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Rosh Hashanah ראש השנה



Presented by Ramon Yakob Ben Abraham

Yom Teruah (יום תְּרוּעָה)

Leviticus 23:24

Speak to the children of Israel, saying:
In the seventh month, on the first of
the month, it shall be a Sabbath for you,
a remembrance of [Israel through] the
shofar blast a holy occasion.

כַּד דִּבַּר אֶל־בְּנֵי יִשְׂרָאֵל לֵאמֹר
בַּחֹדֶשׁ הַשְּׁבִיעִי בְּאַחַד
לַחֹדֶשׁ יְהִי־לָכֶם שַׁבָּתוֹן
זִכְרוֹן תְּרוּעָה מִקְרָא־קֹדֶשׁ:

Numbers 29:1

1And in the seventh month, on the first
day, there shall be a holy convocation for
you; you shall not perform any mundane
work. It shall be a day of shofar sounding
for you.

אֻבַּחֹדֶשׁ הַשְּׁבִיעִי בְּאַחַד
לַחֹדֶשׁ מִקְרָא־קֹדֶשׁ יְהִי־לָכֶם
כָּל־מְלֶאכֶת עֲבֹדָה לֹא תַעֲשׂוּ
יּוֹם תְּרוּעָה יְהִי־לָכֶם:

Rosh Hashanah ראש השנה

ראש = Head

השנה = Year from שינוי = change

1st of Tishrei

The birth of Adam haRishon or the fall

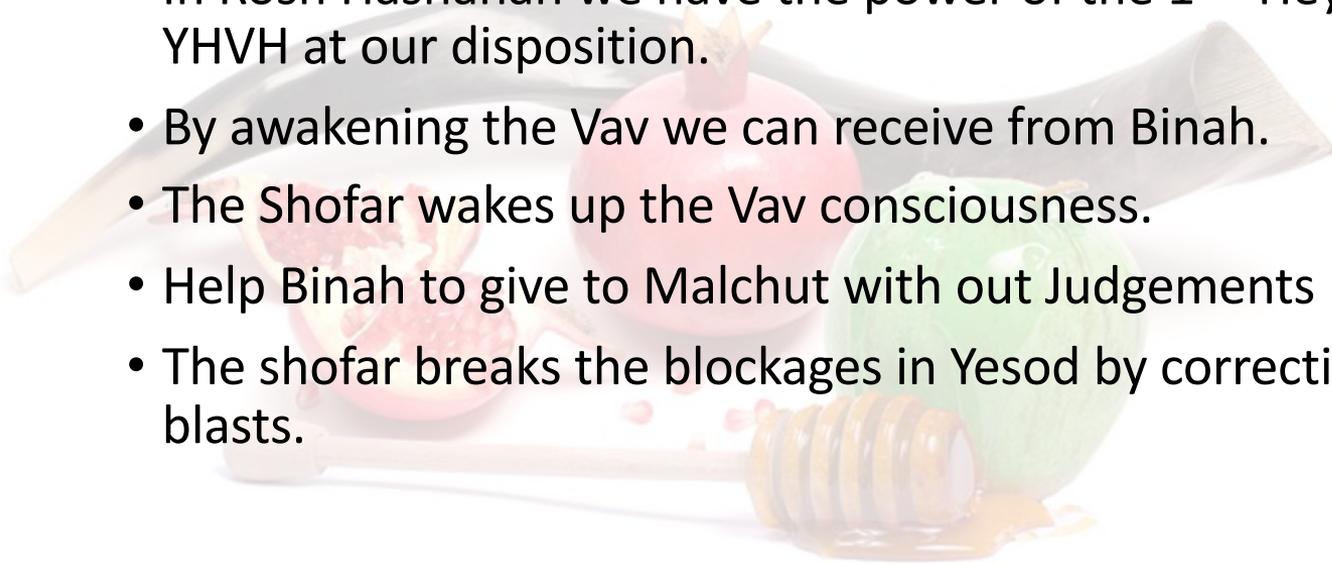
A day of Judgement

For all humanity



It is a day of Judgement and Opportunities

- In Rosh Hashanah we have the power of the 1st “Hey” (Binah) of YHVH at our disposition.
- By awakening the Vav we can receive from Binah.
- The Shofar wakes up the Vav consciousness.
- Help Binah to give to Malchut with out Judgements
- The shofar breaks the blockages in Yesod by correcting it with 101 blasts.



