



River Falls, Wisconsin  
651.560.3139



Hi there! I'm Javin (Jay-vin) (they/he), a Licensed Clinical Social Worker, mental health therapist, and certified sex therapist. I enjoy partnering with individuals and/or relationships to help them connect with themselves and others through integrational, strength-based, and collaborative approaches in ways that are meaningful for them, at their pace, and following their lead in where they'd like to go. Pretty vague, right? I know it is, but it is a position I like to settle into with intentionality and purpose.

Here at Twelve Oaks, the power is in your hands, and I am merely a partner on your journey. I believe in leading with curiosity and compassion, understanding that while we begin therapy services, we must build a foundational relationship of trust. This trusting relationship enables us to lean into the work with authenticity, for you to share your pain, your hopes, your fears, your erotic pleasures/fantasies, and most importantly for you to be welcomed for who you are. My specialties are working with individuals exploring their gender or sexual orientation, individuals or relational systems wanting to work on their relationships with themselves and/or partners, LGBTQIA+ community, those who wish to heal from past traumas, and of course enhance their sexual wellbeing.

Sexuality is one of those things that make so many people uncomfortable yet is a huge part of our existence across the lifespan. I bring sexuality into focus by normalizing it, creating comfort with it, and embracing it through a sex positive lens. As an important part of the human experience, other life stressors or transitions may impact our sexual health and vice versa. Some of my areas of interest include bringing joy to sex and sexuality, exploration of sexuality and gender identities, helping parents talk to their children about sexuality, low or mismatched desire, sexual anxiety/shame, partner betrayal, compulsive and out-of-control sexual behavior, diverse relationship structures (ethical non-monogamy, open marriage, etc.), BDSM/kink, sexual trauma, and more.

Twelve Oaks provides individual/relationship therapy, sex therapy, IFS and brainspotting. Services may be in-person near River Falls, Wisconsin, via telehealth, in the home/community, or a hybrid. Twelve Oaks accepts private pay clients and is contracted to provide services through Comprehensive Community Services (CCS) with the Western Region Recovery & Wellness Consortium (WRRWC).

So please, I invite you to be curious and reach out when you are ready to learn more or begin your journey from where you are to where you want to be.

Stay Curious,  
Javin Hintz, PhD, LCSW, LICSW, CST, CCTP  
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Referrals can be made by emailing a referral form to [javin@twelveoakswi.com](mailto:javin@twelveoakswi.com), submitting a contact form at [twelveoakswi.com](http://twelveoakswi.com), or by calling 651.560.3139.