

Creator

Spiritual

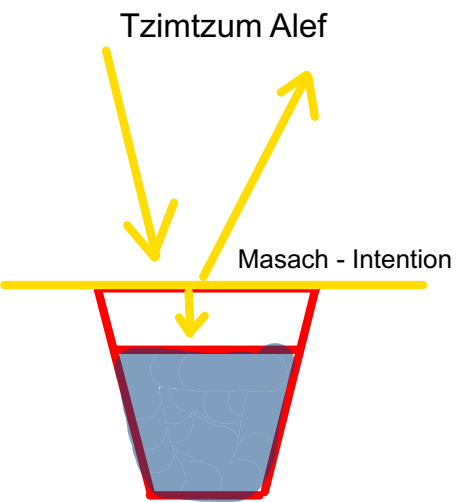
Supra-Mental





Mental

The Arizal writes that all the souls of Israel may be viewed as one large body. There are souls that are the “head” of the body and souls that are the “feet” of the body. Although each soul performs its individual purpose, just as each limb of the body has a specific task, in the final analysis, they are all part of the same body. It also follows that since all souls constitute one body, the performance of *Mitzvah* by any one limb will be healthy for the entire body.



Rabbi Nissan D. Dubov is director of Chabad Lubavitch in Wimbledon, UK.



| ∞ | <u>Atzmuto</u> | | | |
|--|----------------|-------------------|----------------------------------|-----|
| ↓ | <u>Shoresh</u> | <u>Keter</u> | Desire to give | (.) |
|  | <u>Aleph</u> | <u>Hochmah</u> | Dependent desire to receive | א |
|  | <u>Beit</u> | <u>Binah</u> | Desire to give without receiving | ב |
|  | <u>Gimel</u> | <u>Zeir Anpin</u> | Desire to receive to give | ג |
|  | <u>Dalet</u> | <u>Malchut</u> | Independent desire to receive | ד |

| | | | | | | | | | | | | | | |
|----------------------|--|--|----------------------|-----|-------------------------|---------------|---|----------|--|----------------------|----------|-------------------|------------------------|-------------------------|
| | | | | | | | | | | | | | | Galgalta/ Keter/ 4;4 |
| | | | | | | Atik/ T'A/4;3 | Atik/2;1 | Atik/1;0 | | SAG/4;3 | SAG/2;1 | SAG/Binah/ 3;2 | AB/ Hochmah/ 4;3 | |
| | | | | | | | | | | | | | | |
| General Tabur | | | | | Atik T'B | | | | | | | | | |
| | | | <i>Olam Atziluth</i> | | | HBD | | HGT | | 10 Sefirot of K' | GE Keter | | K | |
| | | | | AVI | A'A | | State of Katnut | | | | | Nekud outside SAG | H | |
| | | | | | Beit | HGT | | NHY | | 10 Sefirot of AVI | GE AVI | | B | |
| | | | Z'A | | | | State of Gallut / Atik as in Tzimzum Alef | | | | | | H | |
| | | | | | Atik as in Tzimzum Beit | NHY | | | | | GE ZON | | G | |
| | | | M' | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| Parsa | | | | | | | State of Gallut / Atik as in Tzimzum Alef | | | | | | | 1/3 of T |
| | | | | | | | | | | | | | | 2/3 of T |
| | | | | | | | | | | | | | | N |
| | | | | | | | | | | | | | | H |
| | | | | | | | | | | | | | | Y |
| | | | | | | | | | | | | | | M |
| Sium | | | | | | | | | | | | | | |

Tzimzum Beit



Place of the Shevira ha Kelim

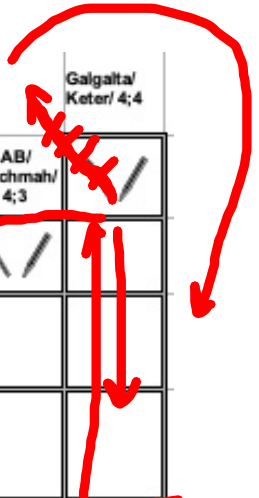
After the Shevirat ha
Kelim / Stae of Ibbur
or embryo

