

I'm
**PASCAL THE
PIG**

JANUARY

2020

Hancock County Elementary School

**GOOD
EATS AT**

Served Daily with
Breakfast:

- Fruit
- Cereal
- Pop-Tarts
- Milk/Juice

Served Daily with
Lunch:

- Salad Bar
- Fruit
- Milk

**SPECIAL
ANNOUNCEMENTS**

Try our Mini-Burgers
on January 31st

Free Staff Lunch
January 28th



M **T** **W** **TH** **F**

**No
School**₁

**No
School**₂

**No
School**₃

Sausage Biscuit
Lunch
Chicken Sandwich
Chips
Broccoli & Cheese **6**

Chicken Biscuit
Lunch
Hot Dogs
Chili
Fries **7**

Muffins
Lunch
Chicken Tenders
Mashed Potatoes
Broccoli & Cheese
Roll **8**

Bacon Biscuit
Lunch
Ravioli
Corn
Garlic Toast **9**

Gravy Biscuit, Eggs
LUNCH
Cheeseburger
Curly Fries
Corn Nuggets
Ice Cream **10**

Breakfast Pizza
Lunch
Chilli, Chips, and
Cheese
Mexican Corn or
Salsa **13**

Pancake Wrap
Lunch
Subway Day
Ham Hoagie
Chips
Baked Beans **14**

Apple Cinnamon
Toast
Lunch
Chicken Nuggets
Potato Babies
Green Beans
Roll **15**

Uncrustable
Lunch
Vegetable Soup
Grilled Cheese
Corn **16**

Gravy Biscuit, Sausage
Lunch
Deep Dish Pizza
Cheese or Pepperoni
Fries
Corn **17**

**No
School**₂₀

Chicken Biscuit
Lunch
Corn Dog
Fries
Mac and Cheese **21**

Muffins
Lunch
Popcorn Chicken
Mashed Potatoes
Green Beans
Roll **22**

Pancakes
Lunch
Fish Nuggets
Hushpuppies
Green Beans
Slaw **23**

Apple & Banana
Bread
Lunch
Gravy and Biscuit
Hashbrowns
Bacon **24**

Sausage Biscuit
Lunch
Stuffed Crust Cheese
or Pepperoni Pizza
French Fries
Green Beans **27**

Muffin
Lunch
Hard or Soft Shell
Tacos
Corn
Refried Beans **28**

French Toast Stick
Lunch
Chicken Tenders
Tater Tots
Broccoli
Roll **29**

Apple & Banana
Bread
Lunch
Chicken Noodle Soup
Grilled Cheese
Baked Apples **30**

Gravy Biscuit, Bacon
Lunch
Mini Burgers
Fries
Corn **31**



PASCAL Pig

Pascal the pig may be stout but he is strong! Pascal was born without a tail so the veterinarian made him a mechanical tail out of a spring. Pascal uses his super spring tail to jump super high!



WHAT TO KNOW

Pork is a protein food that is used in many recipes like ham sandwiches, pork chops, pulled pork tacos, and jambalaya. Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



JOKE OF THE MONTH

Q: Why should you never tell a pig a secret?

A: Because they love to squeal!



POWER
HIGH JUMP

PASCAL'S
FAVORITE
ACTIVITY
Jump Rope

MAD LIB!

BECOMING PART OF THE SUPER SQUAD!

Pascal Pig was not always a _____ who spent his time educating kids about
eating healthy and dodging evil _____. He was once a normal, average
_____. He had a _____ life growing up on the farms of Texas. Now
he spends his time doing _____ and traveling around Texas in his _____
to help kids learn about eating right so they can become Healthy Heroes too!

noun
plural noun
noun
adjective
activity
noun

