



Alcohol Consumption Toolbox Talk

Alcohol and the effects of alcohol at work is not only a hazard risk to yourself, but also your work colleagues. Alcohol abuse can have a significant impact not only to individuals but also to work colleagues and potentially their employers.

Why run an Alcohol Consumption Toolbox Talk?

- Prevent unnecessary injury from working whilst impaired from alcohol, by improving awareness and training
- Company policy on alcohol
- Assist with understanding of legislative aspects
- Fewer injuries and not being impaired by the effects of alcohol, means higher productivity

Why is alcohol a significant risk in the workplace?

Working under the influence of alcohol will cause impairment, which can lead to poor decision making and concentration, negative health impacts to the worker, impaired problem-solving skills, slower reaction times, and increased error rates.

Health and Safety Duties

- Employers should provide employees with the highest level of protection from risks, as reasonably practicable.

Employees have a duty to take reasonable care for their own and others' safety by doing the 3 following things:

- Turn up fit for work and consider their safety
- Ensure their actions do not harm the health and safety of others
- Comply with company safety policies, procedures or instructions given by the employer about how to work in a safe and reasonable way
- Promoting a sensible and responsible attitude
- Reinforcing what's acceptable on site or in the workplace

Key takeaways:

1. Do not consume or be under the influence of alcohol at work - do not aggravate health and safety risks by drinking alcohol at work
2. Be fit and ready – Don't be hungover and turn up to work sober
3. Look out for your workmates – Don't harm yourself and your workmates