



OCTOBER

2020

Hancock Middle/High



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Special Announcements:

Sausage Biscuit
Lunch
Chicken Fajitas
Corn

1.

NO SCHOOL

2.

Poptart/Cereal
Lunch
Stuffed Crust Pizza
French Fries
Carrots

5.

Chicken Biscuit
Lunch
Chili, Chips, and Cheese
Corn
Salsa

6.

Bananna Bread
Lunch
Chicken Tenders
Mashed Potatoes
Corn

7.

Steak Biscuit
Lunch
Subway Day
Ham/Turkey Hoagie
Chips

8.

Choc. Chip French Toast Minis
LUNCH
Cheeseburger
Curly Fries
Broccoli & Cheese
Ice Cream

9.

Fall Break

12.

Fall Break

13.

Fall Break

14.

Fall Break

15.

Fall Break

16.

Poptart/Cereal
Lunch
Corn Dogs
Broccoli Cheese Bites
Chips

19.

Chicken Biscuit
Lunch
Chicken Sandwich
Potato Wedges
Sweet Carrots

20.

Cinnamon Toast Strudel
Lunch
Chicken Tenders
Potato Babies
Green Beans
Roll

21.

Sausage Biscuit
Lunch
Hamburger Helper
Green Beans
Rolls

22.

Strawberry Bagel
LUNCH
Cheese Sticks
Fries
Corn Nuggets

23.

Muffins
Lunch
Baked Spaghetti
Garlic Toast
Green Beans

26.

Chicken Biscuit
Lunch
Soft Shell Tacos
Queso Cheese and Chips
Corn
Refried Beans

27.

Uncrustable
Lunch
Chicken Tenders
Mashed Potatoes
Sweet Carrots
Roll

28.

Pancakes
Lunch
Gravy and Biscuit
Hashbrowns
Bacon
Dirt Pudding

29.

No School

30.



- Menu is subject to change..
- Due to COVID-19 we will not offer our salad bar, however we will have bowled salads on select days.
- Menu will be updated as needed.



CONSTELLATION CHICKEN



A constellation is a group of visible stars that form a pattern or picture in the sky. The pattern they form may take the shape of an animal, a mythological creature, a man, a woman, or an inanimate object. Astronomers recognize 88 different constellations. The smallest constellation is the Southern Cross, Crux, and the largest constellation is the Water Snake, Hydra.

FIND THE DIFFERENCE

One of the chickens is not like the other. Circle the one you think it could be.



DID YOU KNOW?

National School Lunch Week is this month! Look for proteins like chicken in your school cafeteria and try new foods from Texas farms and ranches! Milk, lean meat, fruit, vegetables, and whole grains can all be part of a healthy school lunch – and they're all produced right here in Texas.

Chicken is an excellent source of protein. Protein is important because it builds muscles and helps keep your body strong. Chicken is also low in fat, making it a healthy choice for any meal.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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www.SquareMeals.org