

# **RICHARD KAGAN, PH.D.**

**Training Programs on Traumatic Stress**  
**[www.reallifeheroes.net](http://www.reallifeheroes.net)**  
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## **SUMMARY**

Extensive experience developing, directing, and providing professional development, research, quality improvement, and psychological services for child and family services, juvenile justice, special education, substance abuse, and mental health programs.

Author (and co-author) of 12 books and 35+ articles, chapters, curricula, and recorded media programs on research and practice in trauma therapy, family therapy, child welfare, adoption, professional development, program evaluation, and human services management. Publications have earned significant acclaim as resources for practitioners and graduate students. Two books were translated into Chinese.

Keynote speaker, seminar instructor, and workshop leader for state, national, and international conferences sponsored by trauma therapy, family violence, adoption, social work, psychology, child advocacy, and family service associations in the United States, Canada, Belgium, and Korea.

Principal Investigator for two SAMHSA-funded NCTSN Community Practice grants.

Learning collaborative leader for county, state, federal and agency grants.

Seminar instructor, field supervisor, and research advisor for M.S.W. and Ph.D. students.

Director of Research, Consultation, Quality Improvement, Psychological Services, and Professional Development Programs, Parsons Child and Family Center, Albany, New York.

## **EDUCATION**

Ph.D., University of Texas at Austin (APA-accredited, Counseling Psychology)

Internship, Children's Medical Center, Tulsa, Oklahoma (APA-accredited, Child Clinical Psychology)

B.A. in Psychology 'with distinction,' University of Michigan at Ann Arbor (Class Honors)

Advanced training in trauma-focused cognitive behavioral therapy, evidence-based trauma therapies, family systems therapy, and human services management including grantsmanship, program evaluation, quality improvement, media relations, marketing, supervision and professional development.

## **LEADERSHIP**

Co-led development of trauma-informed training programs for the Family-Centered Treatment Foundation.

Developed and Co-chaired the Resource Parent Workgroup of the National Child Traumatic Stress Network (NCTSN) from 2004-2011, co-led development and dissemination of the NCTSN *Resource Parent Curriculum*, served on the NCTSN Steering Committee (2010-2013), the NCTSN Affiliate Advisory Board (2013-2020), the NCTSN Child Welfare Steering Committee (2004-2011) and the Trauma-Informed Organizational Assessment Advisory Group (2016-19), led and co-led presentations at national conferences for NCTSN, presented a Complex Trauma speaker series webinar, co-authored the White Paper on Complex Trauma and related articles, and collaborated on workgroups and product development for the Child Welfare Committee, the Parent/Caregiver Trauma and Healing Coordinating Group and the Core Concepts, Skills, and Components Curriculum Task Force.

Developed and managed professional development programs for Parsons Child and Family Center and Russell Sage College including the Parsons/Sage Fall Institute and Winter-Spring series of workshops and seminars with funding through contracts, fees, and grants. The Fall Institute doubled in size from 1976-1994, becoming a major regional conference attracting over 800 participants a year, and the Winter/Spring series grew to 13-15 workshops and seminars each year enhancing the reputation of Parsons as a leader in child welfare services.

Developed and supervised the professional development curriculum and annual programs for 350 staff at Parsons over an 18-year period including development of a Certificate Program in Family Systems Therapy and comprehensive training for social work, childcare, and special education staff. Professional development programs linked disparate programs, attracted M.S.W. staff to work at the agency, and fostered innovative services to help children and families overcome neglect, traumas, prejudice, and violence.

Developed and managed program planning, evaluation, and quality improvement programs enabling Parsons to meet accreditation standards of the Joint Commission and the Council on Accreditation for 14 years.

Directed, evaluated, and supervised psychological services meeting changing needs of children and families referred by social service departments, schools, family courts, and mental health clinics.

## **RESEARCH AND GRANTSMANSHIP**

Served as Principal Investigator for two, three-year (\$1,200,000) NCTSN research programs to develop, manage, and evaluate resilience and trauma therapy interventions and learning collaborative programs in child and family services, funded by the Substance Abuse Mental Health Services Administration.

Designed, conducted, and published evaluations of the efficacy of interventions in child and family services including research on older child adoptions, family preservation programs, and traumatic stress interventions.  
 Developed successful RFP for post adoption services and training leading to over 12 years (\$1,000,000+) of funding.  
 Designed programs and conducted research required for successful RFP's in innovative family preservation and foster care programs, leading to start-up grants and on-going funding of therapeutic foster family care and court-related youth programs at Parsons Child and Family Center.  
 Developed and managed Parsons Institutional Review Board to screen and monitor research.

### **WORKSHOPS, SEMINARS, AND PRESENTATIONS**

Presented conference keynotes, workshops and papers for the Academy of Korean Family Social Service, the American Association of Marriage and Family Therapy, the American Orthopsychiatric Association, the American Professional Society on Abuse of Children, the American Psychological Association, ATTACH, Casey Family Services, Charleston Child Trauma Conference, the Child Welfare League of America, the European Scientific Association for Residential and Foster Care, the Family Therapy Network Symposium, the Family Violence and Sexual Assault Institute, the International Society for Traumatic Stress Studies, the International Society for the Study of Trauma & Dissociation, the National CASA Association, the NCTSN and the San Diego International Conference on Child & Family Maltreatment; for regional conferences of the Child Welfare League of America, Child Abuse and Neglect Associations, the Council of Family and Child Care Agencies, and for Smith College and Dalhousie University in Canada.  
 Led seminars for students in the clinical practice series of Smith College School for Social Work and the Department of Educational Psychology of the University of Texas at Austin.  
 Served as dissertation adviser for the School of Social Welfare, State University of New York at Albany (SUNYA).  
 Provided field supervision for doctoral candidate in the Smith College School for Social Work  
 Supervised interns in psychology and research students for M.S.W. and Ph.D. psychology programs at SUNYA.  
 Led workshops and learning collaboratives for practitioners in state-wide and regional agencies and behavioral health programs in the United States and Canada.

