

Ring sizes are provided as a helpful guide, but please remember that the fit of a ring can vary depending on several factors. The shape and width of the band can affect how a ring feels on your finger. For example, wider bands tend to fit more snugly, while narrow bands may feel slightly looser, even if they are technically the same size. Everyone's hands are also unique. Finger shapes, knuckle size, and natural fluctuations in finger size throughout the day (due to temperature or activity) can all influence how a ring fits. For this reason, ring sizes should be considered an approximate guide rather than an exact guarantee of fit. If you are unsure about sizing, it is recommended to measure a ring that already fits you well or visiting a local jeweller for an accurate measurement before purchasing.

UK Ring Size Chart

UK Size	Inside Diameter (mm)	Finger Circumference (mm)
H – H½	14.7 – 14.9	46.1 – 46.8
I – I½	15.1 – 15.3	47.4 – 48.0
J – J½	15.5 – 15.7	48.7 – 49.3
K – K½	15.9 – 16.1	50.0 – 50.6
L – L½	16.3 – 16.5	51.2 – 51.9
M – M½	16.7 – 16.9	52.5 – 53.1
N – N½	17.1 – 17.3	53.8 – 54.4
O – O½	17.5 – 17.7	55.1 – 55.7
P – P½	17.9 – 18.1	56.3 – 57.0
Q – Q½	18.3 – 18.5	57.6 – 58.3
R – R½	18.7 – 18.9	58.9 – 59.5
S – S½	19.1 – 19.3	60.2 – 60.8
T – T½	19.5 – 19.7	61.4 – 62.1
U – U½	19.9 – 20.1	62.7 – 63.4
V – V½	20.3 – 20.5	64.0 – 64.6
W – W½	20.7 – 20.9	65.3 – 66.0

(Measurements are approximate and intended as a guide)

How to Measure Your Ring Size at Home

Method 1 – Measure a Ring You Already Own

1. Take a ring that fits the finger you want to wear the new ring on.
2. Measure the inside diameter of the ring in millimetres using a ruler.
3. Match the measurement to the closest size on the chart above.

Method 2 – Paper or String Method

1. Wrap a thin strip of paper or a piece of string around the base of your finger.
2. Mark where the ends meet.
3. Lay it flat and measure the length in millimetres.
4. Compare the measurement with an online ring size conversion chart to estimate your size.

Helpful Tips

- Measure your finger at room temperature (cold fingers can measure smaller).
- Measure at the end of the day, when fingers are usually slightly larger.
- If your knuckle is much bigger than the base of your finger, make sure the ring can slide comfortably over the knuckle.
- If you're between sizes, it's usually best to choose the slightly larger size.