

## First Visit Debrief

What went well?

- Humour -- connection
- Positive relationships
- Advice
- Opportunities to express and listen
- Ease of conversation
- Insightful conversations
- Learning about people
- Meeting new people
- Welcoming environment
- Differences and similarities despite age difference
- Music
- Pizza!
- Got to really know the seniors in such a short time
- Time outdoors without phones - a connection re: childhood
- Comfortable
- Casual conversation -- ability to speak about anything
- Easy connections to make
- Seniors have lots to say
- Instant connections formed
- How relatable and friendly they were
- How easy it was to talk to them

What was uncomfortable or awkward?

- When the conversations got a bit personal -- uncertainty about how to respond -- running out of time and not being able to respond appropriately
- Silence between questions if searching for a question from the bank.

What surprised you?

- How easy it was to make those connections
- How hopeful they were about our generation and the future

What are you curious about?

- Their past -- even the "bad" stuff

Wish for next visit.

- Incorporate cultural food to eat -- potluck -- 5 students volunteered
- More conversations with different people
- More time to talk to the people -- still so much to share
- Learn more about their past -- dig deeper
- More seniors
- More time
- Share our stories with them
- Bring a photo!!!! -- Sharing of photo stories
- More stories with more seniors and more time
- Something to give them to remember us by because they are lonely