### **CLINICAL CONSULTATION**

Conducted individual and family assessments and provided consultation for the Albany, Schoharie, and Schenectady County Departments of Social Services (New York State).  
 Served as Consulting Psychologist for Parsons Prevention, Home and Community Based Waiver, Foster Care/Adoption, International Adoption, Crisis Residence, Residential Treatment Facility, and Child and Family Guidance Clinic.  
 Conducted assessments, family therapy, and group therapy for adolescents with substance abuse problems at the Hope House adolescent residential treatment program.  
 Conducted assessments and provided training and therapy for the Independent Living, Prevention, and Youth Shelter Programs of Equinox, Inc. and for Schenectady Catholic Family and Community Services.

### **PROFESSIONAL HONORS**

First Place Award, Joseph B. Gavrin Memorial Competition, New York State Council of Family and Child Care Agencies (NYSCFCCA), 1983.  
 Distinguished Achievement Award, Joseph B. Gavrin Memorial Competition, NYSCFCCA, 1984.

### **AFFILIATIONS**

Affiliate, National Child Traumatic Stress Network; Affiliate Advisory Group (2013-2020), Steering Committee (2010-2013)  
 Member, International Society for Traumatic Stress Studies and the American Psychological Association, Division of Trauma Psychology  
 Editorial Board, *Journal of Child and Adolescent Trauma* (2008-2020)

**CERTIFICATION:** Licensed as a Psychologist (#1436) by the South Carolina Board of Examiners in Psychology and (#005659-1 Inactive) by the Education Department of the State University of New York.

## **ADDENDUM**

### **PROFESSIONAL EXPERIENCE (POST-DOCTORAL)**

Consultant, Family-Centered Treatment Foundation, Charlotte, North Carolina

2018-Present

Director, Training Programs on Traumatic Stress, Columbia, South Carolina	2015-Present
Director of Research and Consultation, Sidney Albert Training and Research Institute, Parsons Child and Family Center, Albany, New York	2012-2015
Affiliate Advisory Group, National Child Traumatic Stress Network	2013-2020
Steering Committee Member, National Child Traumatic Stress Network	2010-2013
Principal Investigator and Co-Director; HEROES Project; a Community Practice Site of the National Child Traumatic Stress Network, Parsons Child and Family Center, Albany, New York	2009-2012
Co-Chair, Resource Parent Workgroup, National Child Traumatic Stress Network, Los Angeles, California and Chapel Hill, North Carolina	2004-2011
Director of Psychological Services, Parsons Child and Family Center, Albany, New York	1994-2009
Principal Investigator and Clinical Director, Parsons Child Trauma Study Center, a community practice site of the National Child Traumatic Stress Network, Albany, New York.	2002-2005
Adjunct Faculty, Smith College School for Social Work, Northampton, Massachusetts	2000-2002
Consulting Psychologist, Independent Living and Prevention Programs, Equinox, Inc., Albany, New York	1994-2004
Field Supervisor, Smith College School for Social Work, Northampton, Massachusetts	1997
Director of Professional Development Programs, Research, and Quality Improvement, Sidney Albert Institute, Parsons Child and Family Center	1983-1994
Co-Chairman, Parsons/Sage Professional Development Programs, Russell Sage College and Parsons Child and Family Center, Albany, New York	1980-1994
Consulting Psychologist, Adolescent Residential Treatment Program, Hope House, Inc., Albany, New York	1991-1995
Consulting Psychologist, Albany County Department of Social Services, Albany, New York	1986-1996
Research Supervisor and Field Instructor, School of Social Welfare, Nelson A. Rockefeller College of Public Affairs and Policy, SUNYA	1983-1987
Senior Consulting Psychologist, Prevention, Specialized Foster Care, Therapeutic Foster Care, International Adoption, Residential Treatment Facility, Child and Family Guidance Center, Parsons Child and Family Center, Albany, New York	1981-1994
Consulting Psychologist, Project Preserve, Schenectady Catholic Family	1982-1987

and Community Services, Schenectady, New York

Director of Research and Quality Improvement, and Supervisor of Psychology Interns, Parsons Child and Family Center	1981-1983
Director of Training, Coordinator of Quality Improvement and Research, Coordinator, Strategic Therapy Project, and Supervisor of Psychological Services, Parsons Child and Family Center	1980-1981
Adjunct Clinical Assistant Professor, Department of Counseling Psychology, SUNYA	1980-1981
Coordinator of Training, Supervisor of Psychological Services and Art Therapy, Coordinator of Parsons Institute Professional Development Programs and Strategic Therapy Project, Parsons Child and Family Center	1976-1980

### **EDITORIAL EXPERIENCE**

Editorial board, *Journal of Aggression, Maltreatment, and Trauma*.  
 Editorial board, *Journal of Child and Adolescent Trauma*  
 Editorial board, *Contemporary Group Care: Theory, Research & Practice*.  
 Manuscript reviewer, *Child Maltreatment*  
 Manuscript reviewer, *Families in Society*

