

What are Psychosocial Rehabilitation Services?

- JCI's Psychosocial Rehabilitation Program serves persons over 21 with chronic and persistent mental illness.
- This "clubhouse model" assists with recovery and stabilization of symptoms. The program helps adults with psychiatric disabilities develop, enhance and/or retain psychiatric stability, social and independent living competencies to increase individual functioning and quality of life.

How can PSR help me?

- Services maximize your ability to live as independently as possible, manage your illness and your life with as little professional intervention as possible, and participate in community opportunities related to functional, social, educational, and vocational goals.
- You will focus on strengths and abilities rather than on "illness", interdependence, and self-determination.



Contact or Visit

(919) 965-6892

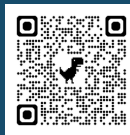
112 Richardson Street
Selma, NC 27576

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JCI is an Equal Opportunity
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Auxiliary Aids Available Upon Request.



Works for You!

PSR Program

Psychosocial
Rehabilitation
Services

DISCOVER

Your Strengths & Abilities

RECOVER

Your Mental Health

ACHIEVE

Your Wellness

Daily Member Activities

You will work closely with staff to manage the day-to-day operations of the "Unity House". These include, but are not limited to:

- Clerical Duties
- Kitchen/Food/Nutrition Activities
- Housekeeping
- Recovery
- Social Skills
- Medication Management
- Art/Music Therapy
- Volunteer Activities
- Book Club
- Adult Basic Education Classes
- Community Outings



"It is a wonderful place. I enjoy coming. It's like I have a second family. It's helping me a lot."

"JCI has been a very important step to my recovery. I feel accepted and less alone. It's much easier to stay grounded and on track to independence while working with people in a similar spot."

How Can PSR Help?

- ✓ **Improved life skills:**
 - family relations
 - communication
 - community participation
 - self-care
 - money management
 - transportation
 - vocational abilities
- ✓ **Greater overall wellness:**
 - higher sense of respect and autonomy
 - feeling of purpose
 - feeling at peace
- ✓ **Improved social functioning**
- ✓ **Work recovery**
- ✓ **Improved independent living skills**