



## **Racing Race Director Coronavirus Recommendations & Guidelines**

World OCR, the Fédération Internationale de Sports d'Obstacles (FISO) is committed to supporting the health, safety and well-being of race directors, their staff and participants at all OCR events across the world.

We are closely monitoring the World Health Organization (WHO) and International Olympic Committee (IOC) guidelines concerning coronavirus (COVID-19). The FISO Medical Commission maintains up-to-date information and provides policies and procedures related to COVID-19.

### **INSURANCE**

#### **Athletes claiming they contracted COVID-19 at an insured event**

Check your General Liability (GL) and Participant Accident (PA) coverage with your insurance provider.

Depending on your countries laws, GL coverage may defend the race director from a negligence lawsuit brought by a participant that claims they contracted the Coronavirus at an insured event.

#### **Event Cancellation Insurance**

Each event owner / producer should check with their insurance carrier on the availability of event cancellation insurance related to COVID-19. Carriers may be able to include exclusions in their policies for COVID-19.

### **OPERATIONS AND PLANNING**

#### **Continue as planned until you are informed otherwise by your national, regional, provincial, state or local government**

- Operate under the assumption that your event can continue until you are advised otherwise by the local authorities.
- Contact local agencies to ensure they are aware of your event and can assist in emergency preparation and planning.

#### **Health departments**

- Consult with health department experts on prevention strategies and contingency plans for

attendees becoming sick at the event.

- Understand their action plan for cases reported in your area and how it applies to your event. Designate responsible parties, their actions and timeline.
- Communicate regularly with participants leading up to, and after, your event.

#### **On-site emergency operations and risk management team**

- Have an event emergency operation plan that includes personnel, security, services & activities, functions, and resources.
- Have the team evaluate your emergency action plans and provide guidance to ensure effective communication and handling of emergencies across relevant organizations.

#### **Staff and volunteer absences**

- Have a contingency plan for who is in charge of important race areas with potentially reduced staff or volunteers.
- Designate who is responsible for reduced race personnel and clearly communicate it to your team.

#### **Cleaning supplies for staff, volunteers and participants**

- Portable hand-washing stations, hand sanitizer, tissues and facemasks. Facemasks are only intended for those who start showing symptoms.
- Consult the WHO and national health authority in your country for effective products.
- Latex gloves for handling food, beverage and at aid stations.
- Hand sanitizer around the race venue including packet pick up, outside toilets, at food service areas, inside the expo, and at the awards ceremony.

#### **Isolation plan**

- Send suspected COVID-19 carriers to your Emergency Medical Service (EMS) provider. Do not take them to the medical tent to avoid contamination.
- Designate an isolate for patients until EMS is able to attend to them.

#### **Monitor athletes from affected countries/states**

- Communicate with participants coming from affected areas.
- Follow the [Johns Hopkins global Coronavirus tracking map](#) for affected areas.

#### **Event cancellation plan**

- Have a plan for the possibility local authorities force the cancellation of your event.
- Consult with your contractors and service providers regarding cancellation and refunds.
- Plan your communication strategy to prepare for a possible cancellation and include an explanation of next steps for participants.

## COMMUNICATIONS

### Participants

- Communicate early and often on the status of your event.
- Include an overall risk assessment so participants can make informed decisions.
- Promote the use of regular preventative actions:
  - Cover coughs and sneezes with a tissue or your crook of your elbow.
  - Wash your hands often with soap and water for at least 20 seconds after going to the bathroom, sneezing, coughing or blowing your nose.
  - Clean and sanitize contact surfaces and objects daily.
  - Do not touch eyes, nose and mouth with unwashed hands.
- Advise where to find local healthcare.
- Direct people to the WHO websites for information on COVID-19 signs and symptoms.
- Advise on self-monitoring for signs and symptoms.

### Sponsors, Vendors and Expo

#### Frequently communicate the status of your event.

- Review agreements and contracts.
- Consider offering refunds or transfers to future events.

### Staff

- Share accurate information with your staff from the WHO and your countries health departments.
- Provide clear instructions on what to do if they or someone has been exposed. Have them contact their primary care physician first for advice.
- People with symptoms of severe respiratory illness, such as trouble breathing, fever, rapid heart rate, low blood pressure, high or low temperature, confusion, or severe dehydration should review information on a such as Harvard Medical School's [Coronavirus Resource Center](#).

### Pre-Race Staff Meeting

- Role changes to cover absent personnel.
- Chain of command and incident reporting protocols.
- Emergency and contingency plans.

### Packet Pick-up

- Ensure staff and volunteers are prepared to answer questions:
  - Participants notification in the event of changes to the race(s)
  - Should participants prepare differently than other races?
  - Should participants bring cleaning/sanitizing supplies?
  - What if a participant doesn't want to race?
  - Offer a registration transfer or refund and what that covers.

### Advise Staff, Volunteers and Participants to stay home if:

- Feel ill: Offer a registration transfer to another event.

- They have had close contact (6 feet / 2 meters) with someone who has been to affected areas of the world within 14 days of the event. [Use this tool](#) for mapping COVID-19 areas.
- If they have a cough, fever of 37.7 degrees C (100 degrees F) and are short of breath.

**Hand washing is crucial!**

Additional Resources:

- [WHO Coronavirus website and FAQ](#)
- [WHO Planning Recommendations for Mass Gatherings](#)
- [WHO Coronavirus Mythbuster page](#)

FISO supports all parties of interest in obstacle sports around the world. If you have additional questions please review the information available on the World OCR [Medical page](#) and FISO [FAQ page](#).