### **PUBLICATIONS AND MEDIA**

- Kagan, R. (In Press). *The Hero's Mask*. London: Routledge Press.
- Kagan, R. (In Press). *The Hero's Mask Guidebook for Parents, Educators, Counselors and Therapists*. London: Routledge Press.
- 'From Dogman to Jackie Robinson; Engaging Hard-to-reach Children & Parents with the *Heroes Quest*, ' (2019). SAMHSA NCTSN Virtual Annual National Conference, recorded videoconference.
- Kagan, R. (2017). *Wounded Angels; Inspiration from Children in Crisis*. New York, NY: Routledge.
- Spinazzola, J., Habib, M., Blaustein, M., Knoverek, A., Kisiel, C., Stolbach, B., Abramovitz, R., Kagan, R., Lanktree, C., & Maze, J. (2017). *What Is Complex Trauma? A Resource Guide for Youth and Those Who Care About Them*. Los Angeles, CA, and Durham, NC: National Center for Child Traumatic Stress.
- Kagan, R. (2017). *Real Life Heroes Toolkit for Treating Traumatic Stress in Children and Families*. New York, NY: Routledge.
- Kagan, R. (2017). *Real Life Heroes Life Storybook*, 3<sup>rd</sup> Edition. New York, NY: Routledge.
- National Child Traumatic Stress Network (2016). NCTSN Talking Points on 'Adverse Childhood Experiences' (ACEs). Los Angeles, CA: National Center for Child Traumatic Stress. (Co-author with NCTSN ACES Workgroup).
- Kagan, R., Henry, J., Richardson, M., Trinkle, J., & LaFrenier, A. (2014). Evaluation of *Real Life Heroes* Treatment for Children with Complex PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy*, 6 (5), 588-596.
- Kagan, R. & Spinazzola, J. (2013). Real Life Heroes in Residential Treatment; Implementation of Trauma and Attachment-Focused Treatment for Children and Adolescents with Complex PTSD. *Journal of Family*

*Violence*. Volume 28 (7), 705-715.

- Ford, J., Blaustein, M., Habib, M., & Kagan, R. (2013). Developmental Trauma Therapy Models. In J. D. Ford & C. A. Courtois (Ed.) *Treating complex traumatic stress disorders in children and adolescents; Scientific foundations and therapeutic models*. New York: Guilford Press.
- Kagan, R. et al (2012). Resource Parent Curriculum Implementation Webinar. National Child Traumatic Stress Network. <http://www.NCTSN.org>.
- National Child Traumatic Stress Network (2010) *Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents*. Los Angeles, CA: National Center for Child Traumatic Stress. {Co-chair for NCTSN Resource Parent Subcommittee tasked with development of this 8-module curriculum including Facilitator's Guide, Curriculum, and Handouts.}
- Kagan, R. (2009). Transforming Troubled Children into Tomorrow's Heroes. Chapter in Brom, D., Pat-Horenczyk, R. & Ford, J. (Eds.) *Treating traumatized children: Risk, resilience and recovery*. New York: Routledge.
- Kagan, R., Douglas, A., Hornik, J., & Kratz, S. (2008). *Real Life Heroes* Pilot Study: Evaluation of a Treatment Model for Children with Traumatic Stress. *Journal of Child and Adolescent Trauma*, 1:1, 5-22.
- Kagan, R. (2008). Rebuilding Family Ties, Foster Care and Parental Alternatives Continuing Education Audio Lecture Series, *On Good Authority*.
- Kagan, R. (2007). *Real Life Heroes Practitioners Manual*. New York, NY: Routledge.
- Kagan, R. (2007). *Real Life Heroes; A Life Storybook for Children*. 2<sup>nd</sup> Edition. New York, NY: Routledge
- Cook, A., Spinazzola, J., Ford, J., Lanktree, C., Blaustein, M., Cloitre, M., DeRosa, R., Hubbard, R., Kagan, R., Liautaud, J., Mallah, K., Olafson, E., & van der Kolk, B. (2007). Complex Trauma in Children and Adolescents. *Focal Point: Research, Policy, and Practice in Children's Mental Health*, Research and Training Center on Family Support and Children's Mental Health, Portland, Oregon.
- Kagan, R., Blaustein, M, Cook, A, & Roseby, V. (2006). *Children with disrupted attachment* (4-part video series). Nevada City, CA: Cavalcade Productions Inc.
- Cook, A., Spinazzola, J., Ford, J., Lanktree, C., Blaustein, M., Cloitre, M., DeRosa, R., Hubbard, R., Kagan, R., Liautaud, J., Mallah, K., Olafson, E., & van der Kolk, B. (2005). Complex trauma in children and adolescents. *Psychiatric Annals*, 35:5, 390-400.
- Kagan, R. (2004). *Rebuilding Attachments with Traumatized Children; Healing from Losses, Violence, Abuse and Neglect*. New York, NY: Routledge.
- Kagan, R. (2004). *Real Life Heroes; A Life Storybook for Children*. Binghamton, NY: Haworth Press.
- Kagan, R. (2003). *Wounded Angels; Lessons from Children in Crisis*. Washington D.C.: Child and Family Press.
- Kagan, R. (2003). Contributor to Cook, A., Blaustein, M., Spinazzola, J., & van der Kolk, B. (Eds.) Complex trauma in children and adolescents. National Child Traumatic Stress Network. <http://www.NCTSN.org>.
- Kagan, R. (2000). 'My Game,' Rebuilding Hope for Children in Placement.' Chapter in Schaefer, C.E. and Reid, S.E. (Eds.), *Game Play: Therapeutic Use of Games*. New York: John Wiley & Sons.
- Kagan, R. (1999). 'Rebuilding Lifelines. Part I: The Importance of Attachment for Healthy Childhood Development.' *Interdisciplinary Report on At-Risk Children & Families*, 2 (3), 35-36.