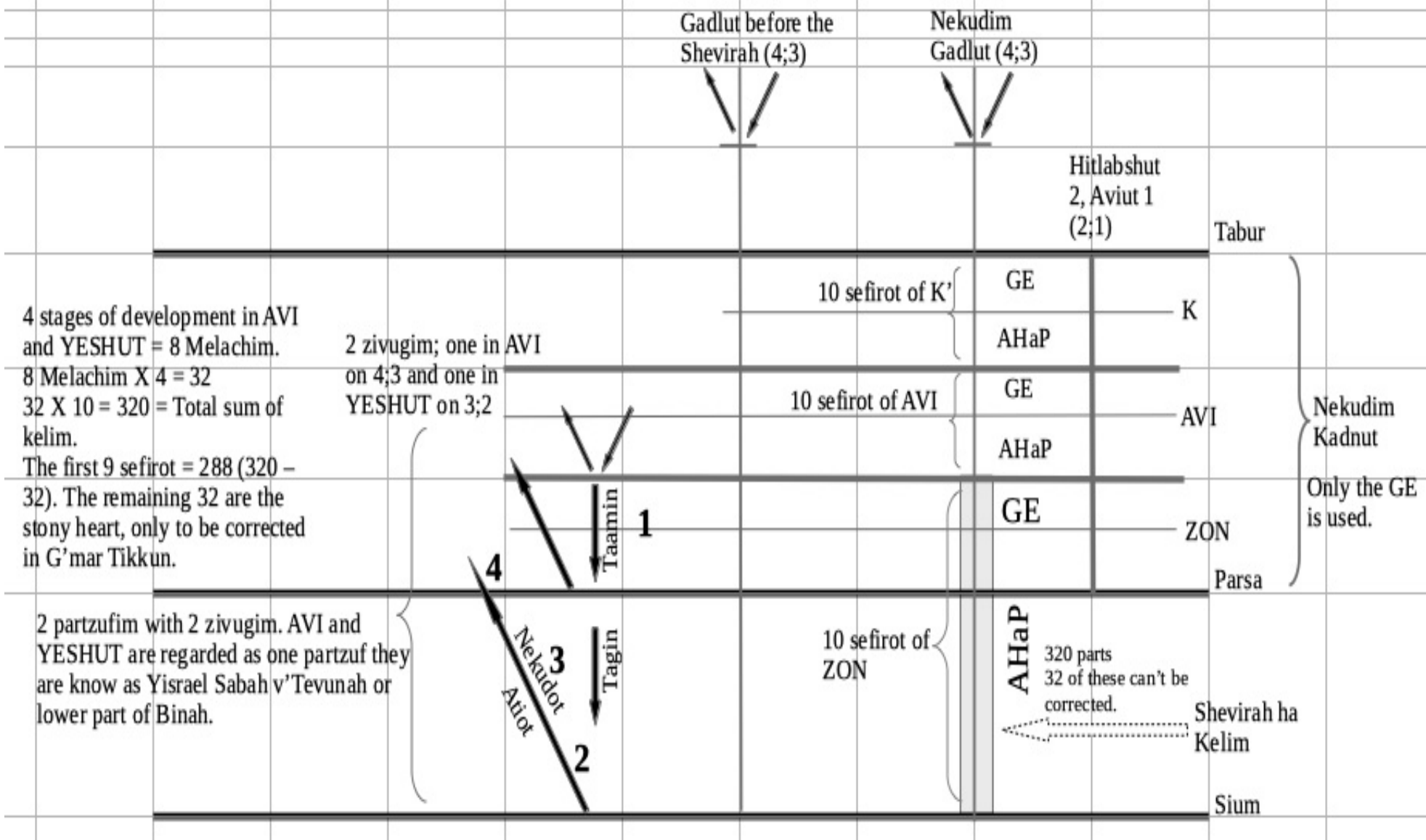
State of Katnut

