



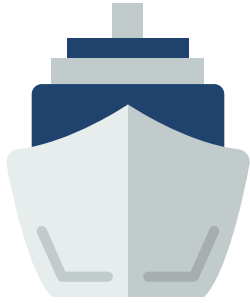
Focus on Pharmacology

**Advancing
Clinical
Excellence
Through
Targeted
Pharmacology
Education**

20 Hours CEU Event

Sailing on Carnival Sunshine
Round-trip from Miami sailing to...
Grand Cayman - Ocho Rios - Nassau
May 17 - 23, 2026

Join Us for the Spring 2026 APRN Pharmacology Conference!



May 25 – 30, 2026

6-Day Western Caribbean Cruise

Departing from Miami to
Grand Cayman - Ochi Rios - Nassau

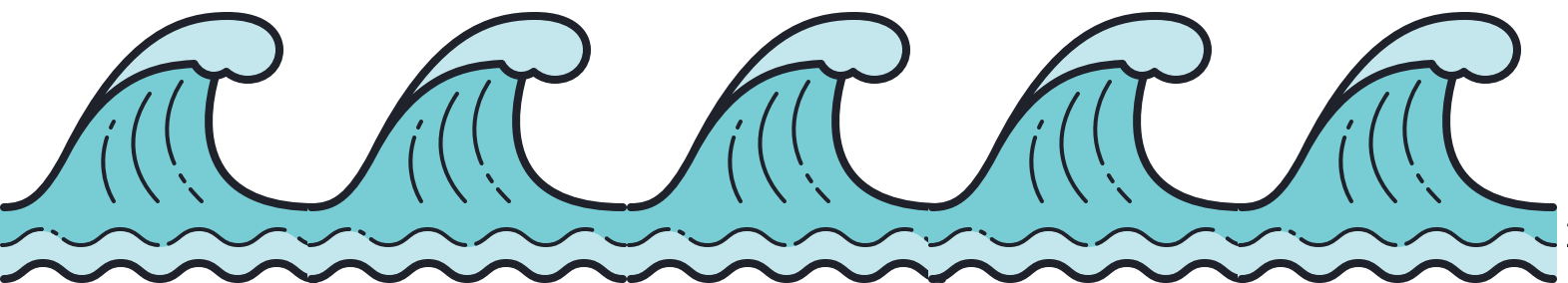
Set sail on an unforgettable journey that combines professional development with a relaxing Caribbean getaway!

Cruise Package Details

- Starting at \$764 per person (double occupancy)
- Includes:
 - Taxes and Fees
- Reserve Now with Only \$50 Deposit Per Person
- Final Payment Due: March 2, 2026



Rooms have been reserved at a special group rate—
don't miss out!



Target Audience



This workshop is designed for Advanced Practice Registered Nurses (APRNs) who are actively involved in clinical decision-making, prescribing, and patient management across various settings. It is especially beneficial for those who are:

Nurse Practitioners (NPs) in primary care, acute care, family health, women's health, pediatrics, geriatrics, or psychiatric/mental health

Clinical Nurse Specialists (CNSs) involved in pharmacologic consultation or medication management

Certified Nurse Midwives (CNMs) prescribing medications across the reproductive and perinatal spectrum

APRNs preparing for certification or license renewal requiring pharmacology contact hours

Nurse educators and faculty seeking to stay current with prescribing trends and FDA updates

APRNs in collaborative or independent practice roles looking to enhance patient safety, prescribing accuracy, and evidence-based pharmacologic care

Whether you're in a hospital, clinic, telehealth setting, or private practice, this course provides the latest pharmacology knowledge and practical tools to support safe, informed, and up-to-date prescribing decisions.

Learning Outcomes

- Apply current evidence-based guidelines in pharmacologic management of common health conditions.
- Describe pharmacokinetic and pharmacodynamic principles relevant to advanced nursing practice.
- Analyze drug interactions and considerations for high-risk and vulnerable populations.
- Apply legal, ethical, and safe prescribing practices, including controlled substances.
- Identify new and emerging therapies, FDA updates, and boxed warnings.
- Incorporate pharmacogenomics into patient-specific treatment plans.
- Improve clinical decision-making through real-world case studies.

This activity will be submitted to the Midwest Multistate Division for approval to award 8-contact hours. The Midwest Multistate Division is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation

Conference Fees

Conference Fee: \$475

Early Bird Discount: Save 30% when you register by September 8th

Includes access to all conference sessions, materials, and exclusive networking events onboard

Limited space available — reserve your cabin and secure your spot today!



