



HANCOCK COUNTY
SCHOOL NUTRITION PROGRAM

OCTOBER 2026

Hancock County Middle / High School



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SCHOOL NUTRITION PROGRAM

FUN HALLOWEEN FACT: Pumpkins are fruits because they grow from flowers and contain seeds!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			BREAKFAST WG Pancakes, Fruit Cup, Milk LUNCH Philly Cheesesteak, Peppers & Onions, Queso, Corn Chips, Fresh Fruit, Milk	BREAKFAST Biscuit, Gravy, Eggs, Fruit Cup, Milk LUNCH WG Cheesy Garlic Bread, Potato Wedges, Broccoli, Fresh Fruit, Milk
FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL
BREAKFAST Sausage Biscuit, Fruit Cup, Milk LUNCH WG Square Pizza, Curly Fries, Fresh Fruit, Milk	BREAKFAST Pancake Sausage Wrap, Fruit Cup, Milk LUNCH WG Bun, Spicy or Regular Chicken Patty, Baked Chips, Broccoli & Cheese, Fresh Fruit, Milk	BREAKFAST Dutch Waffle, Fruit Cup, Milk LUNCH Chicken Tenders, WG Roll, Mashed Potatoes, Peas, Fresh Fruit, Milk	BREAKFAST French Toast Sticks, Fruit Cup, Milk LUNCH Spaghetti, Texas Toast, Green Beans, Fresh Fruit, Milk	BREAKFAST Biscuit, Gravy, Hashbrown, Fruit Cup, Milk LUNCH WG Cheesesticks, Potato Wedges, Broccoli, Fresh Fruit, Milk
BREAKFAST WG Breakfast Pizza, Fruit Cup, Milk LUNCH WG Bun, Hot Dog, Chili, Fries, Corn, Fresh Fruit, Milk	BREAKFAST Chocolate Donuts, Fruit Cup, Milk LUNCH Biscuits, Gravy, Eggs, Hashbrowns, Baked Apples, Fresh Fruit, Milk	BREAKFAST Bagels, Fruit Cup, Milk LUNCH Chicken Tenders, WG Roll, Mashed Potatoes, Ranch Carrots, Fresh Fruit, Milk	BREAKFAST WG Pancakes, Fruit Cup, Milk LUNCH Philly Cheesesteak Sandwich, Fries, Onions, Peppers, Mushrooms, Fresh Fruit, Milk	BREAKFAST Biscuit, Gravy, Eggs, Fruit Cup, Milk LUNCH WG Cheesy Garlic Bread, Potato Wedges, Broccoli, Fresh Fruit, Milk
BREAKFAST Chicken Biscuit, Fruit Cup, Milk LUNCH Corn Dog, Mac & Cheese, Green Beans, Fresh Fruit, Milk	BREAKFAST Bologna Biscuit, Fruit Cup, Milk LUNCH WG Bun, Hamburger or Cheeseburger, Fries, Fresh Fruit, Milk	BREAKFAST Banana Boats, Fruit Cup, Milk LUNCH Chicken Tenders, WG Roll, Mashed Potatoes, Peas, Fresh Fruit, Milk	BREAKFAST Waffles, Fruit Cup, Milk LUNCH Teriyaki Chicken, Lo Mein, Egg Roll, Fresh Fruit, Milk	BREAKFAST Biscuit, Gravy, Sausage, Fruit Cup, Milk LUNCH Chili, Chips, & Cheese, Baked Potato, Broccoli, Fresh Fruit, Milk, Dirt Pudding
DAILY SERVICE NOTES • 100% juice • 1 or 2% milk with breakfast • 2% and Whole Milk with lunch • Daily salad bar			ROTATING BREAKFAST CHOICES • Yogurt, WG cereals and fruit choices vary by availability	
✓ BREAKFAST OFFER vs. SERVE • Choose at least 3 of 4 items • Include ½ cup fruit or vegetable			✓ LUNCH OFFER vs. SERVE • Choose at least 3 of 5 components • Include ½ cup fruit or vegetable	

MIDDLE SCHOOL BASKETBALL

Oct. 19 @ Bulls Gap Scrimmage — 5:00
Oct. 20 @ Cosby — 6:00
Oct. 23 @ Bulls Gap — TBA (JV Only)

TENNESSEE FOOTBALL

Oct. 3 vs Auburn
Oct. 10 @ Arkansas
Oct. 17 vs Alabama