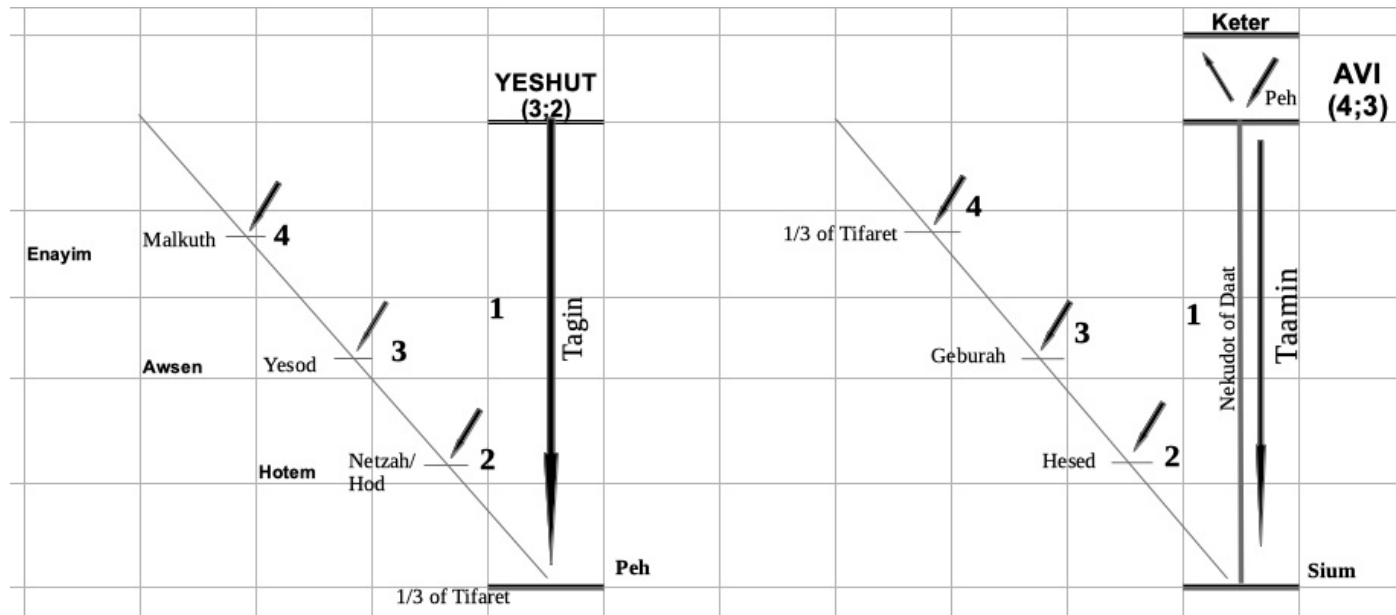
State of Gallut / Atik as in Tzimzum Alef

