

FITNESS



**Residents are Free
Non-Residents - \$10**

**OPEN GYM IS AVAILABLE TO
ANYONE IN 7TH GRADE AND UP**

**Gym shoes must be
worn at all times!**

Daily Rate
\$2 Res / \$10 Non-Res

Monthly Rate
Teens (14-17) - \$9 Res/\$30 Non-Res
Adults (18+-64) - \$11 Res/\$30 Non-Res
Seniors (65+) - \$9 Res/\$30 Non-Res

Yearly Rate
Teens (14-17) - \$60 Res/\$250 Non-Res
Adults (18-64) - \$75 Res/\$250 Non-Res
Seniors (65+) - \$60 Res/\$250 Non-Res

Hours
Monday-Thursday (6:00pm-8:00pm)
Friday (CLOSED)
Saturday (10:00am-2:00pm)
Sunday (CLOSED)

Hours
Monday-Thursday (8:00am-9:00pm)
Friday (8:00am-5:00pm)
Saturday (10:00am-2:00pm)
Sunday (CLOSED)

Get ready to shoot some hoops at our Open Gym! Anyone in 7th grade and up is welcome to come play basketball, practice skills, or just enjoy a casual game with friends. Whether you're looking to improve your game or simply have fun, our gym provides the perfect space to play. Grab your gym shoes, bring a ball if you'd like, and join us for some court time!



Ready to dance your way to fitness and have fun while doing it? Jazzercise combines dance, strength, and cardio for a full-body workout that keeps you energized and motivated. Scan the QR code to explore our full class schedule, pricing options, and current promotions. You'll also find contact information so you can reach out with any questions and get started on your Jazzercise journey today!



Free to Residents / \$10 Non-Residents

ISSHIN-RYU KARATE

\$35 Residents / \$45 Non-Residents



Mondays	4:30pm-5:00pm (Beginners) 5:00pm-6:00pm (Advanced)
Wednesdays	4:30pm-5:00pm (Beginners) 5:00pm-6:00pm (Advanced)
Thursdays	5:00pm-6:00pm (Advanced)
Saturdays	10:00am-11:00am (Advanced)

**Program runs from
June 8th - Aug 22nd**

Join us at the Hodgkins Park District for one of the fastest growing sports in the country! We have 2 separate courts available to play on as well as all the equipment needed to play!

Call to check for court availability!
708-354-6563