The Shofar

Four Different Blasts

Tekiah (one long blast) _____ 

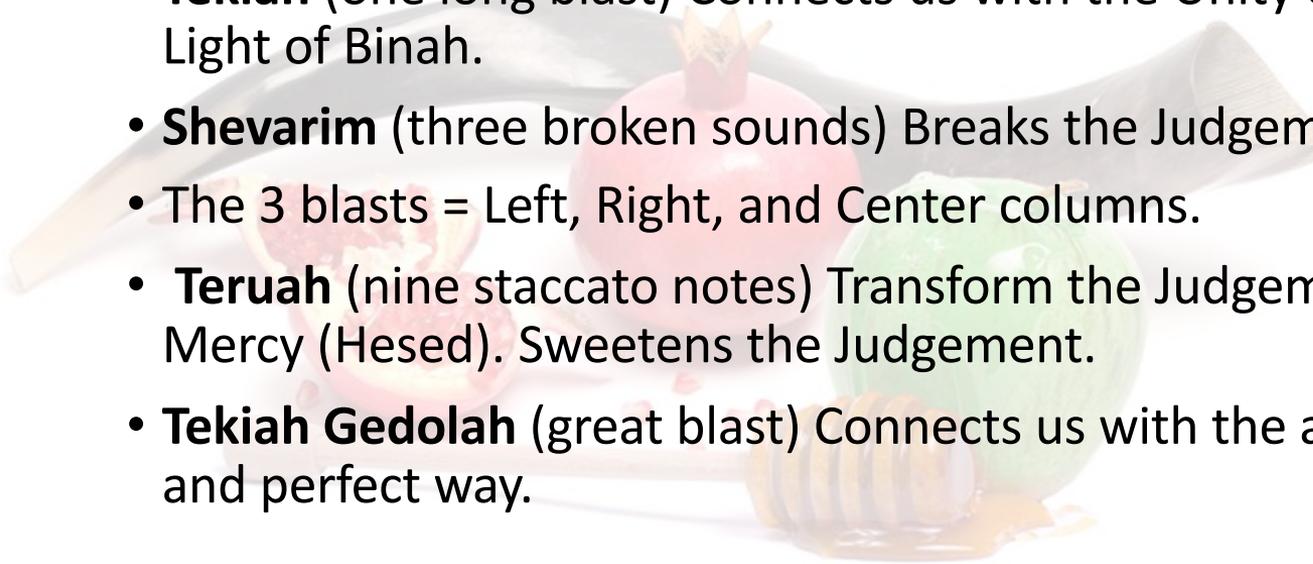
Shevarim (three broken sounds) _____ 

Teruah (nine staccato notes) - - - - - 

Tekiah Gedolah (great blast) _____ 



The Shofar

- **Tekiah** (one long blast) Connects us with the Unity of All. Calls for the Light of Binah.
 - **Shevarim** (three broken sounds) Breaks the Judgement.
 - The 3 blasts = Left, Right, and Center columns.
 - **Teruah** (nine staccato notes) Transform the Judgement (Din) into Mercy (Hesed). Sweetens the Judgement.
