



Persian
Guf/Body
Nefesh

The Cup of Sanctification

"I will bring you out from under the burdens of the Egyptians."



Babylonian
Nefesh/Spirit
Ruach

The Cup of Sanctification

"I will bring you out from under the burdens of the Egyptians."



Greek
Seichel/Mind
Neshamah

The Cup of Redemption

"I will redeem you with an outstretched arm."



Roman
Hakal/Transcendence
Chiah

The Cup of Praise

"I will take you as My people."



• Infinity

Yechidah

The 3 Matzot, 4 Pieces



Hochmah

Binah

Daat

Afikomen

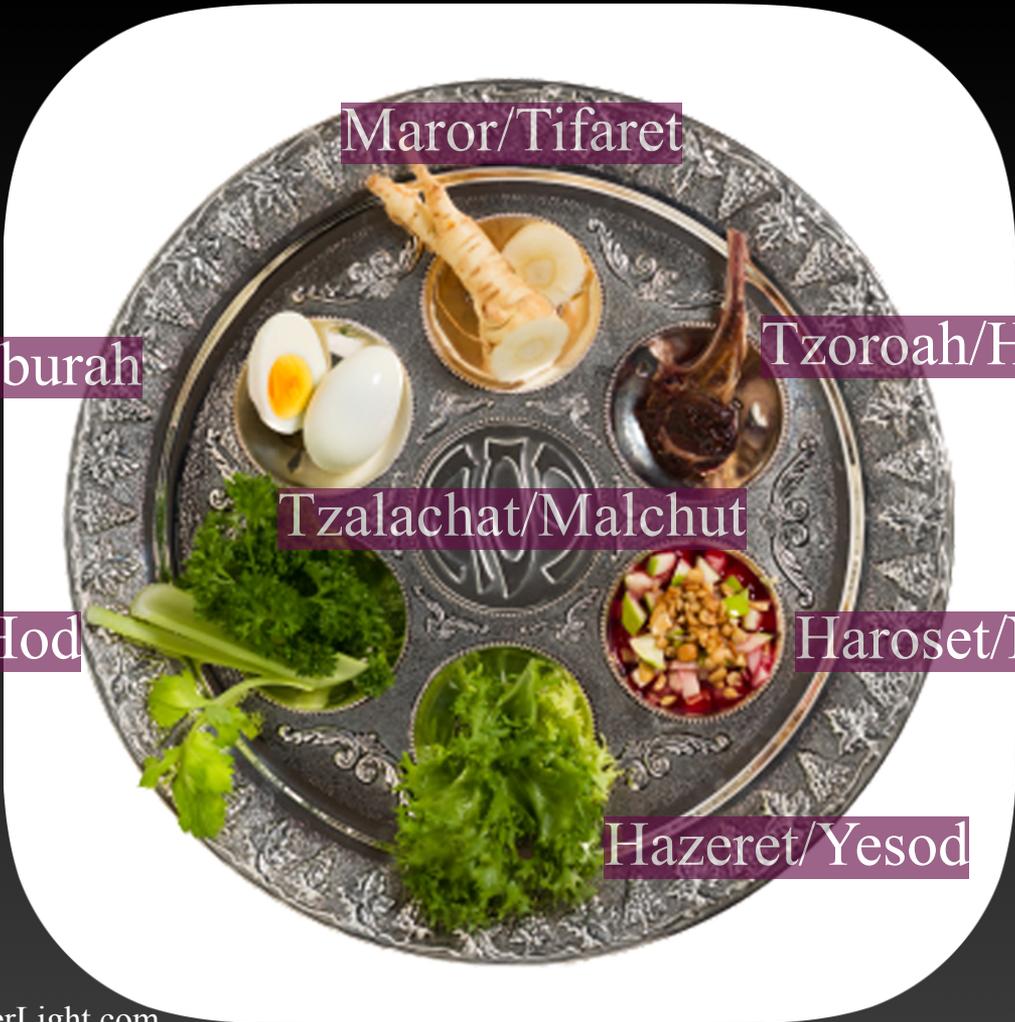


עב 72

סג 63

135





Maror/Tifaret

Beitzah/Geburah

Tzoroah/Hesed

Tzalachat/Malchut

Karpas/Hod

Haroset/Netzach

Hazeret/Yesod



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Hazeret/Yesod

The 15 Steps of Pesach

These 15 steps parallel the 15 steps in the Temple in Jerusalem.