ACCOMMODATIONS



Interior Cabin \$764
per person/double occupancy



Ocean View Cabin \$904
per person/double occupancy



Cove Balcony \$1029
Regular Balcony \$ 1089
per person/double occupancy

Photos shown are representative of the cabin style only. Actual furnishings, decor, and finishes will vary by ship

Rates are current as of July 29, 2025

NurseCruise is a Proud Partner with Michelle's Destinations

Take the stress and worry out of making travel arrangements—Michelle can handle it all for you! She specializes in finding the best rates, and the best part? Her services come at no cost to you.

Michelle's Destinations will be coordinating accommodations for our upcoming cruise conferences. To get started, simply give her a call or send an email to begin the onboarding process and make your initial deposit.

She can also assist with airfare, as well as any pre- or post-cruise hotel stays you may need.

Let Michelle make your travel planning seamless and stress-free!

239 24th Ave SW
Norman, OK 73072
405-360-4482
info@travelwithmichelle.com
<https://www.travelwithmichelle.com/>



Schedule at a Glance

Day 1—Miami	Departs 3:30 pm
Day 2—Conference Day Session 1	8:00 am—1:00pm
Day 3—Grand Cayman	800 am – 4:00 pm
Day 4—Ocho Rios	8:00 am –4:00 pm
Day 5—Conference Day Session 2	8:00 am—1:00pm
Day 6—Nassau	8:00 am –4:00 pm
Day 7—Miami	Arrive at 8:00 am

Pre-Cruise Activities: 10 CEUs

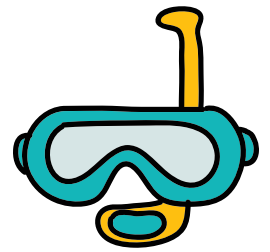
Session 1

Time	Session Title	Description	Outcomes	Speaker(s)
8:00 – 8:15 AM	Welcome & Program Overview	Overview of learning objectives and agenda.	—	
8:15 – 9:15 AM	Pharmacologic Management of Chronic Conditions	Evidence-based updates on diabetes, HTN, lipids.	1	TBA
9:15 – 10:15 AM	Pharmacokinetics & Pharmacodynamics for APRNs	Applying PK/PD to prescribing decisions.	2	TBA
10:15 – 10:30 AM	Break		—	
10:30 – 11:30 AM	Drug Interactions in High-Risk and Vulnerable Populations	Strategies for older adults, renal impairment, and polypharmacy.	3	TBA
11:30 – 12:15 PM	Safe Prescribing & Controlled Substances	DEA rules, ethical practice, and opioid safety.	4	TBA
12:15 – 1:00 PM	Prescribing Pitfalls: Interactive Case Review	Audience-driven discussion on errors and risk reduction.	3, 4, 7	Moderator Led

Session 2

Time	Session Title	Description	Outcomes	Speaker(s)
8:00 – 9:00 AM	Emerging Therapies & FDA Updates	Recent drug approvals, boxed warnings, and discontinued medications.	1, 5	TBA
9:00 – 10:00 AM	Pharmacogenomics in Practice	Real-world application of genetic data to guide prescribing.	6	TBA
10:00 – 10:15 AM	Break	Coffee and exhibitor visits.	—	
10:15 – 11:15 AM	Psychopharmacology & Complex Populations	Managing mental health meds in pregnant, elderly, and comorbid patients.	1, 3	TBA
11:15 – 12:15 PM	Case Panel: High-Stakes Prescribing Scenarios	Expert panel discussion of challenging pharmacology cases.	1, 3, 4, 7	Interdisciplinary Panel
12:15 – 1:00 PM	Wrap-Up, Q&A, CE Instructions	Final reflections, evaluations, and continuing education logistics.	All	Program Coordinator

DESTINATIONS



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Grand Cayman

Your stop in Grand Cayman promises an unforgettable experience, where turquoise waters, vibrant island culture, and rich marine life converge—just steps from the tender dock in George Town. Swim with stingrays at the world-famous Stingray City, unwind on the white sands of Seven Mile Beach, or snorkel vibrant coral reefs. Explore local shops, eateries, and historic sites, all within easy reach. Whether you're seeking relaxation or adventure, Grand Cayman offers something for everyone.

Nassau

Soak up the sun in Nassau, where turquoise waters meet vibrant island culture. Explore historic sites, enjoy world-class beaches, and dive into endless island adventure—all in the heart of the Bahamas.



Ocho Rios

Your stop in Ocho Rios offers a vibrant mix of natural beauty, island culture, and adventure—all just minutes from the cruise port. Climb the cascading terraces of Dunn's River Falls, drift down the White River on a bamboo raft, or explore lush tropical gardens and hidden waterfalls. Downtown Ocho Rios features lively markets, local cuisine, and authentic Jamaican crafts. Whether you're chasing adrenaline or soaking in the island vibe, Ocho Rios delivers a warm welcome and unforgettable moments.



