



What is Wilderness First Responder and who should take it?

The Wilderness Environment is both challenging and rewarding, and it calls to us, it is in our nature. We prepare to build great memories and prepare as best as we can for the challenges which we are excited to overcome! But what happens when things do not go as planned? That is where the Wilderness First Responder (WFR) Program comes in.

The WFR prepares the Participant to not only respond to emergencies in the middle-of-nowhere, but to do so, in confident actions, and with a knowledgeable skill set. All delivered in a fun and active 5-to-10-day format (depending on your needs)

Our program covers critical, life threatening emergencies down to small bumps and scrapes, and everything in between. Courses are set up and designed for the lay person (no medical background) through experienced field providers.

WFR creates a mindset of keeping you and whoever you are exploring with safe, what to look for and how to respond.

Specific items include care for the three big killers, problems with the Circulatory, Respiratory and Neurological Systems. Muscular, skeletal, and spinal injuries and their care. Cleaning and care for wounds and burns. Environmental emergencies, heat, cold, lightning and drowning. Simple allergic reactions to deadly anaphylaxis, CPR, anxiety, and stress reactions.

Mass Casualty Incidents are addressed, and utilization of the Incident Command System, which is organizing resources, people and movement into a way which is manageable and safer.

Our Back Country Medicine module covers a vast array of medical emergencies, from heart attacks to simple day-to-day common illnesses and reduces the Participants fear of using common Over The Counter Medications to care for people.

Programs are designed and delivered to provide the Participant the skill set to care for the ill and injured under austere and stressful conditions.

Once you successfully complete our WFR course, the confidence instilled in you will forever change how you manage not just medical and traumatic events, but your mindset will be more deliberate and focused on when we need to hurry, and when we need to slow down.

Our company mantra of #BETHEONE refers to creating a mindset for our Participants to be better prepared and ready to respond to events, to BETHEONE who is prepared, educated and motivated to make a difference!

Who will benefit from & who are our clients for our WFR Course?

- Search & Rescue- As you enter the timber, desert, mountains, and waterways to find those who are lost, or to assist those who are injured, our WFR Course will prepare you for long term patient care events. Our courses not only cover the traumatic and medical care, but the comfort and hygiene care required for non-ambulatory persons.
- Rural Law Enforcement- Our rural and remote LEO's often arrive long before the organized EMS and Fire agencies, this is because the Patrol LEO will usually be a lot closer to the incident. Our Course gives the non-medical based law Enforcement Professional the confidence and abilities to provide emergency care to the ill and injured, stabilizing the situation until the organized EMS agencies can get on site.
- Wildland Fire Crews- No one is more removed from care than the Wildland Firefighter, with more and more fires in remote locations, and less and less air support due to the needs of other fires, the Superintendent must make sure their crew can manage critical incidents for an extended period. Aside from the reactive care delivered to illness and accidents, our proactive approach to "Back Country Medicine" will educate the Participant on what to look for in the morning and on the line, to find small things and care for them before they blossom into emergencies.
- Rural Structural Fire Crews- Responding to calls in rural settings, you are often the first on scene, caring for burns, traumatic injuries, and critical illness. Our non -EMS based education better prepare your Crews to care for your communities in the first few critical minutes.
- Outdoor Leadership- As you prepare Counselors and Mentors to educate and train people for various outdoor leadership roles, our courses prepare them to not only respond to emergencies, but how to monitor their students for potential arising issues.
- Mass-Gatherings- Regardless of the venue, offer unique challenges. When you complete the WFR, you will be ready to respond, monitor, counsel and mentor others in the ways and means of healthcare at any large event.
- Remote Healthcare Professionals- As the title refers, if you are a current Medical practitioner, EMT Paramedic PA or Physician, WFR prepares you to deliver healthcare in areas where no help is coming or available. If you are planning on working on Oil Drilling Rigs, Remote Pipelines, Compressor Stations or are planning on International Contract work, the WFR skillset will prepare you to succeed!
- EMS- The addition of the WFR tools will improve your critical thinking, making you better prepared for extended care situations. This course also offers you an especially more important benefit, the addition of a WFR to your Resume, will put you on the top of the pile for remote and international career changes you may be exploring.
- Safety Professionals- The WFR will prepare you for 98% of the issues you will see in the field, not just on the ROW but at morning Safety Meetings. Since all the medications discussed (with only 3 exceptions) in the course are OTC, all dosages are at the first aid level, making you comfortable and confident caring for your workers.

- Guiding Service- Adventure seekers rely on guides to get them from a base camp or a jump off point, to the pinnacle of their dreams. If that is a mountain summit, the hunt of a lifetime or a week on the fastest flowing, most technical white water, the guide is expected to not only deliver a trip of dreams but to do it safely. WFR is the standard for Adventure Guides, providing the skills and abilities to get your clients back after their dream trip.
- Emergency Management & CERT- County Emergency Managers live their life in a preparedness mode. WFR is a program which is invaluable to CERT Operations, by their nature alone, designed to deliver medical care in austere environments following horrific events, with minimal equipment and no help coming anytime soon.
- Timber Industry- As you work in remote locations, falling timber and preparing it for transport to mills, the work is dangerous, with no immediate access to health care. WFR prepares your crew to care for acute illness and injury. When you work in an environment where there is nothing that doesn't want to kill you, WFR delivers a piece of mind for your workers.
- Extreme Lifestyles- If it is remote motorcycle, ATV, snow machine or horse races. Climbing rock walls never meant to support human interaction. Yearlong backpacking trips into the remote wilderness. Flying small bush planes in the remote wilderness taking hunters to the end of the earth. If you live on the edge, the edge sometimes breaks off, WFR prepares you to care for anyone, anyplace any time.
- Ski Patrol- Some Ski Slopes are an illusion of distant adventure, just you and the mountain whipping down the slope at breakneck speed. While many Ski Resorts are "mini cities" with advanced level medical care in the village or in a near by town, many are not. For the Professional Ski Patroller, response to the out of bound areas and the avalanche response can be a stressful time. WFR gives you the ability to respond with confidence, to deliver care over extended periods of time, sometimes to multiple patients.
- Preparedness- It doesn't matter if it is a grid break down, zombies, natural disaster, or manmade catastrophic event, we all think of the unthinkable. While many items go into leading a preparedness lifestyle, WFR prepares the lay person to care for their friends and families following any situation. With the foundation of using minimal equipment and supplies to accomplish medical care, WFR fits into your preparedness goals.
- Football Dads & Soccer Moms- WFR is delivered in a format that is easy to follow, the skill set will meet the needs of the day-to-day world, with kids, sports, and life. Regardless of what your concerns may be about medical care for your family, WFR will help you manage and make your families health care choices.

WOW!

I bet you know a lot of people from this list, now, think of your lifestyle, what you do for a living and what your hobbies are. Can you see several of these people interacting together on an incident or mission, now imagine the flow of information and actions, if they are all WFR's?

WFR is not only a list of medications, actions and mindset, but it can join and break boundaries of Fire, EMS, Law Enforcement, SAR, Ski Patrol, Preppers, and the lay-person. The "box" we all operate in is broken over the week of WFR, resulting in better teamwork and response for anyone involved!

SO SIGN UP, AND LETS GET OUR WFR ON!!!!