANSFIGURED THROUGH, WITH & IN JESUS

Thursday, August 6 9:30 AM – Noon

Today is the Feast of the Transfiguration. We will look at the three synoptic gospel accounts of the Transfiguration. Scripture can help us ponder and act on the meaning of this amazing event for Jesus, the disciples and ourselves. Led by Katherine Andrews. Donation: \$25.

IN-PERSON AND ON ZOOM

WHY WORRY?

Monday, August 10 9:30 AM – Noon

"Worry is useless," says the Lord. Although we've heard that many times, worry seems to be an all-pervasive disease that we have all caught! I'm hoping you will come so we can pray through this epidemic together. Prayer changes things, you know! Led by S. Marcy. Donation: \$25. Weather permitting, bring your own lunch and enjoy the grounds.

TO REGISTER: Call 609-877-0509 • Email fhop@verizon.net • FHOP.ORG