

# MAY 2024

# HANCOCK COUNTY ELC

# BREAKFAST



**School Information:** Daily Items: Juice/Milk, Cereal, Pop-tarts, Yogurt, Fruit, Salad Bar, Menus are subject to change USDA is an equal opportunity provider, employer, and lender



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Reference: USDA MyPlate

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Breakfast Pizza **1**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Donut Holes **2**  
Yogurt Assorted  
Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Gravy Biscuit, Sausage **3**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Sausage Biscuit **6**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Bagels w/Cream **7**  
Cheese Uncrustables  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Muffins **8**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Breakfast Pizza **9**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Bacon Biscuit **10**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Egg & Cheese Biscuit **13**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Pancake Sausage **14**  
Wrap  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Banana Boats **15**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Waffles & Pancakes **16**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Gravy Biscuit, Eggs **17**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Chicken Biscuit **20**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Breakfast Pizza **21**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Dutch Waffle **22**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Muffins **23**  
Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

**NO SCHOOL** **24**

**NO SCHOOL** **27**

Sausage Biscuit **28**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Muffins **29**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Breakfast Pizza **30**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk

Gravy Biscuit, Bacon **31**  
Assorted Cereal  
Fruit Variety & Juice  
1% or Fat Free Milk



# MAY 2024

## Hancock County ELC

### LUNCH



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**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Popcorn Chicken w/Roll  
Mashed Potatoes/Gravy  
Peas  
Fresh Fruit  
Salad Bar **1**

Soft or Hard Shell  
Tacos  
Rice  
Queso Cheese  
Fresh Fruit  
Salad Bar **2**

Cheesy Pull-Apart  
Potato Wedges  
Broccoli  
Fresh Fruit  
Salad Bar **3**

Pizza  
Curly Fries  
Broccoli & Cheese  
Fresh Fruit  
Salad Bar **6**

Gravy & Biscuits  
Bacon & Hashbrowns  
Baked Apples  
Fresh Fruit  
Salad Bar **7**

Chicken Tenders w/Roll  
Baby Bakers  
Corn  
Fresh Fruit  
Salad Bar **8**

Beef Patty  
Mashed Potatoes  
w/Gravy  
Green Beans  
Fresh Fruit  
Salad Bar **9**

Ham or Turkey  
Hoagie  
Chips  
Baked Beans  
Fresh Fruit  
Salad Bar **10**

Corn Dogs  
Mac&Cheese  
Green Beans  
Fresh Fruit  
Salad Bar **13**

Cheeseburger/  
Hamburger  
French Fries  
Fresh Fruit  
Salad Bar **14**

Chicken Nuggets  
Baby Bakers  
Peas  
Fresh Fruit  
Salad Bar **15**

Cheese Sticks  
French Fries  
Cauliflower Bites  
Fresh Fruit  
Salad Bar **16**

Chicken Fajita Nachos  
Fiesta Black Beans  
Rice  
Queso Cheese  
Fresh Fruit  
Salad Bar **17**

Hot Dogs  
Chili  
Fries  
Corn  
Fresh Fruit  
Salad Bar **20**

Crispy Chicken  
Sandwich  
Curly Fries  
Corn  
Fresh Fruit  
Salad Bar **21**

Popcorn Chicken w/Roll  
Mashed Potatoes/Gravy  
Peas  
Fresh Fruit  
Salad Bar **22**

**½ DAY  
DISMISSAL  
NO LUNCH** **23**

**NO SCHOOL** **24**

**NO  
SCHOOL** **27**

Pizza  
Curly Fries  
Broccoli & Cheese  
Fresh Fruit  
Salad Bar **28**

Chicken Tenders w/Roll  
Mashed Potatoes  
Corn  
Fresh Fruit  
Salad Bar **29**

Cheeseburger/  
Hamburger  
French Fries  
Fresh Fruit  
Salad Bar **30**

Ham or Turkey  
Hoagie  
Chips  
Baked Beans  
Fresh Fruit **31**