



i'm **HADLEY HEN**

MARCH

2020

Hancock County Middle/High School

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW

GOOD EATS AT

- Served Daily with Breakfast:
- Fruit
 - Cereal
 - Pop-Tarts
 - Milk/Juice
- Served Daily with Lunch:
- Salad Bar
 - Fruit
 - Milk

SPECIAL ANNOUNCEMENTS

National School Breakfast Week

Student eating breakfast in the cafeteria will be entered for a chance to win new wireless earbuds.



Free Staff Lunch
March 19th

M Sausage Biscuit Lunch Original or Spicy Chicken Sandwich Chips Broccoli 2	T Steak Biscuit Lunch Corn Dog Potato Wedges Mac and Cheese 3	W Un crustables Lunch Chicken Tenders Fries Corn Roll 4	TH Cinnamon Toast Strudel Lunch Fish Nuggets Hushpuppies Green Beans Slaw 5	F Gravy Biscuit, Bacon Lunch Deep Dish Pizza Cheese or Pepperoni Fries Corn 6
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Breakfast Pizza Lunch Chilli, Chips, and Cheese Mexican Corn or Salsa 9	Chicken Biscuit Lunch BBQ Pork Pasta Cole Slaw 10	Muffins Lunch Chicken Sandwich Chips Sweet Carrots 11	Pancakes Lunch Turkey Dressing Mashed Potatoes Rolls 12	Gravy Biscuit, Eggs LUNCH Cheeseburger Curly Fries corn Ice Cream 13
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Sausage Biscuit Lunch Pizza Fries Corn 16	Steak Biscuit Lunch Baked Spaghetti Garlic Toast Green Beans 17	French Toast Stick Lunch Chicken Tenders Baby Bakers Carrots 18	Pancake Sausage Wrap Lunch Vegetable Soup Cornbread Corn 19	Gravy Biscuit, Sausage Lunch Subway Day Ham/Turkey Hoagie Chips Baked Beans 20
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SPRING BREAK 23	SPRING BREAK 24	SPRING BREAK 25	SPRING BREAK 26	SPRING BREAK 27
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Breakfast Pizza LUNCH Cheeseburger Curly Fries Broccoli 30	Chicken Biscuit Lunch Hot Dogs Chili Fries 31
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The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



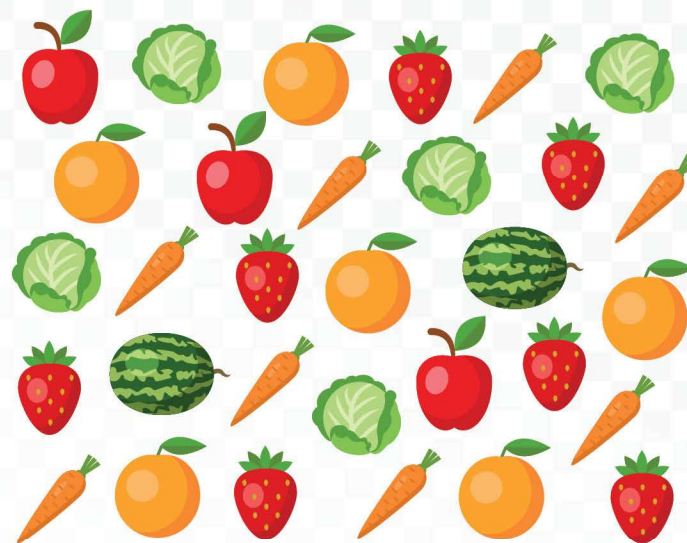
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

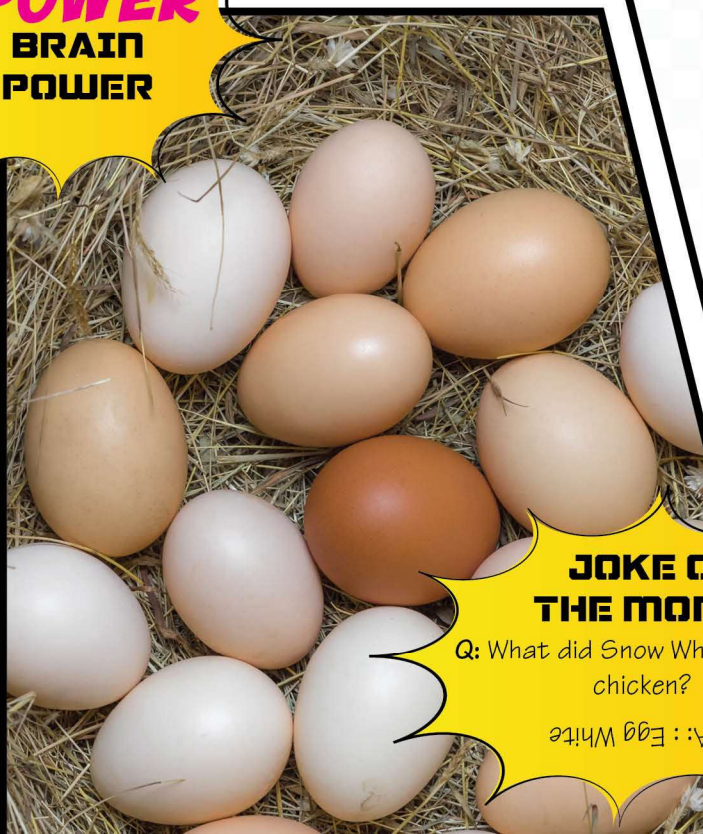
Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!







POWER BRAIN POWER








JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White

	_____		_____
	_____		_____
	_____		_____

5		8	
3		7	
2		6	