



# 10 THINGS YOU NEED TO KNOW ABOUT E-COLOURS IN TEAMBUILDING



Bamboo Events Ltd are one of the first event management companies to introduce E-Colours as a teambuilding tool to help organisations create high performing, cohesive teams.

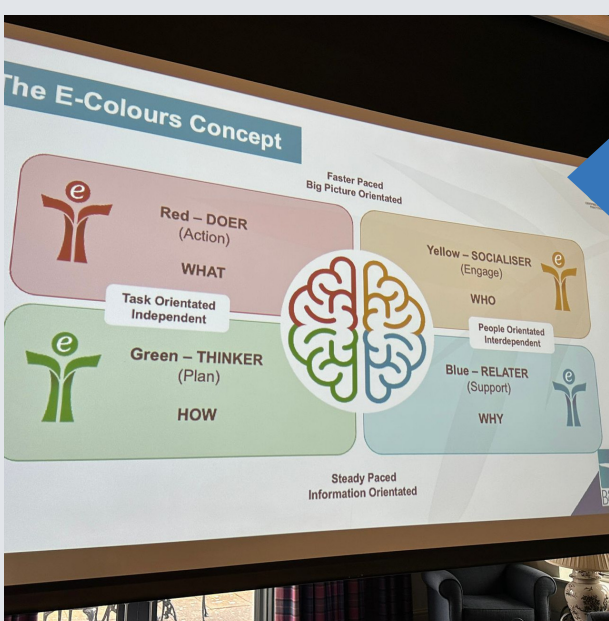
Here are 10 things you need to know about E-Colours in teambuilding and why you should consider it to maximise potential within your company.

**1** E-Colours is endorsed by Heathrow Airport, QinetiQ, Descartes, Transdev Airport Services, Worldwide Oil and Gas companies, and many more across all different types of industries!



**2** In a world with over 8 billion people (each uniquely possessing 4 fundamental personality styles), we focus on the top two E-Colour combinations, making only 12 different E-Colour personality styles.

**3** Through E-Colours we know how people prefer to communicate, work with each other, perform under pressure, handle stress, receive feedback, and more - all from a personality perspective.



**4** E-Colours can be used from leadership level all the way through to managers, employees, and trainees, across all business functions. E-Colours is a simple and memorable tool that quickly identifies natural personality tendencies, including strengths and potential limiters.

**5** E-Colours aligns with emotional intelligence and other existing wellbeing and training programmes you may have in place.





E-Colours differs from other personality indicators by offering everyday practical tools, including personal intervention.

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E-Colours can be used as a tool for coaching in companies, project teams, 1:1, and for conflict resolution.

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We offer 'Lunch & Learn' sessions (online and in person), as well as keynote speeches and talks on E-Colours and personality diversity.



E-Colours is a tool for life by helping people become the person they would like to be at home and at work, as well as develop skills to effectively deal with other personality styles and develop their career. We've found in many cases that the use of E-Colours at home impacts family life favourably, which positively influences performance and productivity in the workplace.

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E-Colours is an insightful way to open team away days, offsites or management meetings, ranging from 3hr sessions, to half and full day sessions (all of which can be organised by Bamboo Events Ltd).



For more information, please visit [www.bambooevents.co.uk/team-building](http://www.bambooevents.co.uk/team-building) or email Emma Knights, Event Director & E-Colours Practitioner at [emma@bambooevents.co.uk](mailto:emma@bambooevents.co.uk)