

INFRARED SAUNAS

Discover the Sun & Soul™ Infrared Sauna Collection

A Sun & Soul™ sauna is the perfect way to care for your mind, body and soul.

Never tried an infrared sauna? They're similar to steam ones, but without the extreme temperature. Instead, they heat the body directly to induce a deep sweat.

As well as having many wellness benefits, our infrared saunas are a natural way to rest and relax.

Sauna Features

Our infrared saunas come with:

- Far infrared spectrum heaters (the closest of the wavelengths to the human body's infrared heat). Their low EMF carbon construction is more efficient and improves even heat distribution to prevent 'hot spots'.
- Two front-facing infrared heaters for comprehensive surround infrared heat therapy.
- An integrated digital control panel so you can easily adjust the temperature and duration of your session.
- A solid wood bench made of durable furnituregrade materials.
- Built-in therapeutic chromatherapy for even more wellness benefits.
- An enhanced sound system with Bluetooth® capabilities so you can listen to your favorite music during your session.





SUN100[™]

1 PERSON

Dimensions (exterior) 40" x 44" x 79" / 430 lbs

Electrical:

120V/ 1,680 W 14.0A NEMA 5-15 Plug



SUN200[™]

2 PERSON

Dimensions (exterior) 45" x 44" x 79" / 460 lbs

Electrical:

120V/ 1,820 W 15.17A NEMA 5-20 Plug



SUN300[™]

3 PERSON

Dimensions (exterior) 63" x 44" x 79" / 575 lbs

Electrical:

120V/ 2,180 W 18.17A NEMA 5-20 Plug



Sauna Benefits



Improves the body's overall well-being.



Gives you a dedicated space for quiet rest and relaxation.



Relieves stress and helps promote deep, restorative sleep.



Supports mental focus, awareness and clarity.



Good for your mind and mood.



Supports recovery after exercise to help maintain cardiovascular health.



Cleanses and hydrates skin for a glowing look.





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Elevating Your Relaxation Experience

Our massage chairs are crafted with precision and designed to provide the ultimate rejuvenating experience. What sets us apart is our commitment to excellence in both technology and comfort. Featuring state-of-the-art massage techniques, customizable settings, and luxurious materials, our chairs deliver unparalleled relaxation tailored to your needs.

Whether you seek relief from daily stress, muscle tension, or simply desire a moment of pure indulgence, our massage chairs are here to elevate your well-being. Experience the ZA Massage Chair Difference and discover a new level of relaxation and comfort like never before.

Where Innovative Therapy Meets Comfort

At ZA, we understand the daily grind all too well. Juggling work, family, and everything in between leaves little time for relaxation and self-care. That's why we're passionate about providing you with high-quality massage chairs that bring the soothing benefits of professional therapy right into your home.

With a decade of experience in the industry, we founded ZA with a simple mission: to make self-care accessible to everyone. Back in 2006, finding a massage chair that catered to your specific needs was a challenge. They were expensive, hard to find, and often didn't offer the relief you were looking for. We knew there had to be a better way.

That's why we set out to create ZA massage chairs—innovative, affordable, and designed with your comfort in mind. Our chairs not only provide luxurious comfort but also therapeutic benefits, targeting stubborn knots and tension points to provide relief and relaxation.

At ZA, we believe that everyone deserves a moment of relaxation and rejuvenation. That's why we're committed to bringing you products that enhance your well-being and fit seamlessly into your lifestyle. Join us on our journey to prioritize self-care and make everyday life a little more blissful, one massage at a time.





SPECIFICATIONS

Seated: 57"×35"×50"

Reclined: 78" x 35" x 36"

Weight: 298 lbs.

Weight Capacity: 380 lbs.

Massage Depth

Massage Modes

Air Massages

4 Positions

FEATURES

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- YogaFlex
- ZeroG
- ShoulderCompress
- ComfortExtend
- FootReflex
- CalfMassage
- ReCirculate
- VideoMap



HipShape Relaxes the muscles in your lower back with alternating air compression massage for your waist, thighs, and glutes.



3D Advanced Wave Massage Rollers that travel up and down and side to side along your back, but also into your back to more closely resemble pressure from a masseuse.



HeatTherapy
Delivers indirect heat to your body
to provide pain relief and improved
muscular strength and flexibility.



ShapeDetect Detects your body's shape and size to provide a fully customized massage for you.

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SPECIFICATIONS

Seated: 60"x34"x48"

Reclined: 70"x34"x35"

ed: Weight: 35" 240 lbs.

Weight Capacity: 380 lbs.

Massage Depth

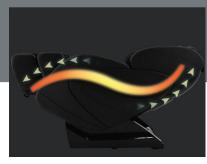
Massage Modes

Air Massages
10 Positions

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- Advanced HeatTherapy
- ZeroG
- HipShape
- CalfKneading
- ComfortExtend
- FootReflex
- ShapeDetect
- ShoulderCompress

- CalfMassage
- ReCirculate
- VideoMap
- USB Power Dock
- 3D Advance Wave Massage



YogaFlex

Decompresses spine and joints as it stretches your back and legs to help pain relief and improve the circulation for your entire body.



SpaceSaver

Slides forward before reclining, saving you space. You only need 3 inches of clearance behind the massage chair when it's fully reclined.



LongRail

Moves down your back, encircles your glutes, and ends at your hamstrings, providing a truly comprehensive and immersive massage experience.



AudioWave

Connect your device with AudioWave Bluetooth technology to play music or answer calls.



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Weight: 240 lbs.

Weight Capacity: 380 lbs.

Massage Depth

Massage Modes

Air Massages

4 Positions - 5 Intensity Levels

FEATURES

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- YogaFlex
- Advanced HeatTherapy
- ZeroG
- HipShape
- SpaceSaver
- ShoulderCompress
- FootReflex
- ShapeDetect

- CalfMassage
- ReCirculate
- VideoMap
- USB Power Dock
- LongRail
- AudioWave
- LegExtender



Executive 4D Massage Rollers that extend up to 5 inches into you body and travels from your neck, down your back, around your glutes and to your hamstrings.



AutoExtend
Automatically detects your height and adjusts the legrest up to 10 inches.



CalfKneading
Kneads your achy calves, similar
to a masseuse, helping to increase
circulation and promoting recovery to
your sore calf muscles.



Zen360 Surrounds your heels, toes, and the top of your feet with an air compression massage relieving arthritis and stimulating circulation.













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