- Kagan, R. (1999). 'Rebuilding Lifelines. Part II: 'Re-attaching' Broken Childhood Bonds.' *Interdisciplinary Report on At-Risk Children & Families*, 2 (4), 51, 52, 59, 60.
- Kagan, R. (1997). 'Breaking the Cycle of Perpetual Crisis.' Chapter in Hellinckx, W., Colton, M. and Williams, M. (Eds.). *International Perspectives on Family Support*. Hants, England: Ashgate.
- Kagan, R. (1996). *Turmoil to Turning Points; Building Hope for Children in Crisis Placements*. New York: W.W. Norton & Company.
- Kagan, R. and Schlosberg, S. (1989). *Families in Perpetual Crisis*. New York: W.W. Norton & Company.
- Kagan, R. and Schlosberg, S. 'The Challenge of Permanency Work in Group Care,' Albert Trieschman Center Prize Competition Papers.
- Reid, W.J., Kagan, R.M., and Schlosberg, S. (1988). 'Prevention of Placement: Critical Factors in Program Success,' *Child Welfare*, 67, 25-36.
- Schlosberg, S. B. and Kagan, R.M. (1988). 'Practice Strategies for Engaging Chronic Multi-problem Families,' *Social Casework*, 69, 1, 3-9.
- Kagan, R. and Schlosberg, S. (1988). 'When Love is Not Enough: Creating a Context for Change,' Chapter for Gorman, C. and Small, R. (Eds.) *Permanence and Family Support: Changing Practice for Group Child Care*. Washington D.C.: Child Welfare League of America.
- Kagan, R. and Schlosberg, S. (1988). 'When Love is Not Enough: Creating a Context for Change,' Chapter for Alwon, F. and Small, R., (Eds.) *Challenging the Limits of Care*, Trieschman Press.
- Kagan, R. (1988). 'Professional Development for a Therapeutic Environment.' Chapter in Schaefer, C.E. and Swanson, A. (Eds.) *Children in Residential Care: Critical Issues in Treatment*. Van Nostrand Reinhold Company, Inc.
- Reid, W.J., Kagan, R.M., Kaminsky, A., and Helmer, K. (1987). 'Adoptions of Older, Institutionalized Children: Follow-Up Report,' *Social Casework*, (March), 140-149.
- Kagan, R.M., Reid, W.J., Roberts, S.E., and Silverman-Pollow, J. (1987). 'Engaging Court-Mandated Families and Youths,' *Child Welfare*, 66, 365-376.
- Kagan, R. (1986). 'Game Therapy for Children in Placement,' Chapter for Schaefer, C.E. and Reid, S., (Eds.) *Game Play: Therapeutic Uses of Childhood Games*. John Wiley and Sons.
- Kagan, R. and Reid, W. (1986). 'Critical Factors in the Adoption of Emotionally Disturbed Youth,' *Child Welfare*, 66, 63-73.
- Kagan, R. (1985). 'Quality Assurance--Practical Applications,' *Contributions to Residential Treatment-1985*. Washington, D.C.: American Association of Children's Residential Centers.
- Kagan, R. (1984). 'Organizational Change and Quality Assurance in a Psychiatric Setting.' *Quality Review Bulletin*, Joint Commission on Accreditation of Hospitals, 10, (9), 269-277.
- Kagan, R. (1983). 'Staff Development for a Therapeutic Environment,' *Child Welfare*, 62, 203-211.
- Kagan, R. (1983). 'Engaging Family Competence to Prevent Repetitive and Lengthy Institutionalization

of Acting-Out Youth.' *Residential Group Care and Treatment*, 1, 55-70.

- Kagan, R. (1983). 'A Community Systems Approach for Acting-Out Youth in Placement.' New York State Council of Voluntary Family and Child Care Agencies.
- Kagan, R. (1982). 'Storytelling and Game Therapy for Children in Placement,' *Child Care Quarterly*, 11, 280-290.
- Kagan, R. (1982). 'A Family Systems Approach to Youth Who Provoke Rejection,' *Contributions to Residential Treatment-1982*. Washington, D.C.: American Association of Children's Residential Centers.
- Kagan, R. (1980). 'Using Redefinition and Paradox with Children in Placement Who Provoke Rejection,' *Child Welfare*, 59, 551-559.
- Kagan, R. (1976). 'Generalization of Verbal Self-Instructional Skills in Cognitively Impulsive Children.' Doctoral Dissertation, University of Texas at Austin.

**MAJOR CONFERENCE PRESENTATIONS, WORKSHOPS,  
AND LEARNING COLLABORATIVES  
2000-2020**

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| 'Life Story Integration and Engaging Hard-to-Reach Parents and Caregivers,' 12-hour Zoom Workshop, Children's Home Society of Florida, Pensacola, Florida  | 2020 |
| 'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,' Three-Day Workshop, Children's Home Society of Florida, Pensacola, Florida   | 2020 |
| 'Moving through the Tough Times, Resiliency-focused Life Story Integration for Children and Caregivers,' Adelphi University, Queens, New York  | 2019 |
| 'Utilizing Family-Centered & Resiliency-focused Assessment Tools to Create Openings for Engagement,' Charleston Child Trauma Conference, Charleston, South Carolina  | 2019 |
| 'From Dogman to Jackie Robinson; Engaging Hard-to-reach Children & Parents with the <i>Heroes Quest</i> ,' SAMHSA NCTSN Virtual Annual National Conference   | 2019 |
| 'Life Story Integration and Engaging Caregivers,' Real Life Heroes Advanced Training, Children's Home Society of Florida, Pensacola, Florida   | 2019 |
| 'Tracing Lines of Caring and Commitment; Utilizing Resiliency-focused Strategies to Create Openings for Engagement of Children and Caregivers with Complex Trauma,' Keynote, Family-Centered Treatment Conference, Charlotte, North Carolina | 2018 |
| 'Resiliency-focused Treatment for Children and Caregivers with Complex Trauma,' Family-Centered Treatment Conference, Charlotte, North Carolina  | 2018 |
| 'Real Life Heroes; Resiliency-focused Treatment of Children and Families with Traumatic Stress,' Two-Day Workshop, New York State Office of Mental Health  | 2018 |