Also represent the first two letter of YHVH (יהוה)



	Atziluth	י
	Briah	ה
	Yetzirah	ו
	Assiah	ה



י	Chiah
ה	Neshamah
ו	Ruach
ה	Nefesh

The 15 Steps of Pesach

1. Kadesh - Sanctify

2. Urchatz - Wash Your Hands

3. Karpas - Appetizer

4. Yachatz - Break the Middle Matzah

5. Maggid - Tell the Story of the Exodus

6. Rachtzah - Wash Your Hands Again

7. Motzi - Blessing Over Bread

8. Matzah

9. Maror - Bitter Herbs

10. Korech - The Hillel Sandwich

11. Shulchan Orech - The Festive Meal

12. Tzafun - Eat the Afikomen

13. Bareich - Grace After Meals

14. Hallel - Psalms of Praise

15. Nirtzah - Accepted

1. Kadesh - Sanctify

		← SCANNING DIRECTION							
Removal of time, space and motion Removing the negative influence of physical matter from our lives Unconditional Love	אבג יתץ	צְרוּרָה <i>tzerurah</i>	תַּתִּיר <i>tafir</i>	יְמִינֶךָ <i>yeminecha</i>	גְּדוּלַת <i>g'dulat</i>	בְּכוּן <i>b'koach</i>	אָנָּה <i>ana</i>	חֶסֶד Chesed	1
Restricting the reactive system Closing the gates from Satan Forgetting all limited thoughts	קרב עטן	נֹרָא <i>nora</i>	טַהֲרֵנוּ <i>taharenu</i>	עֲזָבֵנוּ <i>sagvenu</i>	עֲמֶךָ <i>amecha</i>	רִנַּת <i>rinat</i>	קָבֵל <i>kabel</i>	נְבוּרָה Gevurah	2
Opening the channel of sustenance Retrieving the Light from the <i>Klipot</i> Removing hatred for no reason	נגד - יכש	שְׁמֵרֵם <i>shamrem</i>	כִּבְבַּת <i>k'vavat</i>	יְחוּדֶךָ <i>yichudecha</i>	דֹּרְשֵׁי <i>dorshei</i>	גִּבּוֹר <i>gibor</i>	נָא <i>na</i>	תִּפְרֵת Tiferet	3
The power to persevere	בטר צתג	גַּמְלֵם <i>gamlem</i>	תַּמִּיד <i>tamid</i>	צִדְקָתְךָ <i>tzidkatecha</i>	רַחֲמֵי <i>rachamei</i>	טַהֲרֵם <i>taharem</i>	בָּרְחֵם <i>barchem</i>	נְצַח Netzach	4
Clairvoyance – to be able to see the connection between cause and effect To see the Big Picture	זקב טזע	אֲדַתְךָ <i>adatecha</i>	נָהַל <i>nahel</i>	טוּבְךָ <i>tuvcha</i>	בְּרוּב <i>b'rov</i>	קָדוּשׁ <i>kadosh</i>	חֲשִׁין <i>chasin</i>	הוֹד Hod	5
Spreading spirituality throughout the world, enlightening others particularly through Kabbalah	יגל פוק	קְדוּשַׁתְךָ <i>kdushatecha</i>	זֹחְרֵי <i>zochrei</i>	פְּנֵה <i>p'neh</i>	לְעִמְךָ <i>l'am'ach</i>	גֵּ'ה <i>ge'eh</i>	יָחִיד <i>yachid</i>	יְסוֹד Yesod	6
The power to manifest things in the right way Renewal and restoration	עוקו צית	תְּעוּלוֹמוֹת <i>ta'alumot</i>	יֹדֵעַ <i>yodeh</i>	צִעֲקָתְנוּ <i>tza'akatenu</i>	וּשְׁמַע <i>ush'ma</i>	קָבֵל <i>kabel</i>	שְׁחַוְתֵנוּ <i>sha'vatenu</i>	מַלְכוּת Malchut	7
		וְעֵד: <i>va'ed</i>	לְעוֹלָם <i>le'olam</i>	מַלְכוּתוֹ, <i>malchuto</i>	כְּבוֹד <i>kevod</i>	שֵׁם <i>shem</i>	בָּרוּךְ <i>baruch</i>	(בְּלִחָשׁ) (silently)	



Atziluth

As we say the blessing over the wine we pray for the abundance of the Light in our lives.



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Guf/Body
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"I will bring you out from under the burdens of the Egyptians."

