

MAY 2024

Hancock County Elementary School

BREAKFAST



School Information: Daily Items: Juice/Milk, Cereal, Pop-tarts, Yogurt, Fruit, Salad Bar, Menus are subject to change USDA is an equal opportunity provider, employer, and lender



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breakfast Pizza 1
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Donut Holes 2
Yogurt Assorted
Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Gravy Biscuit, Sausage 3
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Sausage Biscuit 6
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Bagels w/Cream 7
Cheese Uncrustables
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Muffins 8
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Breakfast Pizza 9
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Bacon Biscuit 10
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Egg & Cheese Biscuit 13
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Pancake Sausage 14
Wrap
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Banana Boats 15
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Waffles & Pancakes 16
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Gravy Biscuit, Eggs 17
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Chicken Biscuit 20
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Breakfast Pizza 21
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Dutch Waffle 22
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Muffins 23
Cereal
Fruit Variety & Juice
1% or Fat Free Milk

24
NO SCHOOL

27
NO SCHOOL

Sausage Biscuit 28
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Muffins 29
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Breakfast Pizza 30
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

Gravy Biscuit, Bacon 31
Assorted Cereal
Fruit Variety & Juice
1% or Fat Free Milk

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LUNCH



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May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pizza
Curly Fries
Broccoli & Cheese
Fresh Fruit
Salad Bar **6**

Gravy & Biscuits
Bacon & Hashbrowns
Baked Apples
Fresh Fruit
Salad Bar **7**

Chicken Tenders w/Roll
Baby Bakers
Corn
Fresh Fruit
Salad Bar **8**

Beef Patty
Mashed Potatoes
w/Gravy
Green Beans
Fresh Fruit
Salad Bar **9**

Ham or Turkey
Hoagie
Chips
Baked Beans
Fresh Fruit
Salad Bar **10**

Corn Dogs
Mac&Cheese
Green Beans
Fresh Fruit
Salad Bar **13**

Cheeseburger/
Hamburger
French Fries
Fresh Fruit
Salad Bar **14**

Chicken Nuggets
Baby Bakers
Peas
Fresh Fruit
Salad Bar **15**

Cheese Sticks
French Fries
Cauliflower Bites
Fresh Fruit
Salad Bar **16**

Chicken Fajita Nachos
Fiesta Black Beans
Rice
Queso Cheese
Fresh Fruit
Salad Bar **17**

Hot Dogs
Chili
Fries
Corn
Fresh Fruit
Salad Bar **20**

Crispy Chicken
Sandwich
Curly Fries
Corn
Fresh Fruit
Salad Bar **21**

Popcorn Chicken w/Roll
Mashed Potatoes/Gravy
Peas
Fresh Fruit
Salad Bar **22**

**½ DAY
DISMISSAL
NO LUNCH** **23**

NO SCHOOL **24**

**NO
SCHOOL** **27**

Pizza
Curly Fries
Broccoli & Cheese
Fresh Fruit
Salad Bar **28**

Chicken Tenders w/Roll
Mashed Potatoes
Corn
Fresh Fruit
Salad Bar **29**

Teriyaki Beef Dippers
Mashed Potatoes
w/Gravy
Sweet Carrots
Fresh Fruit **30**

Ham or Turkey
Hoagie
Chips
Baked Beans
Fresh Fruit **31**