Queens, New York

*'Real Life Heroes; Resiliency-focused Treatment of Children and Families with Traumatic Stress,'* Three-Day Workshop, Children's Home Society of Florida, Pensacola, Florida 2018

*'Life Story Integration and Engaging Caregivers,'* Real Life Heroes Advanced Training, Children's Home Society of Florida, Pensacola, Florida 2018

*'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,'* Three-Day Workshop, Children's Home Society of Florida, Orlando, Florida 2018

*'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,'* Three-Day Workshop, Parkside Psychological Associates, Meadsville, PA 2018

*'Nothing Happened; Utilizing Resiliency-focused Assessment Strategies to Create Openings for Engagement of Defiant, Disruptive or High Risk Youth and Caring Adults,'* 26th Annual Children's Justice Conference, Department of Social and Health Services, Bellevue, Washington 2018

*'Resiliency-focused Treatment for Children and Caregivers with Complex Trauma,'* 26th Annual Children's Justice Conference, Department of Social and Health Services, Bellevue, Washington 2018

*'Life Story Integration and Engaging Caregivers,'* Real Life Heroes Advanced Training, Bethany Christian Services, Grand Rapids, Michigan 2018

*'Promoting Safety and Stabilization After Trauma,'* Midlands Sexual Trauma Services, Columbia, South Carolina 2018

*Real Life Heroes; Resiliency-focused Treatment of Children and Families with Traumatic Stress,* Bethany Christian Services, Grand Rapids, Michigan 2017

*'The challenge and opportunity of treatment for children and caregivers who both have traumatic stress,'* Co-presenter, National Child Traumatic Stress Network, Annual National Conference, Alexandria, Virginia 2017

*'Embracing the 'Call to Adventure': Using the 'Heroes Journey' as a framework for self and organizational transformation and development of trauma-informed child-and family-service systems,'* Co-presenter, National Child Traumatic Stress Network, Annual National Conference, Alexandria, Virginia 2017

*'Wands at the Ready': Adding Magical Stories and Magic Tricks to Enhance Trauma Treatment,* National Child Traumatic Stress Network, Annual National Conference, Alexandria, Virginia 2017

*'Targeting a parent/caregiver's history of trauma in treatment models for children who have experienced trauma to enhance outcomes,'* Co-presenter, National Child Traumatic Stress Network, Annual National Conference, Alexandria, Virginia 2017



- 'Nothing Happened; Utilizing Resiliency-focused Assessment Strategies to Create Openings for Engagement of Defiant, Disruptive or High Risk Youth and Caring Adults,'* 25th Annual Children's Justice Conference, Department of Social and Health Services, Bellevue, Washington 2017
- 'Resiliency-focused Treatment for Children and Caregivers with Complex Trauma,'* 25th Annual Children's Justice Conference, Department of Social and Health Services, Bellevue, Washington 2017
- 'The Challenge and Opportunity of Treatment of Children and Caregivers When Both Have Traumatic Stress,'* 25th Annual Children's Justice Conference, Department of Social and Health Services, Bellevue, Washington 2017
- 'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress'* Three-Day Workshop, Children's Home Society of Florida, Pensacola, Florida 2016
- 'Nothing Happened; Utilizing Resiliency-focused Assessment Strategies to Create Openings for Engagement of Defiant, Disruptive or High Risk Youth,'* University of Wisconsin-Madison Conference on Child Sex Abuse, Madison, Wisconsin 2016
- 'Real Life Heroes: Resiliency-focused Treatment for Children with Complex Trauma—Part I and Part II,'* University of Wisconsin-Madison Conference on Child Sex Abuse, Madison, Wisconsin 2016
- 'The Challenge and Opportunity of Treatment of Children and Caregivers When Both Have Traumatic Stress,'* Co-presenter. International Society of Traumatic Stress Studies, Annual Conference, Dallas, Texas 2016
- 'Real Life Heroes: Resiliency-focused Treatment for Children and Families with Complex Trauma,'* Children's Law Center Conference, Columbia, South Carolina 2016
- 'Nothing Happened; Utilizing Resiliency-focused Assessment Strategies to Create Openings for Engagement of Defiant, Disruptive or High Risk Youth.'* National Child Traumatic Stress Network, Annual National Conference, National Harbor, Maryland. 2016
- 'Stressors, ACEs, and Traumas, Oh My!: Untangling the Terms and Creating Partnerships Around ACEs.'* National Child Traumatic Stress Network, Annual National Conference, National Harbor, Maryland. 2016
- 'Transition to What? Utilizing Research-based Policies, Services, and Treatment to Increase Resilience and Reduce Poly-Victimization of Transition-Age Youth.'* Pre-meeting Institute. Co-presenter. International Society of Traumatic Stress Studies, Annual Conference, New Orleans, Louisiana. 2015
- 'Real Life Heroes: Resiliency-Focused Treatment for Children with Complex Trauma,'* Trauma-Informed Conference, DePelchin Children's Center, Houston, Texas. 2015

