

# Tom Shifflet Wrestling Camp

June 3-6

*Hosted by Lambert Wrestling*

**Head Clinician: Tom Shifflet**

**-New York HS State Champ**

**-3X NCAA All-American at Edinboro**

**-Assistant Coach at Cornell**

**- Head Coach UNC Greensboro**

**-Head Coach Hofstra University 2006-2011**

**- 7<sup>th</sup> Place Team in NCAA in 2007; with six AA**

**Daren Burns:**

4X Southern Conference Champion,  
4X NCAA Qualifier.

USA Greco Roman Team Member  
Pan-AM games finalist.

“Camp Favorite”

Other Clinicians may be added

For more info contact

Head Coach Kevn Contardi

Lambert High

[kcontardi@forsyth.k12.ga.us](mailto:kcontardi@forsyth.k12.ga.us)

## Camp Details

Camp is intended for experienced wrestlers. All campers expected to work at the same pace.

Price is \$750 for 10 kids; \$50 per additional. \$100 for individuals. 4 hours of instruction daily plus live goes. Shooting for 75-100 kids. Air conditioned facilities. LHS Cafeteria, up to 5 mats.

### Camp Schedule; June 3-6

Session I: 9:30-11:30    Session II: 12:30-3:00    3:00 -3:30 Live Goes

Lunch (not included; drinks and snacks available at concession)

Campers should bring a lunch. 11:30-12:30

Contact: [kcontardi@forsyth.k12.ga.us](mailto:kcontardi@forsyth.k12.ga.us) for more info/reserve spot