



TRAUMA CENTER TRAUMA SENSITIVE YOGA FOUNDATION TRAINING

with the Center for Trauma & Embodiment Boston



DATE: 20–21 JUNE 2025

TIME: 9:00AM TO 5:00PM

**LOCATION:
SOUTH SOUND COMMUNITY
CIVIC CENTRE**

Ideal for:

Psychologists, counselors, psychotherapists,
social workers, medical professionals, yoga
teachers, volunteers, and those working with
AA, NA, or other support services.

Join us for a transformative 20-hour foundation course in TCTSY, facilitated by Jenn Turner, co-developer of TCTSY and Executive Director at the Center for Trauma and Embodiment. This internationally recognised training explores the powerful intersection of trauma and movement, offering practical tools for fostering choice, agency, and co-regulation through body-based practices

Continuing Education:

Earn 20 CEUs/CPD hours (Yoga Alliance recognised) – also applicable toward broader professional development hours for mental health and healthcare providers.

Fees:

- Early Bird (April): \$550 CI – must be paid in full by 30 April
- Early Bird (May): \$600 CI – must be paid in full by 31 May
- Full Price: \$650 CI – deposit of \$100 CI secures your spot anytime

About the trainer: Jenn Turner • she/her/hers

Co-Director & Founder • LMHC, RYT, TCTSY-F

Jenn is the Co-Director of the Center for Trauma and Embodiment where she works to oversee training and supports the development of body-first interventions for healing from trauma. Jenn also leads trainings in Trauma Center Trauma Sensitive Yoga (TCTSY) throughout the U.S, provides consultation to organizations on how to become more trauma informed at all levels.

Spaces are limited.

To register or inquire,
email: office@aspire.ky
Phone: 743-6700



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