- 'CBT-Focused Application Series for Children and Families with Complex Trauma.'* 2015  
Six half-day workshops: (1.) Rebuilding Attachments with Children Who Have Experienced Traumatic Stress; (2.) The Role of Assessment in Creating Openings for Engagement and Integrating a Client-Driven Approach in the Treatment of Complex PTSD; (3.) 'Nothing Happened': Relational Engagement as Facilitator of Unfolding Narrative in Complex Child and Family Systems; (4.) Changing the Pathway to Delinquency: Application of Mindfulness, Meaning-Making, and Relational Strategies from 3 Complex Trauma Treatments; (5.) 'When words don't work'; Helping Children With Traumatic Stress to Manage Intense Emotions; (6) Prevention of Secondary Traumatic Stress in Hard-Pressed Child and Family Services; What can we do to help caregivers and practitioners?' Sidney Albert Training and Research Institute, Parsons Child and Family Center, Albany, New York.
- 'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,* 2015  
One-day Advanced Workshop, Adelphi University, Syosset, New York
- 'Changing the Pathway to Delinquency: Mindfulness, Meaning-Making, and Relational Strategies Drawn from 3 Complex Trauma Treatments and Applied at Three Time Points from Childhood through Young Adulthood.'* 2014  
Pre-meeting Institute. Co-presenter. International Society of Traumatic Stress Studies, Annual Conference, Miami, Florida
- 'I'm not telling you nothing'; The Role of Assessment in Creating Openings for Engagement and Integrating a Client-Driven Approach in the Treatment of Complex PTSD.'* 2014  
Co-presenter. International Society of Traumatic Stress Studies, Annual Conference, Miami, Florida
- 'Nothing Happened': Relational Engagement as Facilitator of Unfolding Narrative in Complex Child and Family Systems.'* 2014  
Co-presenter. International Society of Traumatic Stress Studies, Annual Conference, Miami, Florida
- 'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,* 2014  
Two-day Workshop, New Directions, Buffalo, New York
- 'Real Life Heroes; Resiliency-focused Treatment of Children with Traumatic Stress,* 2014  
Two-day Workshop, Adelphi University, Syosset, New York
- 'I'm Not Telling you Nothing:: the Role of Assessment in Creating Openings for engagement and Integrating a Client-Driven Approach in the Treatment of Complex PTSD,'* 2014  
Co-Presenter, National Child Traumatic Stress Network All-Network Conference, Falls Church, Virginia
- 'The Challenge of Leadership in Partnering for Change: Operationalizing the Principles of Nelson Mandela (resilience and Leadership),'* 2014  
Co-Presenter, National Child Traumatic Stress Network All-Network Conference, Falls Church, Virginia
- 'On the Brink of disruption: Strategies for Helping Adoptive Families Stay Intact,'* 2014  
Co-Presenter, National Child Traumatic Stress Network All-Network Conference, Falls Church, Virginia

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‘ <i>Real Life Heroes</i> ; Attachment-centered Treatment for Children with Complex PTSD,’ Two-Day Workshop, Southeast Center of Excellence, Chattanooga, Tennessee	2014
‘ <i>Real Life Heroes</i> and the HEROES Project: Developmental, Attachment-Centered Treatment for Children with Complex PTSD, State University at Albany, School of Social Welfare	2014
‘Real Life Heroes: Trauma & Resiliency-Focused Treatment for Children with Traumatic Stress, Advanced Training, Child Advocacy Center of Greater St. Louis, St. Louis, Missouri	2014
‘Real Life Heroes: Trauma & Resiliency-Focused Treatment for Children with Traumatic Stress, Two-Day Training, School of Social Work, State University New York-Buffalo, Batavia, New York	2013
‘Beyond the Traditional Therapy Hour: Innovative Approaches to Complex Trauma Intervention with Children and Families,’ Panel Presentation, National Child Traumatic Stress Network All-Network Conference, Philadelphia, Pennsylvania	2013
‘Real Life Heroes: Trauma & Resiliency-Focused Treatment for Children with Traumatic Stress, Two-Day Training, Child Advocacy Center of Greater St. Louis, St. Louis, Missouri	2013
‘Real Life Heroes: Trauma & Resiliency-Focused Treatment for Children with Traumatic Stress, One-Day Workshop, Wayne County, Michigan	2013
‘Real Life Heroes: Trauma & Resiliency-Focused Treatment for Children with Traumatic Stress, One-Day Workshops, Oakland County, Michigan	2013
‘ <i>Real Life Heroes</i> ; A Trauma and Resiliency-Centered Toolkit for Treatment of Children with Complex Trauma,’ National Child Traumatic Stress Network All-Network Conference, Philadelphia, Pennsylvania	2013
‘Real Life Heroes and the HEROES Project,’ NYS Citizens’ Coalition for Children, 24 <sup>th</sup> Annual Foster Care and Adoption Conference, Albany, New York	2013
‘ <i>Real Life Heroes</i> ; A Developmental, Attachment-Centered Intervention for Children with Complex PTSD,’ New York State Coalition for Children’s Mental Health Services, Annual Conference, Saratoga, New York	2012
‘Real Life Heroes; A Resiliency-Centered Intervention for Children with Complex Trauma,’ Mini-Session, National Child Traumatic Stress Network All-Network Conference, Baltimore, Maryland	2012
<i>Real Life Heroes: An Attachment-Centered Intervention for Children with Traumatic Stress</i> New Frontiers Conference. Burrell Health Services, Springfield Missouri	2012
‘ <i>Real Life Heroes</i> ; A Developmental, Attachment-Centered Intervention for Children with Complex Trauma,’ International Society for Traumatic Stress Studies,	2011