 - **Tekiah Gedolah** (great blast) Connects us with the all in a complete and perfect way.
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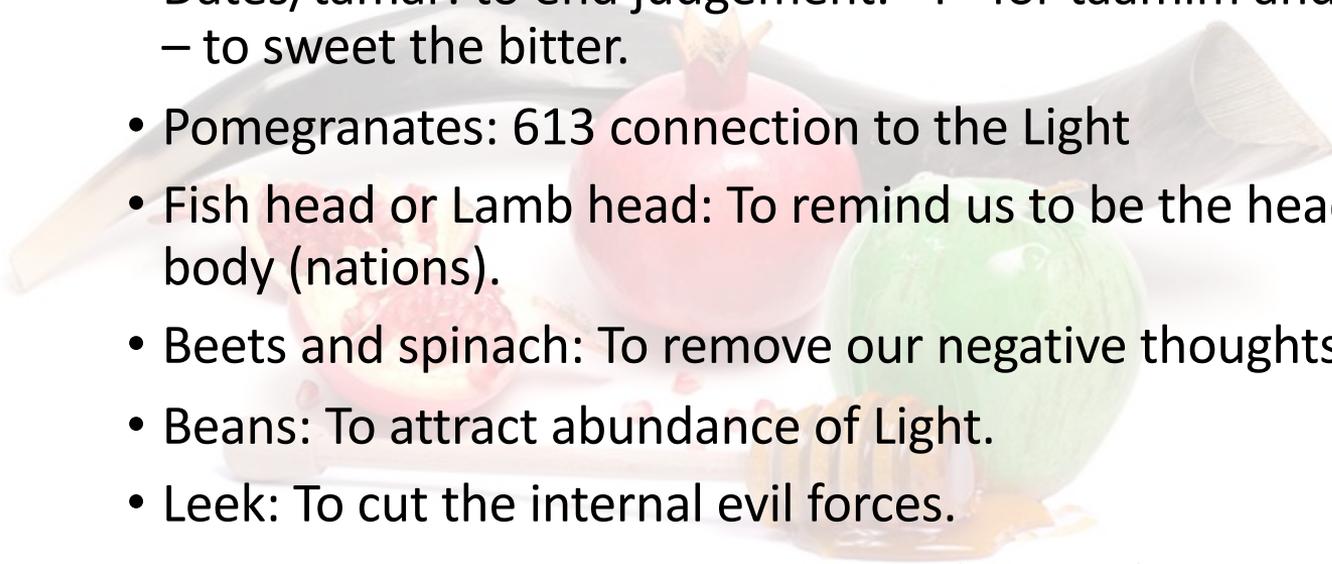
The Shofar

- 4 groups of sounds that equal 101
- 101 is the gematria of Mikael.

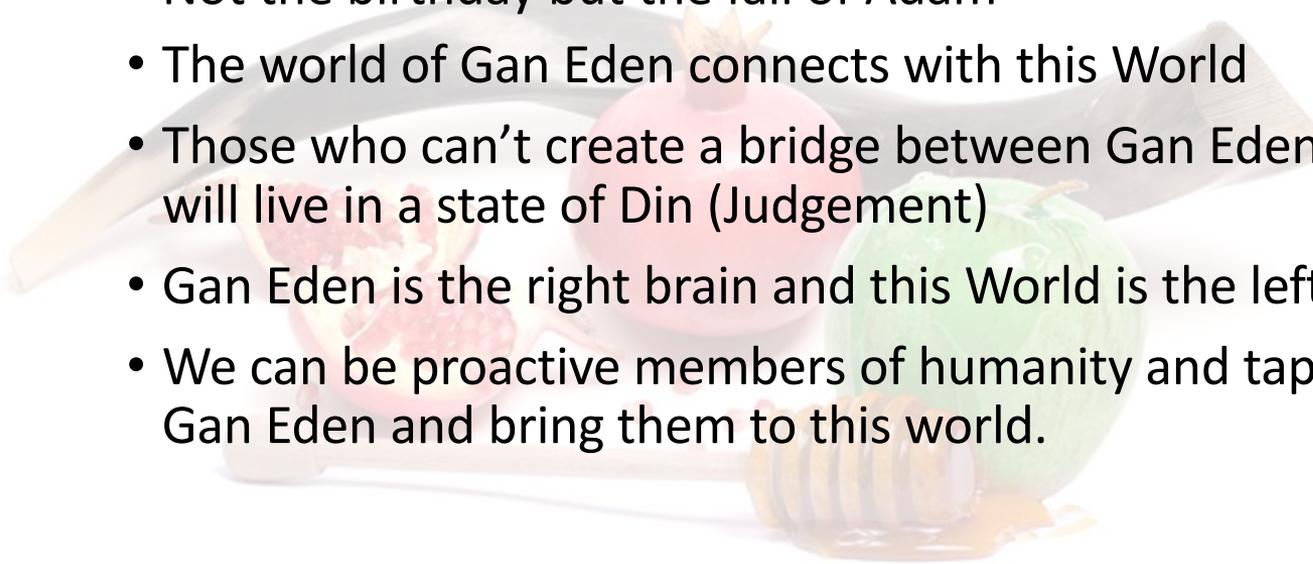
- Before Amidah 30 blasts = Abraham = Correction of Avodah Sara
- During Musaf 30 blasts = Yitzchak = Corrects sexual misconduct.
- Repetition of Amidah 30 blasts = Yakob = Corrects causing pain to others.
- Kadish 10 blasts = David = Corrects lashon ha'rah.
- Final blast = 101 = Mikael



