

KR HAMPTON CONSULTING

Coaching, Training & Technical Assistance

Phone: (424) 240-5741

www.KRHamptonConsulting.com



INTRODUCTION:

KR Hampton Consulting is where **PASSION** meets **PURPOSE**, All with a **PERSONAL** approach! Kris Hampton has always had a passion for helping others, and that premise started a journey into consulting services for individuals, nonprofit organizations, local businesses and other community based efforts. KR Hampton Consulting brings approximately 20 years of experience partnering with others in their journey of growth and learning to impact organizations, communities and families through our capacity building efforts.

OUR APPROACH:

We operate from a foundation of trust and respect that elevates personal skills, strengths and knowledge. Using our "3P" approach (passion+purpose+personal), we deliver custom solutions, tailored to you - your industry, your culture, and your one-of-a-kind challenges. We have extensive experience providing training, technical assistance and coaching support in the following areas: board development, resident engagement and leadership development, strategic planning, program development, performance and quality improvement support, facilitation, and other available supports.

BENEFITS:

We'll help you gain clarity regarding what you want and what's needed to achieve it.

We'll assist you in closing the gap between where you are and where you want to be.

You'll have an accountability partner in support of you achieving the goals you have established.

Coaching offers an opportunity for you to overcome obstacles and insecurities preventing you from achieving your purpose.

Coaching affords you an opportunity to take an honest look at yourself & extend yourself beyond your comfort zone.

You'll have dedicated time, learning opportunities and encouragement while working on your goals.

