



Mission Statement

Francis House of Prayer
serves the people of the
Diocese of Trenton
and beyond by providing
a contemplative environment
for ongoing spiritual growth
which fosters the deepening of
relationship with God, self,
others and the world through:

Spiritual Direction
Weekend Retreats
3-7 Day Silent Directed Retreats
Contemplative Prayer Retreats
Spiritual Exercises of St. Ignatius
Monthly Programs
One-Day Programs
Group Retreats

Classes on:
The Spiritual Masters
Ignatian Discernment of Spirits
Spiritual Directors' Training

Please see
our website

www.FHOP.org

for retreats and
programs currently
scheduled.

Francis House of Prayer
offers retreat opportunities for
approximately 25 people or less.
We would be happy to provide
lunch for you.

Parish Administration Retreats

Parish Staff
Parish Council
Parish Ministry Leaders
School Faculty & Staff
PTA Board
Adult Formation Committee

Religious Education Retreats

RCIA Team
RCIA Candidates
Catechists

Parish Group Retreats

Eucharistic Ministers
Bible Study Groups
Young Adult Groups
Bereavement Groups
Healing/Healthcare Ministries
St. Vincent DePaul Society
Knights of Columbus Council
Altar Rosary Society

Francis House of Prayer

Trenton Diocesan
Spiritual Center and Retreat House



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www.FHOP.org

Sister Marcy Springer, SSJ
Director

Francis House of Prayer has been a place to meet God since 1974.

We are located in a quiet bucolic setting surrounded by farms and fields of grazing horses and adjacent to a NJ State park. Many of our retreatants say that the retreat begins on the drive here.

We will work with you to customize a half-day or full-day retreat to meet the needs of your group.



Our retreats offer a balance of group time with content as well as individual time for silent prayer and reflection in a space that is welcoming and hospitable.



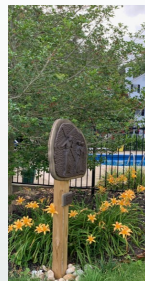
A Typical Half-Day Retreat

The day begins with gathering hospitality.



Opening Prayer in our Chapel

Personalized Group Content



Individual Silent Time Prayer & Reflection

Group Discussion and Closing Prayer

Optional Homemade Lunch

Full-day retreats would follow a similar format with lengthened group time for prayer, content and discussions in small and large groups as well as silence for individual prayer and reflection.

Liturgy available upon request.

What We Offer

Indoor Chapel

Outdoor Stations of the Cross



Sacred outdoor spaces in a rural setting

2 large indoor gathering spaces, accommodating approximately 25 persons

1 small indoor gathering space accommodating approximately 12 persons

6 overnight rooms each with a private bathroom



Accessible bedroom and bathroom on the first floor.

Home-cooked meals

Pool for overnight retreatants.



For more information, please consult our website www.FHOP.org or call Sister Marcy at (609) 877-0509.