

Gem Yoga and Life Enrichment

2 Sycamore Street
Tiffin, OH 44883

Updated Covid 19 Response

July 30, 2020

Our Continuing Commitment to You During the Pandemic

Gem Yoga and Life Enrichment has always strived to provide our clients with a safe and healthy environment. Now, more than ever, we are operating with an abundance of caution by adhering closely to all guidelines set forth by the State of Ohio Medical Board of Review in our private therapies and those of the State of Ohio Department of Health concerning group classes.

Updated Studio Status

We are operating both in studio and online. The following guidelines are in place for everyone's safety. We ask that you please respect these requests and remember that we are all in this together.

If you are running a fever and/or experiencing symptoms you'll be asked to reschedule your appointment or not take part in the group practice

Scheduling and Arriving for Individual Services:

Please contact your service provider directly to schedule your appointment. The following protocols are in place for your safety as well as the safety of our providers:

- **Your therapy room will be clean and disinfected prior to your arrival.**

- When a statewide mask mandate is in effect, we require one to be worn upon entry.
 - When arriving for your appointment, please call or text your service provider directly to be admitted into the studio.
 - Prior to entering the therapy room, please wash your hands or use the hand sanitizer provided.
 - Your temperature will be taken and you'll be asked to answer a brief symptom questionnaire.
 - Once in the therapy room you may remove your mask if you wish. Your practitioner will ask if you prefer her/him to remain masked during your session.
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Scheduling and Arriving for Group Practices:

All in studio group practices are limited to six students to ensure adequate space. Please pre-register through our website to ensure your spot. Online options are also available.

- When a statewide mask mandate is in effect, we require one to be worn upon entry.
- Please proceed directly to the front reception area to check in and have your temperature taken.
- There are lockers available in the prop/coat room.
- Your mask may be removed for class.
- There will be no hands on posture adjustments during class.
- If you utilize a studio provided mat or props, please leave them in the practice room at the conclusion of class. We will disinfect and put them away.

We will move through this together...