Annual Conference, Baltimore, Maryland	
‘Real Life Heroes; A Resiliency-Centered Intervention for Children with Complex Trauma,’ Mini-Session, National Child Traumatic Stress Network All-Network Conference, Baltimore, Maryland	2011
‘Clinical Nuance in Complex Trauma Treatment: Single Case Analysis from the Vantage Point of Four of the National Child Traumatic Stress Network’s Leading Complex Trauma Interventions, Co-Presenter, Pre-Meeting Workshop, International Society for Traumatic Stress Studies, Annual Conference, Montreal, Quebec, Canada	2010
‘Engaging and Empowering Caring Adults after Family Trauma,’ Keynote Address ATTACH, 22 <sup>nd</sup> Annual Conference, San Francisco, California	2010
‘Working with Traumatized Children: Telling the Story,’ Invited Workshop, ATTACH 22 <sup>nd</sup> Annual Conference, San Francisco, California	2010
‘ <i>HEROES Project</i> ,’ Co-Director, Learning Collaborative, Parsons Child and Family Center, A NCTSN Community Practice Site, Albany, New York	2010
‘Clinical Nuance in Complex Trauma Treatment: Single Case Analysis from the Vantage Point of the Network's Four Leading Complex Trauma Intervention Models,’ Co-Presenter, Pre-Meeting Institute, National Child Traumatic Stress Network All-Network Conference, New Orleans, Louisiana	2010
‘ <i>Real Life Heroes</i> ; A Developmental, Attachment-Centered Intervention for Children with Complex Trauma,’ Mini-Session, National Child Traumatic Stress Network All-Network Conference, New Orleans, Louisiana	2010
‘Using and Adapting the NCTSN Resource Parent Curriculum,’ Moderator, Panel Presentation, National Child Traumatic Stress Network All-Network Meeting, New Orleans, Louisiana	2010
‘Real Life Heroes, Rebuilding Attachments for Traumatized Children,’ Two-Day workshop, Catawba County Department of Social Services, Hickory, North Carolina	2010
‘Real Life Heroes,’ Learning Collaborative, Child Trauma Assessment Center, A NCTSN Community Practice Site, Western Michigan University, Kalamazoo, Michigan	2009-2011
‘Real Life Heroes,’ Learning Collaboratives, Steiningers, Camden, New Jersey	2009-2010
‘Trauma Therapy as a Quest; Use of the Heroes Metaphor to Engage Children and Caring Adults in Developmental, Attachment-Centered and Culturally Sensitive Trauma Therapy,’ Workshop, International Society for the Study of Trauma and Dissociation, Washington, D.C.	2009
‘Transforming Troubled Children into Tomorrow’s Heroes; Application of	2009

- Evidence-Supported Trauma Therapies in Child Welfare,' 23rd Annual San Diego International Conference on Child & Family Maltreatment, San Diego, California
- 'Real Life Heroes; A Developmental, Attachment-Centered Intervention for Children with Complex Trauma,' Mini-Session, National Child Traumatic Stress Network All-Network Conference, Orlando, Florida 2009
- 'Transforming Troubled Children into Tomorrow's Heroes; Application of an Evidence-Supported Trauma Therapy in Child Welfare,' Child Welfare League of America, Annual Conference, Washington, D.C. 2009
- 'Caring for Children Who Have Experienced Trauma: A Curriculum for Resource Parents,' Co-leader, Workshop, Child Welfare League of America, Annual Conference, Washington, D.C. 2009
- 'Real Life Heroes: Rebuilding Attachments for Children with Complex Trauma,' Complex Trauma Speaker Series Teleconference, National Child Traumatic Stress Network 2008
- 'Real Life Heroes: Attachment-Centered Treatment for Children with Traumatic Stress,' Annual Conference, American Psychological Association, Boston, Massachusetts 2008
- 'Transforming Troubled Children into Tomorrow's Heroes,' Annual Conference, American Professional Society on Abuse of Children, Phoenix, Arizona 2008
- 'Trauma-Informed Permanency Practice with Youth and Families,' National Convening on Youth Permanence, Annie E. Casey Foundation/Casey Family Services and Casey Family Programs, Washington D.C. 2008
- 'Treating Childhood Trauma,' Pre-Conference Workshop, International Conference on Family Violence, Institute of Violence, Abuse and Trauma, San Diego, California 2007
- 'Adapting Trauma-informed Evidence-based Interventions for Foster Care,' Keynote Panel Presentation, International Conference on Family Violence, Institute of Violence, Abuse and Trauma, San Diego, California 2007
- 'Real Life Heroes Pilot Study: Evaluation of a Trauma and Attachment-centered Intervention for Children,' Poster Session, Annual Conference, American Professional Society on Abuse of Children, Boston, Massachusetts 2007
- 'Wounded Angels,' Keynote Address, Annual Conference, Depelchin Children's Center, Houston, Texas 2007
- 'Rebuilding Attachments,' Workshop, Annual Conference, Depelchin Children's Center, Houston, Texas 2007

