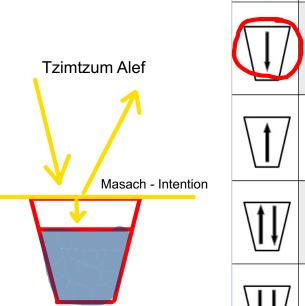


The Arizal writes that all the souls of Israel may be viewed as one large body. There are souls that are the "head" of the body and souls that are the "feet" of the body. Although each soul performs its individual purpose, just as each limb of the body has a specific task, in the final analysis, they are all part of the same body. It also follows that since all souls constitute one body, the performance of *Mitzvah* by any one limb will be healthy for the entire body.



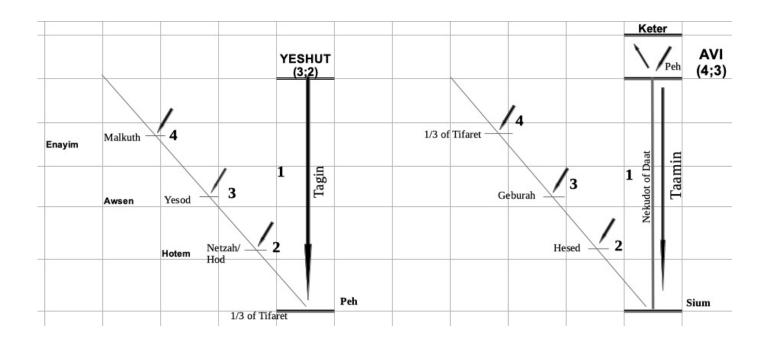
Rabbi Nissan D. Dubov is director of Chabad Lubavitch in Wimbledon, UK.

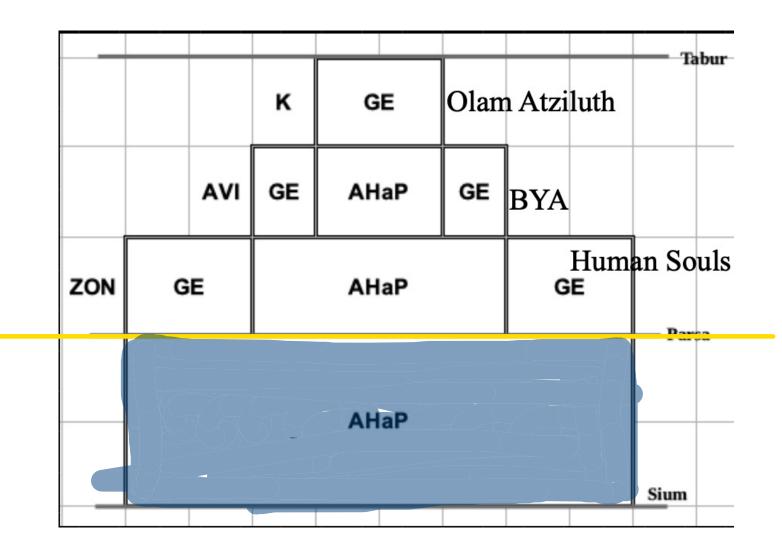


$\infty$			Atzmuto	
ļ	Shoresh	Keter	Desire to give	(.)
	Aleph	Hochmah	Dependent desire to receive	•
	Beit	Binah	Desire to give without receiving	ה
11/	Gimel	Zeir Anpin	Desire to receive to give	١
	Dalet	Malchut	Independent desire to receive	π

				Atily T'A/4;3	Atik/2;1	Atik/1;0		SAG4;3	SAG/2;1	SAG/Binah/ 3;2	AB/ Hochmah/ 4;3	Galgalta/ Keter/ 4;4
General T		A'A	tik T'B	НВD	Katnut	ндт	hevirat ha ie of Ibbur	10 Sefirot of K	GE Keter	de SAG	н	
	ZA	u x	9	in Tzimtzum Ale E	State of	NHY	After the Shevirat ha Kelim / Stae of Ibbur or embryo	10 Sefirot of AVI	GE AVI	Nekudot	В	
arsa				llut / Atik a				ha Kelim	GE ZON		G 1/3 of T	
				State of Ga	100 m			Place of the Shevirat		Tzimtzum Beit	2/3 of T N H	

		Gadlut before the Shevirah (4;3)	Neku Gadl	ıdim ut (4;3)			
		\/	\	/			
				2,	itlabshut Aviut 1 2;1)	Tabur	
stages of development in AVI		10 s	efirot of K'	GE	к		
and YESHUT = 8 Melachim. 2 zivugim; one $\frac{1}{2}$ Melachim X 4 = 32 on 4;3 and one $\frac{1}{2}$ X 10 = 320 = Total sum of YESHUT on 3	in	10 sefir	ot of AVI	AHaP GE	AV	ı	Nekudim
elim. The first 9 sefirot = 288 (320 –	\\/			AHaP			Kadnut Only the GE
2). The remaining 32 are the ony heart, only to be corrected G'mar Tikkun.	4   1			GE	zo		is used.
2 partzufim with 2 zivugim. AVI and YESHUT are regarded as one partzuf they are know as Yisrael Sabah v'Tevunah or lower part of Binah.	Tagin Tagin	10 s ZOI	efirot of	corre	these can't be	hevirah ha	
	2			***************************************	K	elim Sium	





					At ik/ T'A/4;3	Atik/2;1	Atik/1;0		SAG/4;3	
					\/	7		Metzach	\/	
				Atik T'B						Tabur
Sh	abba	it /	A'A		HBD		HGT	na ur	10 Sefirot of K'	
Olam	NA.	AVI		Beit		Katnut	HGI	After the Shevirat ha Kelim / Stae of Ibbur or embryo		
/	Z'A			imtzum	in Tzimtzum Ale Ā	State of		After the S Kelim / Sta or embryo	10 Sefirot	
/					HGT	s	NHY	Afta Kel or e	of AVI	
M'				K as in T	T ui					
				Ati	Atik a				Celim	
					) Int				ha F	Parsa
Place of Briah	2,00	00			Sate of Ga				Place of the Sheviratha Kelim	
Place of Yetzirah	2,00	00	Week	days	S				e of the	
Place									Place	
of Assiah	2,00	00								Sium