י	
ה	
ו	
י	ה
ה	
ו	
ח	

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מְלֶכֶּה הָעוֹלָם, שֶׁחֲיֵינוּ וְקִיָּמֵנוּ
וְהִגִּיעֵנוּ לַיּוֹם הַזֶּה.

Because we are starting a new connection we say the Shehecheyanu blessing.

1. Kadesh - Sanctify



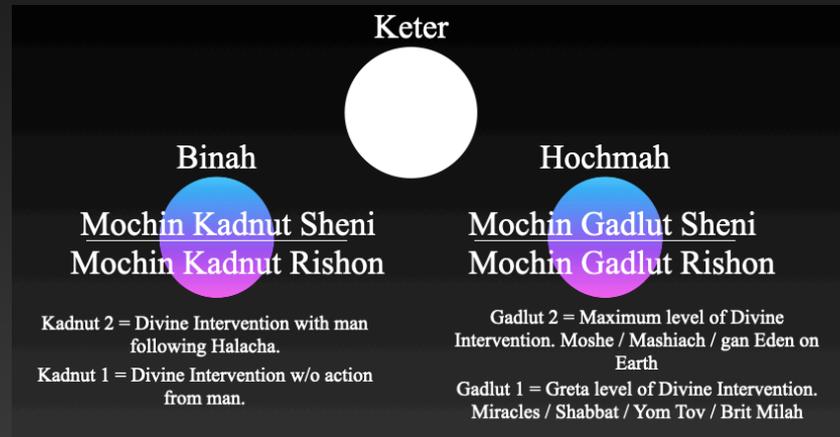
אלהים



אלף למד הה יוד ממ

Mochin Gadlut Rishon

Kadeish/Kidush



Receiving the Upper Light קבלת האור העליון
Kabbalah Study Group קבוצת לימוד קבלה



2. Urchatz - Wash Your Hands



Meditate on eliminating
negativity from ourselves to
build trust.
No blessing is recited.

Urchatz = Aramaic for Trust.



3. Karpas - Appetizer

Meditate on 6,000 souls who were in Egypt to remind us of the slavery of limitation and egoistic thoughts and why we need to leave as quick as we can this egoistic nature in us.



4. Yachatz - Break the Middle Matzah



Poor

דל

ה = ו + ד

ו

ד

Zeir Anpin

Nukvah



5. Maggid - Tell the Story of the Exodus



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Briah



י	
ה	
י	ו
ה	ה
ו	
ה	

ו

Babylonian
Nefesh/Spirit

Ruach

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"I will bring you out from under
the burdens of the Egyptians."

The cup is blessed after the Maggid.

Receiving the Upper Light
Kabbalah Study Group

קבלת האור העליון
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www.ReceivingTheUpperLight.com

5. Maggid - Tell the Story of the Exodus

The Ten Plagues of Egypt



“How dare you sing for joy when My creatures are dying” (Talmud, Megillah 10b and Sanhedrin 39b).

We take wine and put a drop of it in a plate symbolizing that eventhough we are joyous for our freedom, we also remember the suffering of the Egyptians as well.



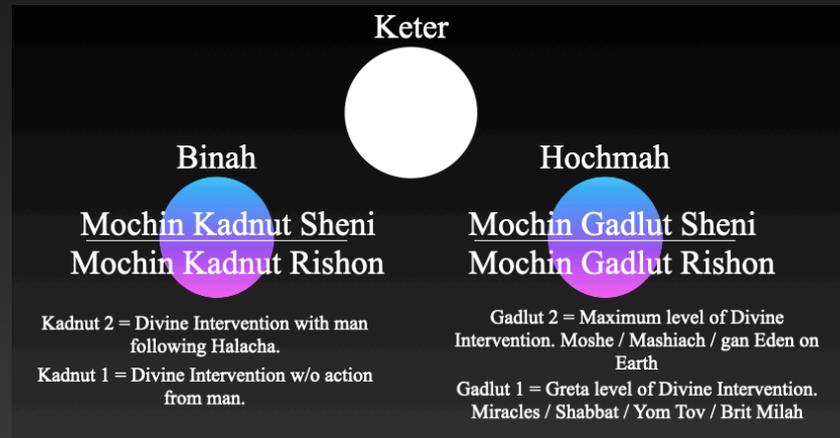
5. Maggid - Tell the Story of the Exodus



אלהים

אלף למד הא יוד ממ
Mochin Kadnut Rishon

Maggid



6. Rachtzah - Wash Your Hands Again



Netilat Yiadaim is recited to elevate our hand. We elevate our labor to higher degree to be able to participate in the eating of the Matzah.