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‘Families in Perpetual Crisis,’ Annual Conference, Lund Family Center, Burlington, Vermont	2007
‘Real Life Heroes,’ Annual Conference, Lund Family Center, Burlington, Vermont	2007
‘Enhancing the Mental Health of Infants and Toddlers,’ Child Abuse and Neglect Council, Oneonta, New York	2007
‘Rebuilding Trust and Attachments with Traumatized Children,’ Annual Conference, United Counseling Services, Bennington, Vermont	2007
‘Children with Disrupted Attachment,’ Four-part video series. Cavalcade Productions Inc.	2007
‘Real Life Heroes: Pilot Research Study of a Treatment Intervention for Children with Traumatic Stress,’ Poster Session, International Society for Traumatic Studies, Los Angeles, California	2006
‘Rebuilding Trust with Traumatized Children,’ Annual Conference, Tennessee Chapter of the National Child Advocacy Centers, Nashville, Tennessee	2006
‘Rebuilding Attachments with Traumatized Children,’ Annual Conference, Vizinet, Omaha, Nebraska	2006
‘Real Life Heroes: Rebuilding Trust with Traumatized Children,’ Annual Conference, American Professional Society on Abuse of Children, Nashville, Tennessee	2006
‘Building Connections’ and ‘Real Life Heroes,’ Keynote Address, Annual Conference, Wisconsin Family Based Services Association, Green Bay, Wisconsin	2006
‘Real Life Heroes; Rebuilding Attachments with Traumatized Children in Foster Care,’ ‘In Harm’s Way’ Conference, Children’s Institute International, Los Angeles, California	2006
‘Real Life Heroes,’ Children’s Conference, Oklahoma Department of Mental Health and Substance Abuse Services, Tulsa, Oklahoma	2006
‘Real Life Heroes: Rebuilding Attachments in Traumatized Children,’ Fall Conference, Coalition of Adoption and Foster Family Agencies and the New York State Office of Children and Family Services, Buffalo, New York	2005
‘Real Life Heroes; Rebuilding Trust with Traumatized Children;’ Summer Conference, University of Wisconsin-Milwaukee, Milwaukee, Wisconsin	2005
‘Complex Trauma Interventions with Elementary and Middle-School Aged Children;’ Panel Presentation, Annual National Meeting, National Child Traumatic Stress Network, Alexandria, Virginia	2005
‘Building the Foundation: Evidence-based Assessment, Case Planning, and Mental Health Treatment for Children in Out-of- Home Placements;’ Panel Presentation; Annual National Meeting, National Child Traumatic Stress Network, Alexandria, Virginia	2005

- ‘Rebuilding Trust with Traumatized Children,’ Two-day Workshop, Hincks–Dellcrest Centre, Toronto, Ontario 2005
- ‘*Sanctuary*® Plus,’ Pre-institute all-day workshop. Finding Better Ways Conference, Child Welfare League of America, New Orleans, Louisiana 2005
- ‘Rebuilding Safety and Trust with Traumatized Children,’ ‘Real Life Heroes: Treatment Techniques for Traumatized Children,’ ‘Engaging Caring Adults after trauma,’ and ‘Telling the Story with Narrative and Creative Arts,’ (Plenary Address and Workshops) Assessing and Treating Childhood Trauma; 2<sup>nd</sup> Annual Mini-Conference. Family Violence Sexual Assault Institute, the Children’s Justice Task Force of Oahu, Hawaii Youth Services Network, Catholic Charities Family Services (Oahu), and Kapi’olani Child Protective Services, Honolulu, Hawaii 2005
- ‘Rebuilding Attachments with Traumatized Children’ and ‘Real Life Heroes: Treatment Techniques for Traumatized Children’ Plenary Address and Workshops, The Kaua’i Children’s Justice Grant Committee, Lihue, Hawaii 2005
- ‘Organizing the Trauma Narrative’ and ‘Constructing the Mastery Narrative,’ Mid-Maine Child Trauma Network Conference, Augusta, Maine 2004
- ‘Real Life Heroes; Preliminary Report,’ Poster Session, International Society for Traumatic Studies, New Orleans, Louisiana 2004
- ‘Rebuilding Trust with Traumatized Children,’ National Adoption Training Conference, Child Welfare League of America, Los Angeles, California 2004
- ‘Real Life Heroes: Rebuilding Trust with Traumatized Children,’ Pre-Institute Workshop, Family Violence and Sexual Assault Institute and California-American Professional Society on the Abuse of Children, San Diego, California 2004
- ‘Real Life Heroes,’ Keynote Panel Presentation, International Conference on Family Violence San Diego, California 2004
- ‘Real Life Heroes: Rebuilding Trust with Traumatized Children,’ Keynote Panel Presentation, International Conference on Family Violence, San Diego, California 2003
- ‘Rebuilding Attachments with Traumatized Children,’ Spring Conference, Two Day Workshop, School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada 2003
- ‘Rebuilding Attachments with Traumatized Children,’ Two Day Workshop, School of Social Work, Dalhousie University and the Department of Social Services, Prince Edward Island, Canada 2003
- ‘Classroom Strategies to Foster Attachment Skills with Traumatized Children,’ Lowell School District, Teacher Workshop, Lowell, Massachusetts. 2003
- ‘Rebuilding Attachments with Traumatized Children,’ New York State Coalition for 2002

Mental Health Services, Bolton Landing, New York

‘Rebuilding Family Ties: Attachment Interventions for Children and Adolescents in Crisis,’ 2002  
Smith College for Social Work Continuing Education Summer Program, Northampton,  
Massachusetts.

‘Rebuilding Family Ties: Attachment Interventions for Children and Adolescents in Crisis,’ 2001  
Smith College For Social Work Continuing Education Summer Program, Northampton,  
Massachusetts.

Post Adoption Resource Center, Level I and Level II Seminars, Parsons Child and Family Center, Albany New York 2001-2002

‘Real Life Heroes; From Charizard to Moms and Dads,’ Keynote address and workshops, Annual Conference, New York State Citizen’s Coalition for Children, Albany, New York 2000

‘Strategies for Success. . .Rebuilding Lifelines.’ Keynote address, Annual Conference, New York State Foster Family-Based Treatment Association, Albany, New York 2000

‘Clinical Practice in Low Income Communities,’ Seminar, Smith College For Social Work, Northampton, Massachusetts. 2000

‘Certificate Program in Family Systems Therapy,’ Year I and III Seminars, Parsons Child and Family Center, Albany, New York 2000-2002