

**Debbie**

**Case Manager**

**Expertise:** Supporting clients with significant and enduring mental health issues, complex personality difficulties, past trauma including those with acquired and traumatic brain injury.

**Case Manager (from August 2024)**

**Expertise:** Working with adults and children who have sustained traumatic or acquired brain injuries. Poly trauma and orthopaedic injuries, including injuries sustained at birth, head injuries and cerebral palsy.

Management of complex rehabilitation packages and multidisciplinary teams to achieve optimal rehabilitation outcomes.

Support Worker/Rehab Assistant recruitment, management and supervision.

Professional skill underpinned by psychological theory, practice and counselling enables me to support my clients to navigate the complexities of their day-to-day life following their injuries.

My warm nature allows me to empathise with the challenges and strain that trauma can have on the client and close family members. This is why, to me, it is important to support both in navigating the storms and bumps in the road that the rehabilitation journey may trigger. I am open and honest in my approach which is integral to building a therapeutic relationship.

I am a flexible and adaptable practitioner who develops good quality working relations with clients, their families and professionals alike.

**Qualifications, Achievements and Memberships**

- Registered Mental Health Nurse
- Nurse Prescriber

**Most recent related training and memberships**

- Member of BABICM
- New and would be case Manager Part 1
- Beyond the beginnings Part 2
- Motivational Interviewing

- LPS training
- COVID 19 psychological first aid course
- Safeguarding adults/children