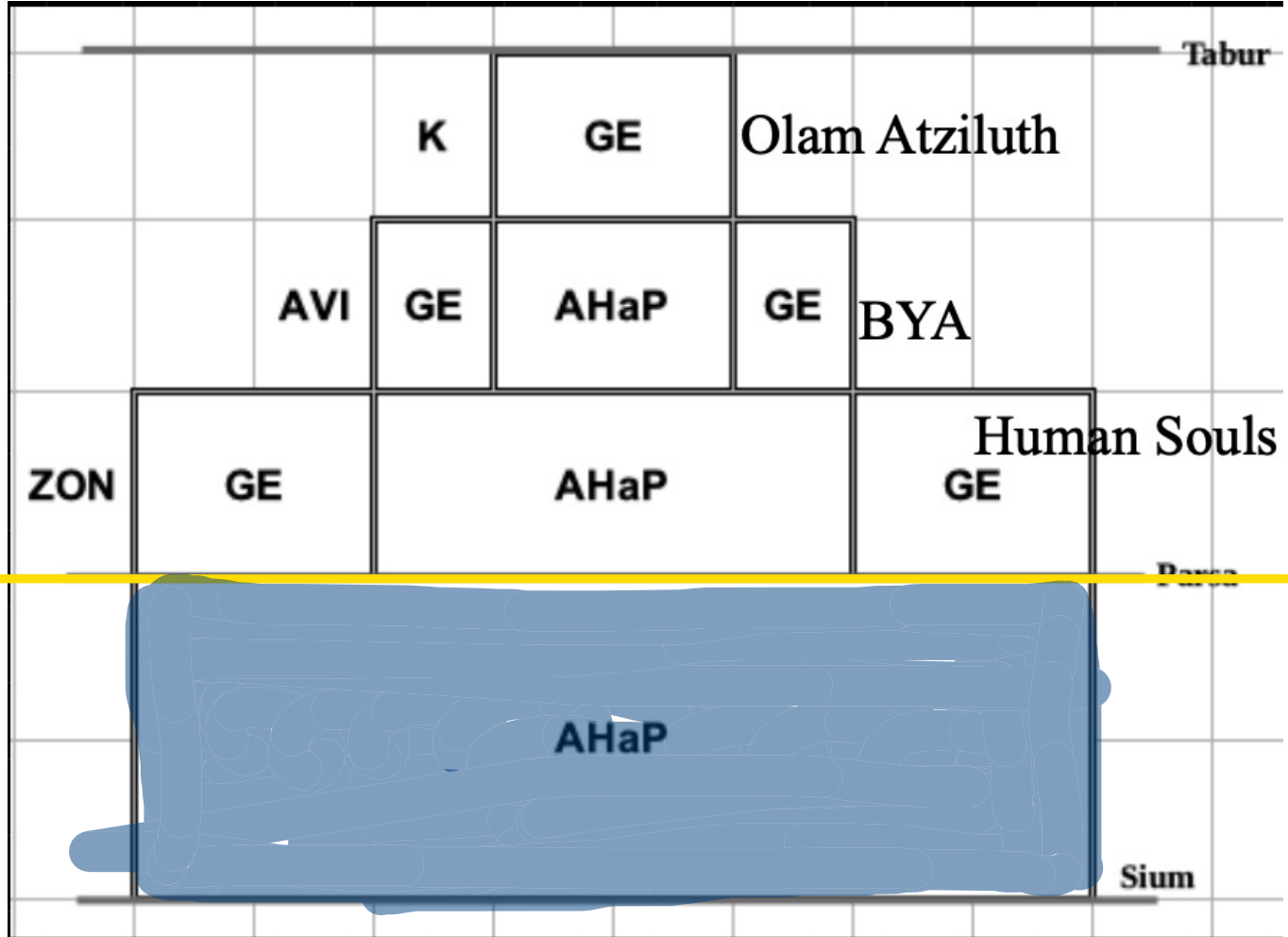
Atik as in Tzimzum Beit

Olam Atziluth









| | | | | | | | | | |
|-------------------|-------|----------|--|--|--------------|----------|-----------------|---------|--------------------------------|
| | | | | | Atik T'A/4;3 | Atik/2;1 | Atik/1;0 | | SAG/4;3 |
| | | | | | Atik T'B | | | Metzach | |
| | | | | | A'A | | | | 10 Sefirat of K' |
| | | | | | AVI | HBD | State of Katnut | HGT | 10 Sefirat of AVI |
| | | | | | Z'A | HGT | State of Katnut | NHY | |
| | | | | | M' | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Place of Briah | 2,000 | | | | | | | | Place of the Shevirat ha Kelim |
| Place of Yetzirah | 2,000 | Weekdays | | | | | | | |
| Place of Assiah | 2,000 | | | | | | | | |

Shabbat

Olam Atziluth

Tabur

Parsa

Sium