Frequently Asked Questions

What do I need to do to attend this event?

1. Pay a \$50 per person (refundable deposit) to secure your cabin on the ship. Michelle's Destinations in Norman Oklahoma will be handling all your travel needs. Final cruise payment due March 2, 2026
2. Register for the Conference. Select the Register Now-Pay Later option. Full payment should be made by March 2 to avoid late fees.

Can I bring my family with me on the cruise?

Absolutely! Many of our Nurse Cruise attendees bring spouses, children, or friends along to enjoy the cruise together. While the continuing education sessions are reserved for registered nursing participants, your family is free to explore the ship, enjoy onboard entertainment, or relax while you're attending sessions. It's a great opportunity to combine professional development with a memorable family vacation.

Who is the Nurse Planner for the conference?

Our Nurse Planner is Dr. Heather Fenton, EdD, MSN, RN, a highly experienced nurse educator with over 20 years in nursing education. Dr. Fenton currently serves as the Director of Nursing Programs at Northeastern State University in Oklahoma. She has successfully hosted Nurse Cruise events annually since 2014 (with the exception of the COVID years) and is dedicated to providing meaningful, evidence-based continuing education in engaging, real-world formats. Her leadership ensures that our CE programming meets high standards of quality, relevance, and professional growth.

How many Continuing Education (CE) hours will I earn?

Participants will earn up to 20 contact hours of continuing nursing education:

10 hours delivered over two days onboard - 10 hours of independent, self-paced study

This activity will be submitted to the Midwest Multistate Division for approval to award 20-contact hours. The Midwest Multistate Division is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation

What is the refund policy for the cruise and the conference?

- **Cruise Deposits:** Deposits are fully refundable up to final payment date
- **Cruise Refunds:** Refunds for the cruise portion are subject to the cruise line's cancellation policy. These vary depending on how far in advance you cancel. Be sure to review the cruise contract.
- **Conference Refunds:** Cancellations more than 90 days before event will be refunded at 100%. 60-90 days 75%; 30-59 days 50%, 15-29 days 25%; 14 days before event--no refund BUT 50% credit/voucher toward a future NurseCruise event (case-by-case consideration may apply for emergencies with documentation)
- **Travel Insurance Recommended:** We highly recommend purchasing travel insurance that covers trip cancellation, medical emergencies, and cruise-specific issues.

Do I need a passport?

A passport is highly recommended, even though it is not required for U.S. citizens sailing on this closed-loop cruise (a roundtrip voyage that begins and ends at the same U.S. port). However, your passport should be valid for at least six months beyond the last day of travel.

While you may be able to board the cruise with other forms of ID (such as a birth certificate and government-issued photo ID), having a valid passport is essential in the event of a medical emergency, missed ship departure, or other unexpected situation in a foreign port. Without one, returning to the U.S. from an international destination can be extremely difficult and delayed.

Is Wi-Fi available on the ship?

Yes. Most major cruise lines offer Wi-Fi packages for purchase. While onboard Wi-Fi is available, speeds may be limited, especially at sea. If you'll need internet access for independent study or staying connected, consider purchasing a Wi-Fi package in advance or checking with the cruise line about options.

Book Your Cruise Now — Register for the Conference, Pay Later & Save!

Reserve your cabin for ONLY \$50 per person deposit and lock in your spot for the next unforgettable Nurse Cruise experience! By booking early, you'll get priority access to conference registration—with the flexibility to pay for the CE portion later.



Bonus: Book your cruise by September 8th and receive 30% off your conference registration fee!

Don't wait—cabins and conference seats are limited, and this early bird offer won't last.



Secure your cabin today with just \$50 per person (\$100 for a shared cabin), save 30% and set sail for CE, sunshine, and stress-free learning!

30%

off registration

20

CEUs

6

days of relaxation,
rejuvenation, and recharge

use code **CEUCRUISE**



Book Now



Lock in your spot--Risk Free

Want to join us on NurseCruise but need a little more time to pay? We've got you covered.

With our **Register Now, Pay Later option**, you can secure your seat for the NurseCruise educational event today—no upfront payment required for the conference portion. And if you register by October 31, 2025 you can still save \$100

Personal Review

"This pharmacology event was exactly what I needed as a Nurse Practitioner. The sessions were practical, evidence-based, and immediately applicable to my daily practice. I left feeling more confident in my prescribing and better connected to a community of with my peers."

— Carol M., MSN, APRN, FNP-C
Coalgate, OK



Personal Rating: 5/5