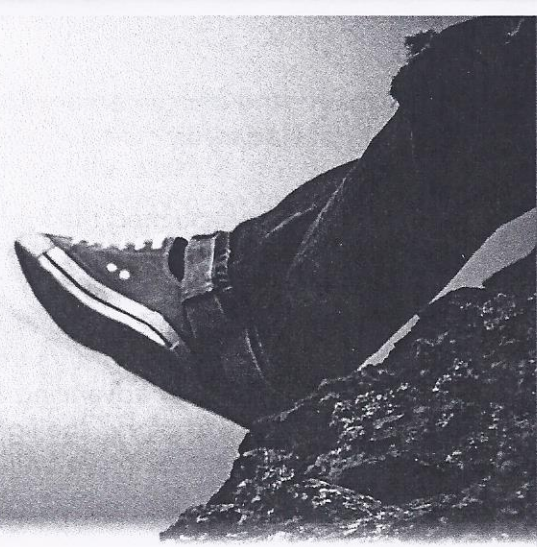


# Journey of Faith



## In Short:

- The Trinity comprises three persons in one God.
- The Trinity is revealed through Scripture.
- Through the Trinity, you have a relationship with each person.



## The Holy Trinity

Do you know someone who's never seen without his or her "other half," no matter what? A pair who, when you think about one, the other person always comes to mind? Is it a couple? Best friends? Siblings? Whatever the relationship, these two share a lot of similar traits. They probably have the same interests and hobbies, use the same expressions, think the same way, they may even look alike! They're also probably together a lot, too. In fact, they may only be so similar because they care about each other and spend time together.

While this isn't the same as God in the Trinity, the three in one, these kinds of relationships help us better understand—in human terms—this mystery of faith and the love they share. Because we are created in the image of God, we are able to enter into communion with others (CCC 357). It is often through our human relationships—in marriage, family, church, or the wider human community—that we experience the love of God.

- *What relationships or communities have helped you to experience God's love?*



## God Is Love

What was God doing before he created the world? The answer can be found in the doctrine of the **Holy Trinity**. The *Catechism* captures the heart of this mystery in one short phrase: "God is one but not solitary" (CCC 254). There is truly only one God, but even before the creation of the universe, this one God was three persons, eternally united in a communion of love. God was not, is not, and never will be lonely or bored, for he is eternally loving: the Father loving the Son, the Son loving the Father, and the Spirit proceeding from and sharing in that love.

Within its own divine being, the Trinity is a loving union. The Apostle John declares, "God is love" (1 John 4:8). "By sending his only Son and the Spirit of Love in the fullness of time, God has revealed his innermost secret: God himself is an eternal exchange of love, Father, Son and Holy Spirit, and he has destined us to share in that exchange" (CCC 221).

## Revelation of the Trinity

This inner secret of who God is was not revealed all at once, but gradually, step by step. Like children moving from grade to grade toward high school, humanity was led slowly toward a fuller knowledge of God.