



ANDY HOUGUM, P.T. • GARY HOFMANN, P.T.

**INFORMED CONSENT FOR PHYSICAL THERAPY for a MINOR**

**Dear Parent, Guardian, or Caregiver/Guardian with Parent consent,  
(please circle one)**

Physical therapy involves the use of many different types of physical evaluation and treatment. At Shasta Physical Therapy, we use a variety of procedures and modalities to help us to try and improve your child's function. As with all forms of medical treatment, there are benefits and risks involved with physical therapy.

Since the physical responses to a specific treatment can vary widely from person to person, it is not always possible to accurately predict your minor's response to a certain therapy modality or procedure. We are not able to guarantee precisely what their reaction to a particular treatment might be, nor can we guarantee that our treatment will help the condition they are seeking treatment for. There is also a risk that the treatment may cause pain or injury, or may aggravate previously existing conditions. You have the right to ask your physical therapist what type of treatment he or she is planning for your child based on their history, diagnosis, symptoms and testing results. You may also discuss with your therapist what the potential risks and benefits of a specific treatment might be. You have the right to decline any portion of your child's treatment at any time or during their treatment session.

Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has inherent physical risks associated with it. If you have any questions regarding the type of exercise your child will be performing and any specific risks associated with the exercises, your therapist will be glad to answer them.

As the parent, guardian, or caregiver I have read the consent and give further permissions to:

\_\_\_\_\_ Therapy to be provided when I am not present in the facility.

\_\_\_\_\_ PT to allow the minor to arrive and/or leave on their own following the before and/or after the treatment session.

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**