**Confidential Client Case History and Intake Form**

| | |
|---|---|
| Name: | Date: |
| Address: | Phone: |
| Postal Code: | Email: |
| Date of Birth: | Referred by: |
| Would you like to receive updates via email? | |

| | |
|---|---|
| **Primary Concerns**: | Level: **1**(hardly notice symptoms) to **10** (symptoms are unbearable) |

**Medications/Remedies/Supplements & Reason for taking:**

**Significant Accidents/Injuries:**

| **Please place an X beside any conditions that apply (past or present):** | | |
|---|---|---|
| Cancer | Varicose Veins | Allergies: |
| Heart Disease | H/L Blood Pressure | Surgery: |
| Diabetes | Paralysis | Genetic Disorders: |
| Stroke | TMJ Dysfunction | Phobias: |
| Epilepsy | Arthritis | |

**Place an X beside any symptoms that you experience:**

| | | |
|---|---|---|
| Headache | Heavy feeling in limbs | Cold in hands and feet |
| Faintness/Dizziness | Blurriness of vision | Lower Back pain |
| Tightness in Jaw | Constipation | Shoulder/neck pain |
| Weak body parts | Loose Bowel Movements | Carpel tunnel syndrome |
| Smoking (#/day__) | Irritated Bowel | Menstrual Irregularities |
| Nervousness | Pains in heart/chest | Other: |
| Poor Appetite | Indigestion | |
| Excessive Urination | Insomnia | Are you pregnant? |
| Grinding of Teeth | Fatigue | |

**Place an X beside any areas below that you would like improvement in:**

| | | |
|---|---|---|
| Negative self-talk, self-sabotage | Ability to reach ideal weight | Increase learning ability |
| Belief in ability to achieve goals | Personal magnetism | Beneficial, relationships |
| Ability to relax | Strengthen memory/concentration | Prosperity (attract what you choose) |
| Ability to use dreams as mental tool for problem solving | Breaking old habits | Attitude and skills at work |
| Eliminate procrastination | Release negative events | Self-Esteem |
| | Ability to align body/mind for self-healing | Youthful Vitality |
| | Ability to take action | |

**Below, please describe what you would like to accomplish with these treatments?**