Meals/Simanim

- Dates/tamar: to end judgement. "T" for taamim and "mar" for bitter – to sweeten the bitter.
 - Pomegranates: 613 connection to the Light
 - Fish head or Lamb head: To remind us to be the head/ the Light to the body (nations).
 - Beets and spinach: To remove our negative thoughts.
 - Beans: To attract abundance of Light.
 - Leek: To cut the internal evil forces.
 - Apples and honey: To sweeten the forces of Judgement.
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Rosh Hashanah ראש השנה Second Installation

- Not the birthday but the fall of Adam
 - The world of Gan Eden connects with this World
 - Those who can't create a bridge between Gan Eden and this World will live in a state of Din (Judgement)
 - Gan Eden is the right brain and this World is the left brain
 - We can be proactive members of humanity and tap into the forces of Gan Eden and bring them to this world.
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Adam The world was created five days prior to the New Year (Rosh HaShanah). Adam was created inside Gan Eden on the day of the New Year, the fifth hour of the onset of Friday.

- *Rabbi Eliezer taught: the world was created on the twenty-fifth of Elul... This implies that Adam was created on Rosh Hashanah. In the first hour [of that day] the idea arose [in the Divine mind to create humankind]... in the ninth [hour Adam and Eve were] commanded [not to eat of the Tree of Knowledge], in the tenth [hour they] transgressed the commandment, in the eleventh [hour they were] judged, and in the twelfth pardoned by the blessed Holy One. The blessed Holy One said to Adam: “This will be a sign for your descendants. Just as you stood before me in judgment on this day and were pardoned, so too will they stand before me to be judged on this day and be pardoned.”* — Pesikta d’Rav Kahana 23:1

Adam: He was an alien to this world living in Gan Eden.

- Because the gate of Light was open Adam had everything he wanted in Gan Eden before the sin.
- After the sin he breaks, and we lack everything because we need to correct Adam's mistake.
- Our lacks are fulfilled by the Light by uniting to the other parts of Adam i.e humanity.
- Abraham, Yitzach, and Yakob corrected Adam's separation from the Light.
- We still don't have what we need because we can't connect to them.

Consciousness: Connecting to Adam's consciousness

- Rosh Hashanah is an opportunity to connect to Adam's consciousness
- We connect in the name of all humanity, not for personal gain.
- Prior to Rosh Hashanah we connect to the forces of repentance or T'shuvah.
- T'Shuvah = Tshuv Hey or the return of the lower Hey (Malchut) of YHVH to the place of the first Hey (Binah).

Level of <i>sefira</i>	Soul Level
<i>bina</i>	<i>Neshama</i>
six intermediate <i>sefirot</i>	<i>Ruach</i>
<i>malchut</i>	<i>Nefesh</i>